

How to Apply for the Certified Peer Support Specialist (CPSS) Training Program

Information and support can be found on our website:

<https://sumh.utah.gov/education/certification/peersupportspecialists/>

General Information:

A Certified Peer Support Specialist (CPSS) is an individual who uses their lived experience in recovery from mental illness and/or substance use disorder, in addition to skills learned in a formal training, to deliver services promoting recovery and resiliency.

Qualification Requirements Include:

- Identify as having lived experience with mental health and/or substance use challenges
- Be in successful recovery, a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential, for at least one year.
- 18 years of age or older
- A valid Utah mailing address

Required Documents:

1. Provide a written history of your recovery journey.
 - a. Describe what you do to maintain your recovery and please include 4 or 5 examples.
 - b. In what ways have you assisted others using your own experience?
 - c. Please include how long you have been in recovery.
2. One letter of reference from a family member, friend, or religious organization, etc.
3. One letter of reference from a professional (therapist, family practitioner, employer, etc.)

Application Submission:

Please apply online using the link below.

<https://provider.dlbc.utah.gov/ccl/sumh-psst-application>

Next Steps:

You will be notified when your complete application is received. Your complete application will enter the queue and when your name comes to the top of the list, it will be sent to the preferred trainer selected on your application. Do not wait until an upcoming training to submit your application. We have a waitlist, and older applications have priority for the next available training.

Questions can be emailed to utahpeersupport@utah.gov.