How to Apply for the Family Peer Support Specialist Training Program

I would be more than happy to give you more information about how you apply for the Family Peer Support Specialist (FPSS) training program and the requirements.

You can get the application, re-certification application, other documents and information from our website https://dsamh.utah.gov/. Once you are on the website go to the education tab and then to peer support.

Requirements:

Family Peer Support Specialist are primary caregivers who have “lived-experience” of being actively involved in raising a child who experiences emotional, behavioral, mental health and/or substance use challenges. Family Peer Support Specialist have experience navigating child-serving systems and have received specialized training to empower other families who are raising children with similar experiences.

Specific requirements include:

- Successful completion of a 40 hour training program
- 18 years of age or older
- Valid Utah mailing address
- Valid Utah Driver's License
- High school diploma or GED
- Parent or other family member of a child or youth who has received a diagnosis of Serious Emotional Disturbance and has received mental health and/or substance use treatment and support services.
- Ability to manage your own well being

You need to submit a completed application, and send to utahpeersupport@utah.gov for review.

I will reach out to you if I have additional questions. You will be notified when you are approved for training, then your application will be sent to the person providing the training to get you enrolled in the next available training.

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