# CRISIS and STABILIZATION SERVICES File Format and Definitions

Utah Department of Health and Human Services

Office of Substance Use and Mental Health

Official Document for FY2024 Data Submissions

Effective 7/1/2023

# **Change Log**

DATE	AUTHOR	VERSION	NOTES
4/14/2023	Tom J. Maggio	.05	Updating layout, spelling and grammar related and using simpler language. Top aligned some cells in the File Layout Grid.
6/30/2021	Kristin Swenson, Terry Barker	.04	Added 13 (returned home) option to End_of_service_location field
7/10/2020	Kristin Swenson, Terry Barker	.03	Made the County field required
6/19/2020	Kristin Swenson, Terry Barker	.02	Removed the 97 (unknown) option from Emergency Indicator Field.
6/19/2020	Kristin Swenson	.01	Removed requirement to round time to the nearest quarter hour

# **Introduction**

This data specification is for information gathered by

- Local Mental Health Authorities and other agencies contracted by the Utah Department of Health and Human Services to provide regional administration for the Stabilization and Mobile Response (SMR) program.
- Local Mental Health Authorities and other agencies contracted by OSUMH to provide Mobile
   Crisis Outreach Team (MCOT) services; and
- Local Mental Health Authorities providing crisis services through Receiving Centers (RC).

Comma-separated values (CSV) files, containing all records from the previous month, will be transferred from the regional administrator (SMR) on or before the 20<sup>th</sup> day of each month, or from Local Authorities or other providers (MCOT and RC) to Division of Substance Abuse and Mental Health on or before the last day of each month.

#### **CSV File Generation Guidelines**

- 1. All files should be submitted without a header row.
- 2. Non-required fields must either be blank or contain a valid value.
- 3. Commas are not allowed within the data in any field. (Commas are column delimiters.)
- 4. Do not use quotation marks in any field.
- 5. Do not insert blank lines between rows of data.

# **File Processing Sort Rules**

Sort as follows with subsequent sort rules applying within the 'parent' sort rule:

-Sys\_trans\_type\_cd (Delete, Add, and then Change)

-ProviderID (numeric ascending)

-SMR ClientID (alphanumeric ascending)

-Provider\_ClientID (alphanumeric ascending)

-EventDate (descending)

#### Filename Protocol

Uploaded filenames will be formatted to identify the service (CRISISSTAB), followed by the mental health or SMR-MCOT provider ID, followed by the fiscal year and quarter, followed by the year and date of the upload, followed by the daily sequence (upload attempt number for the given date), with underscore separators. The file name format is CRISISSTAB\_NN\_YYYYQQ\_YYYMMDD\_01.CSV. A filename example for a first file sent from Davis Behavioral Health during January of 2020, CRISISSTAB\_03\_2020Q3\_20200105\_01.csv.

Uploading will only be allowed if a filename is valid. Only Contracted SMR Administrators can submit SMR data. All providers with MCOT services or Receiving Center services may submit MCOT data or RC data. The ProviderID needs to be included in the file name or it won't process.

#### **Definitions**

#### **Identified Client**

SMR-Calls to the SMR phone line may be made by parents, caregivers, or other concerned parties. SMR callers must identify a child, age 20 or younger, as the identified client who is the focus of the intervention.

MCOT--Identified Client for MCOT may include anyone in crisis across the lifespan that receives services from MCOT.

RC—Identified Client for RC may include anyone in crisis across the lifespan that received services from a Receiving Center.

### **Event**

SMR--An SMR event is a transaction between a SMR staff member, or contracted provider of an SRM regional administrative agency and the identified SMR client or identified client's caregiver(s). Every call to the SMR phone line is an event, as is every mobile response, stabilization and post-stabilization contact associated with the SMR program.

MCOT-Event for MCOT entails either a mobile crisis response from a team including a licensed mental health clinician and a peer support specialist or equivalent, or a follow-up service offered for a minimum of 60 days post-crisis.

RC—Event for RC entails any service provided, in person, at a Receiving Center.

#### Resolution

At the end of each SMR event, the staff member or contracted provider will code the event as resolved or unresolved. Events coded as resolved indicate that no further action is anticipated by the SMR team.

Unresolved events are open cases in which Mobile Response teams are deployed, referrals are made to Stabilization services or Stabilization services are on-going.

## **Stage of Engagement**

- Stage 01: Triage (SMR only)—any phone call made to the SMR line about an identified client not
  yet referred to either Mobile Response or Stabilization services or about a previously identified
  client who was coded as Resolved at the last event.
- Stage 02: Mobile Response—SMR: any open-case event related to an identified client after the
  identified client received a triage code initiating a Mobile Response service (i.e., 1-hour
  response, 24-hour response or 72-hour response) and prior to any Stabilization events.
   MCOT: any MCOT service provided as a crisis response by a two-person MCOT team.
- Stage 03: Stabilization (SMR only)—any open-case event in which the identified client has been referred to Stabilization services but has not yet entered the Post-Stabilization phase.
- Stage 04: Post-Stabilization—SMR: any open-case event after the Identified Client completes stabilization services and agrees to post-stabilization follow-up and before a subsequent event is marked as resolved. MCOT: any post-crisis stabilization services provided within 60 days of the Mobile Response service.

### **Emergency Indicator**

This indicator should be set to yes when a service is provided on an immediate or unscheduled basis and deals with a psychological emergency of a patient. Routine informational calls handled by crisis staff are not to be reported as crisis/emergency. Examples of behaviors targeted by crisis/emergency services are suicide attempts, violent family fights, panic attacks, uncontrollable behavior and other behaviors that are a threat to self or others.

#### **Client Name Validation Rules:**

\*\*Same as DSMH Mental Health Spec FY2020\*\*

\*Use legal names rather than nicknames\*

SMR file will have fields for the following parts of a name:

- Last name
- First name
- Middle name

Names can be entered in either upper case, lower case, or a mix.

Spaces: Allowed in first and middle names and NOT allowed in last names.

Example: Mc Donald should be entered as McDonald

D La Cruz should be entered as DeLaCruz

Example: Le Ann Mary Ann Mc Cartney

Can be entered as:

First: Le Ann

Middle: Mary Ann Last: McCartney

**Hyphens:** Allowed in first, middle, and last names. The hyphen is only allowable punctuation character allowed.

Examples:

(last name) Smith-Jonesshould be entered asSmith-Jones(first name) Jo-Annshould be entered asJo-Ann(last name) O'Rilleyshould be entered asORilley(last name) St. Jamesshould be entered asStJames

(first name) D'Ann should be entered as Dann or D Ann

Numeric characters: Not allowed in any names.

First name is an initial: The initial can be entered in the first name field but no periods.

Middle name: If there is no middle name or it is not available, leave it blank. Supply the full legal middle name where possible and the middle initial if that is all that is available. Periods are not allowed.

Second name: Enter the second name in the middle name field.

Example: J. Edgar Hover

First name: J (no period) Middle name: Edgar Last name: Hoover

Titles, Prefixes, Suffixes: not allowed.

# Naming rules synopsis:

Character	Last Name	First and Middle Names
Alpha characters	Allowed	Allowed
Hyphens	Allowed	Allowed
Spaces	Not allowed	Allowed
Apostrophe	Not allowed	Not allowed
Numeric characters	Not allowed	Not allowed

# **Unknown Clients:**

Occasionally, the nature of the crisis will result in a situation where the identity of a client receiving MCOT services or services at a Receiving Center is unknown. In situations where the identity of a client cannot be determined prior to the end of the episode, the following identifiers may be entered as default. Provider\_ClientID(3) = 66666666; FirstName(5) = "AKA"; LastName(6) = "Alias"; Gender(8)= 3; DOB(9) = "01/01/1919"; County(10)= 097. If a Provider places other data than what is specified here, this will throw an error in the upload. These specifications need to be adhered to so the file will upload successfully and not throw a mismatch error.

Applies to:	Field	Field Name	Description	Codes/Allowed Values	Format	Required	Notes
ALL	1	Program_Indicator	Identifies the program for the client.	1 – SMR Client 2 – MCOT Client 3 – Receiving Center Client	Numeric (1)	Yes	
SMR ONLY	2	SMR_ClientID	Client identifier unique to SMR services	String	varchar(15)	No	Required if Program_Indicator=1  Client ID to be unique within the provider. It must not be reassigned to another client of the same provider.
MCOT and RC	3	Provider_ClientID	Client identifier unique to service provider	String	varchar(15)	No	Required if Program_Indicator>1
ALL	4	Service_Event_ID	Provider event record ID number	String value that uniquely identifies a client event for the provider.	string(50)	Yes	Use a unique ID for every event record.
ALL	5	FirstName	First name of the individual who is the focus of the intervention.	Only characters specified in MH Data Definitions	string(25)	Yes	See client name validation rules.

Applies to:	Field	Field Name	Description	Codes/Allowed Values	Format	Required	Notes
ALL	6	LastName	Last name of the individual who is the focus of the intervention.	Only characters specified in MH Data Definitions	string(30)	Yes	See client name validation rules.
ALL	7	MiddleName	Middle name of the individual who is the focus of the intervention.	Only characters specified in MH Data Definitions	string(25)	No	See client name validation rules.
ALL	8	Gender	Gender of the individual who is the focus of the intervention.	1=Male 2=Female 3=Non-binary	number(1)	Yes	
ALL	9	DOB	Date of birth of the individual who is the focus of the intervention.	Legal date 01/01/0007 if "unknown"	string(10) MM/DD/YYYY	Yes	Unknowns required to be <5%

Applies to:	Field	Field Name	Description	Codes/Allowed	Format	Required	Notes
				Values			
ALL	10	County	County of	001=Beaver	string(3)	Yes	
			residence at	003=Box Elder			
			time of initial	005=Cache			
			call	007=Carbon			
				009=Daggett			
				011=Davis			
				013=Duchesne			
				015=Emery			
				017=Garfield			
				019=Grand			
				021=Iron			
				023=Juab			
				025=Kane			
				027=Millard			
				029=Morgan			
				031=Piute			
				033=Rich			
				035=Salt Lake			
				037=San Juan			
				039=Sanpete			
				041=Sevier			
				043=Summit			
				045=Tooele			
				047=Uintah			
				049=Utah			
				051=Wasatch			
				053=Washington			
				055=Wayne			
				057=Weber			
				097=Unknown			

Applies to:	Field	Field Name	Description	Codes/Allowed Values	Format	Required	Notes
ALL	11	Race	Race of the individual who is the focus of the intervention.	01=Alaskan Native 02=American Indian 03=Asian 04=Native Hawaiian or Other Pacific Islander 05=Black/African American 06=White 07=Unknown 08=Two or more races 00=Another single race	number(2)	No	Required if (1)Program indicator=3 or if (15) Stage_of_Engagement>1
ALL	12	Hispanic	Hispanic or Latino origin of the individual who is the focus of the intervention.	Y=Yes N=No 97=Unknown	string(2)	No	Required if (1)Program indicator=3 or if (15)Stage_of_Engagement>1

Applies to:	Field	Field Name	Description	Codes/Allowed Values	Format	Required	Notes
ALL	13	Language	Preferred	00-English	string(2)	No	Required if (1)Program
			language of	01=American sign			indicator=3 or if
			the family	language			(15)Stage_of_Engagement>1
			(SMR) or	02=Arabic			
			individual	03=Bosnian			
			(MCOT) who is	04=Cambodian			
			the focus of	05=Chinese			
			the	06=Croatian			
			intervention.	07=Farsi			
				08=French			
				09=Greek			
				10=German			
				11=Italian			
				12=Japanese			
				13=Kurdish			
				14=Laotian			
				15=Native			
				American: Navajo			
				16=Native			
				American: Ute			
				17=Russian			
				18=Samoan			
				19=Serbian			
				20=Somali			
				21=Spanish			
				22=Swahili			
				23=Tibetan			
				24=Tongan			
				25=Vietnamese			
				26=Zulu			
				27=Other			
				97=Unknown			

Applies to:	Field	Field Name	Description	Codes/Allowed Values	Format	Required	Notes
ALL	14	Insurance	Medical insurance category of the individual who is the focus of the intervention.	01=Private insurance 03=Medicare 04=Medicaid 06=Other 07=Unknown 08=None 09=CHIP	number(2)	No	Required if (1)Program indicator=3 or if (15)Stage_of_Engagement>1
SMR and MCOT	15	Stage_of_Engagement	Phase of engagement when service was provided	01=Triage 02=Mobile crisis outreach 03=Stabilization 04=Follow up	number(2)	No	Required if (1) Program_Indicator<3.  If Program_Indicator=2, (15) Stage_of_Engagement must =2 or 4
MCOT and RC	16	Primary Presenting Concerns	Primary reason for MCOT call out or admission to receiving center	1= Suicidal risk 2=Harm to self 3=Harm to others 4=substance use 5=Psychosis or grave disability concern 6=Situational stress 7=Informational 8=Other	number(2)	No	Required if (1) Program- Indicator =2 and (16)Stage_of_Engagement=2 or If(1) Program-indicator =3

Applies to:	Field	Field Name	Description	Codes/Allowed Values	Format	Required	Notes
MCOT and RC	17	Secondary Presenting Concerns	Primary reason for MCOT call out or admission to receiving center	1= Suicidal risk 2=Harm to self 3=Harm to others 4=substance use 5=Psychosis or grave disability concern 6=Situational stress 7=Informational 8=Other	number(2)	No	
SMR ONLY	18	Triage_Assessment	Assessment of need at time of triage call.	01=911 emergency 02=1-hour response 03=24-hour response 04=72-hour response 05=Stabilization only 06=Information only 07=MCOT crisis 98=Not Applicable	number(2)	No	Required if (15) Stage_of_Engagement =1.

Applies to:	Field	Field Name	Description	Codes/Allowed Values	Format	Required	Notes
SMR ONLY	19	Resolved	At the end of the event, was the case closed (resolved=Yes) or were further actions expected (resolved=No) ?	Y=Yes N=No	string(2)	No	Required if (1)Program_indicator=1
ALL	20	ProviderID	Provider Identifier (DSAMH Facility Identifier or other created for contractors)	State assigned MH Provider ID	string(15)	Yes	Identifies the provider of the service using the state assigned provider ID. IDs are always at least 2 characters in length.
ALL	21	EventDateTime	Date and time of service	Legal date and time	string(19) MM/DD/YYYY hh:mm:ss	Yes	EventDateTime for Receiving Centers is time of arrival.
ALL	22	EventDuration	Duration of service in hours	Number of hours	Number(6,2) 00NN.NN	Yes	Hours must be expressed as decimal fractions (i.e., one hour and 45 minutes=1.75).

Applies to:	Field	Field Name	Description	Codes/Allowed Values	Format	Required	Notes
MCOT ONLY	23	ResponseTimeToDestination	Elapsed time from request to arrival at destination	Numbers	Number(6,2)	No	Required if (1) Program_Indicator) = 2 and (15) Stage_of_Engagement = 2 and (24) Service Delivery = 2 or 4.  Hours must be expressed as decimal fractions (i.e., one hour and 45 minutes=1.75).
ALL	24	Service Delivery	Manner and setting through which service was delivered.	01=Phone -service delivered via phone 02=Client's home— mobile response to client's home 03=In office-client treated in-person at provider's office or facility 04=In community- mobile response to any place other than the client's home 05=Virtual/teleheal th-service delivered via remote technology including telehealth	number(2)	No	Required if (1)Program_Indicator<3

Applies to:	Field	Field Name	Description	Codes/Allowed Values	Format	Required	Notes
SMR ONLY	25	Emergency Indicator  Initiator_of_episode	Emergency Indicator	Y=Yes N=No 01 = Parent	string(2)	No No	Required if (1)Program_Indicator=1  See Emergency Indicator description under Definitions.  Required if (1)
ALL		illitatoi_oi_episoue	made the initial call for SMR, Source of call-out for MCOT, or brought client to receiving center for RC	02 = Identified client 03 = Other family member or friend 04 = Physician or medical facility 05 = Social or community agency 06 = Educational system 16=law enforcement officer 17=courts or corrections 08 = Private psychiatric/mental health program 09 = Public psychiatric/mental health program 10 = Clergy 11 = Private practice mental health professional 12= Stabilization worker	number(2)		Program_Indicator=1 and (15) Stage_of_Engagement =1 Or if Program_Indicator=2 and (15)Stage_of_Engagement=2 Or if (1) Program_Indicator = 3

Applies to:	Field	Field Name	Description	Codes/Allowed Values	Format	Required	Notes
				13=Utah Crisis Line 14=Dispatch/911 15 = Other persons or organizations 97 = Unknown 98= Not Applicable			
SMR ONLY	27	UFACET_completed	Has a UFACET been completed?	Y=Yes N=No	string(2)	No	Required if (15) Stage_of_Engagement=3
SMR ONLY	28	Outcome_assessment_completed	Was the Outcome assessment completed during this service?	Y=Yes N=No	string(2)	No	Required if (15) Stage_of_Engagement=3
ALL	29	End_of_service_location	At the end of the service, where was the client or where was the client expected to go?	13=Went home 01=Remained at home 02=Went to Hospital/ER 31=Went to Residential (substance Use) 32=Went to residential (mental health) 04=Went to Detention/Jail 05=Went to Emergency	number(2)	No	Required if (1)Program_Indicator=1 And (15)Stage_of_Engagement>1 and (24) Service Delivery >1 Or if (1)Program_Indicator=2 and Stage_of_Engagement=2 Or if (1)Program_Indicator=3

Applies to:	Field	Field Name	Description	Codes/Allowed Values	Format	Required	Notes
				shelter/Homeless shelter 06=Went to home of friend or family 07=Went to Foster/Proctor placement 08=Individual went missing or left without discharging 09=Went to other 10=Went to Access center/23-hour crisis bed (MCOT only)/receiving center 11=Went to Detox (outside of ER) 12=Remained in place			Or if  (29) End of service location is not Null
ALL	30	End of service location2	If answer to (29) End of service location was 9 please clarify response		string(30)	No	Required if (1) (29)End of service location=9 (other)

Applies to:	Field	Field Name	Description	Codes/Allowed Values	Format	Required	Notes
ALL	31	Law_enforcement_involved	SMR: Between the end of previous service (if applicable) and the end of current service, what was the interaction with LE?  MCOT: Between taking the call and ending the client interaction, what was LE involvement?  RC: Between the client's arrival and discharge, what was LE involvement?	01=No law enforcement was involvement 02=Law enforcement was involved but no charges are filed 03=Law enforcement was involved, and charges were filed 04=Family (or provider) doesn't know if law enforcement was involved or not	number(2)	No	Required if (1)Program_Indicator=1 And Stage_of_Engagement>1 and (24) Service Delivery >1 Or if (1)Program_Indicator=2 and Stage_of_Engagement=2 Or if (1)Program_Indicator=3 Or if (31) Law_enforcement_involved is not Null
ALL	32	Perception_of_alternative	"If this service was not available , what do you think the most likely result	01=Remain at home 02=Call law enforcement or 911 03=Hospital/ER	number(2)	No	Required if (1)SMR_Flag=Y(es)Program_In dicator=1 And Stage_of_Engagement>1 and (24) service delivery >1

Applies to:	Field	Field Name	Description	Codes/Allowed Values	Format	Required	Notes
			would have been? "	04=Detention/Jail 05=Emergency Shelter/Homeless Shelter 06=Foster or proctor home 07=Youth run away 08=Youth stay with other family member 09=Seek information in another way 27=Other 10=Call child welfare			Or if  (1) Program_Indicator=2 and (15)Stage_of_Engagement=2  Or if (1)Program_Indicator=3  Or if (32) perception of alternative is not Null
ALL	33	Peception_of_alternative2	If answer to Perception_of _Alternative was 27 please answer response		string(30)	No	Required if (32)Perception_of_Alternative =27 (other)
SMR ONLY	34	Outcome_ladder_present	Item score from outcome assessment	1 through 10 =item score	number(2)	No	Required if (28)Outcome_assessment_completed=Y(Yes)
SMR ONLY	35	Outcome_ladder_future	Item score from outcome assessment	1 through 10 =item score	number(2)	No	Required if (28)Outcome_assessment_completed=Y(Yes)

Applies to:	Field	Field Name	Description	Codes/Allowed Values	Format	Required	Notes
RC ONLY	36	Drop_Off_Time	How long the law enforcement officer spent at the receiving center	Number of hours	Number(6,2)  OONN.NN	No	Required if (1)Program_Indicator=3 and (26) Initiator of episode =16  Hours must be expressed as decimal fractions (i.e., one hour and 45 minutes=1.75).
ALL	37	Sys_trans_type_cd	System Transaction Type Code	A-Add D-Delete C-Change	string(1)	Yes	