

Form C – Substance use prevention narrative

3-year area plan: FY 2027 – FY 2029

This plan outlines how the LA is utilizing sound prevention science to address substance misuse issues by reducing risk factors and increasing protective factors. The plan illustrates how the LA is supporting Community Centered Evidence-Based Prevention (CCEBP) to increase implementation of evidence-based programs, strategies, events, and policies.

LA area plans should be informed by the planning process conducted by community coalitions.

1. Using the table, explain the LA's goals for coalition development over the next 3 years. List all identified communities, whether there is a current coalition or not. Put N/A where necessary.

CCEBP community	<u>Current CCEBP rating</u> Provide the rating and description of the rating	List current phase (CTC or SPF) List more than 1 phase where appropriate. List how many times the coalition has completed the process through phase 5	LA priority rating for each CCEBP community High/medium/low	Operating system used by the community (CTC, CADCA, etc.)	LA's plan to support this community
Park City	E6 coalition in development – Healthy	Phase 3	high	CTC	The coalition coordinator is a member of the prevention staff. LA pays for the coordinator's salary and provides time

	/Strong Coalition Initial Strategic Planning 1 – Assessment				and training to guide the coalition through the CTC process.
North Summit	A The community has no existing coalition structure and no formal effort underway to develop one yet.	N/A	medium	N/A	Work with the community to build capacity and improve understanding of prevention.
South Summit	A The community has no existing coalition structure and no formal effort underway to develop	N/A	medium	N/A	Work with the community to build capacity and improve understanding of prevention.

	one yet.				
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2. Using the table, explain why each program, strategy, event, or policy is being implemented by the LA. Add rows and tables as needed.

- Template for [compliance check action plan](#), if that helps you plan activities for Synar and EASY. Completed template is not required. If the template is used, activities need to be listed in the table below.

Substance: Alcohol				
Risk/protective factor	Program, policy, strategy, or event (one per table box)	Activities (what are you, your contractors, and coalitions doing)	Short-term outcomes (risk factors) Make SMART*	Long-term outcomes (substance) Make SMART
Parental Attitudes Favorable to Drug Use (Summit County SHARP Survey)	Summer movie nights x2. They promote family bonding.	- Offering a free movie night in Kamas and one in Coalville - Parents Empowered campaign messaging (underage drinking prevention campaign)	Parental Attitudes favorable to drug use in all grades will decrease from 19.2% in 2025 to 18.2% by 2029 (Summit County SHARP Survey)	Lifetime alcohol use in all grades will decrease from 20.6% in 2025 to by 18.6% by 2035 (Summit County SHARP Survey)
	Guiding Good Choices Evidence-Based Parenting class.	Offering a class in Spanish and one in English 1x year, we have 2 staff members trained.		
	Presentations for parents.	Presentations for parents will be offered 3-4 times a year on various prevention topics at locations across Summit County.		

	Communities That Care Coalition (Evidence-Based)	- Support coalition strategies with funding and staff - Follow the CTC process - Create a coalition board to plan for future sustainability		
Perceived availability of drug use (alcohol is measured like a drug for underage)	EASY (Eliminating Alcohol Sales to Youth)	Meeting with PC Police and the Sheriff's Office to increase EASY checks in Summit County	Perceived availability of drug use for all grades will decrease from 15.3% in 2025 to 14.3% in 2029 (Summit County SHARP Survey)	Lifetime alcohol use in all grades will decrease from 20.6% in 2025 to 18.6% by 2035 (Summit County SHARP Survey)

36 month action plan - EASY and Synar compliance checks				
Goal 1:	EASY compliance checks			
Objective 1:	Increase EASY compliance checks in Summit County			
Strategy 1:	Meet annually with the Park City Police Department (PCPD) and the Summit County Sheriff (SC Sheriff) to discuss their needs, determine whether they need support, and identify how we can support them.			
	Activity	Who is responsible	By when	

	Meet with PCPD and SCSheriff to discuss their needs.	Prevention Director	08/30/26, 08/30/27, 08/30/28	
	If they need support with the EASY checks, we will create a plan.	Prevention Director	09/30/26, 09/30/27, 09/30/28	

36 month action plan - EASY and Synar compliance checks

Goal 1:	SYNAR compliance checks			
Objective 1:	Increase the number of retail establishments that do not sell to underage individuals			
Strategy 1:	Meet with Health Promotion (HP) on Underage Tobacco Retailer Compliance Checks annually to learn about them and offer our support (HP has an employee who is dedicated just to checks)			
	Activity	Who is responsible	By when	
	Meet with HP to see if they need support	Prevention Director	07/30/2026	
	If support is needed, create a plan for how to support them.	Prevention Director	12/30/26	
	If support is not needed, check with them to make sure it is still not needed.	Prevention Director	12/30/26, 3/30/27, 12/30/27, 3/30/28	

Substance: Opioids

Risk/protective factor	Program, policy, strategy, or event (one per table box)	Activities (what are you, your contractors, and coalitions doing)	Short-term outcomes (risk factors) Make SMART	Long-term outcomes (substance) Make SMART
Perceived risk of drug use (SHARP Survey)	South Summit Youth Group	Prevention staff and the school counselor lead the youth group, provide training on prevention topics, and assist the youth in planning prevention projects at their school.	Perceived risk of drug use in all grades will decrease from 58.1% in 2025 to 57 % in 2029 (SHARP Survey)	Lifetime prescription drug use in 12th grade will decrease from 3.2% in 2025 to 3% by 2035 (SHARP Survey)
	North Summit lunch activities	Lunch activities to build relationships with students and introduce prevention topics.		
	Park City Middle School lunch activities	Lunch activities to build relationships with students and introduce prevention topics.		
	CTC Coalition	- Support coalition strategies with funding and staff - Follow the CTC process - Create a coalition board to plan for future sustainability		
	Presentations for students in schools	Various presentations for students in Summit County on prevention topics throughout the school year		

Substance: Marijuana

Risk/protective factor	Program, policy, strategy, or event (one per table box)	Activities (what are you, your contractors, and coalitions doing)	Short-term outcomes (risk factors) Make SMART	Long-term outcomes (substance) targ Make SMART
Perceived risk of drug use (SHARP Survey)	South Summit Youth Group	Youth group working on prevention projects at the school.	Perceived risk of drug use in all grades will decrease from 58.1% in 2025 to 57 % in 2029 (SHARP Survey)	Lifetime Marijuana use will decrease from 9.7% in all grades to 8.7% by 2035 (SHARP Survey)
	North Summit lunch activities	Lunch activities to create a relationship with students and introduce prevention topics		
	Park City Middle School lunch activities	Lunch activities to create a relationship with students and introduce prevention topics		
	CTC Coalition	- Support coalition strategies with funding and staff - Follow the CTC process - Create a coalition board to plan for future sustainability		
	Presentations for students in schools	Various presentations for students in Summit County on prevention topics throughout the school year		

3. What is your plan to ensure communities/coalitions follow a strategic planning process (SPF, CTC, etc.)? Provide evidence you will collect to show that this process was followed (CTC worksheets, logic models, etc.).

The Local Authority (LA) will ensure all communities and coalitions follow a structured strategic planning process aligned with SAMHSA's (Substance Abuse and Mental Health Services Administration) Strategic Prevention Framework (SPF) and, where applicable, the Communities That Care (CTC) coalition model. The LA will provide ongoing training,

technical assistance, and coaching to support implementation of the five SPF steps: Assessment, Capacity, Planning, Implementation, and Evaluation.

To demonstrate adherence, coalitions will be required to complete and maintain key documents, including community needs assessments, logic models, action plans, and evaluation plans. The LA will collect and review with the coalition coordinator the CTC milestone and benchmark rating tool, logic models, and annual reports, and will monitor progress through regular check-ins and reporting requirements. The Prevention Director will attend coalition and workgroup meetings to observe their progress. The coalition coordinator must meet with their CTC coach at least 2 times per month, as required by the license.

4. How will the LA monitor and support coalitions in developing and utilizing quality logic models?

The LA will support coalitions in developing high-quality logic models by providing standardized templates, training, and technical assistance to ensure clear alignment between identified risk and protective factors, selected strategies, and intended outcomes. The prevention director will meet regularly with the coalition coordinator.

Logic models will be submitted annually and reviewed by the LA for quality, data alignment, and the inclusion of evidence-based strategies. Ongoing support will include feedback, coaching, and periodic reviews to ensure logic models are actively used to guide implementation and evaluation. The prevention director will attend coalition meetings and observe coalition progress.

5. How will the LA ensure programs are evidence-based for substance use prevention?

The LA will ensure that prevention programs and strategies are evidence-based by requiring coalitions to select interventions listed on approved registries, such as Blueprints or those approved by the SUMH Evidence-Based Workgroup. The LA will utilize the 7 Strategies for Community Change (a comprehensive framework used by coalitions to reduce risk factors and foster environmental change. The strategies include providing information, building skills, providing support, enhancing access/reducing barriers, changing consequences, altering physical design, and changing policy) to guide the selection of strategies, programs, practices, and policies.

6. How are programs/strategies monitored for implementation fidelity?

The LA will monitor implementation fidelity by ensuring programs are delivered as intended, including adherence to curriculum, dosage, target population, and delivery methods. Only staff trained in evidence-based programs will deliver them. We do not have subcontractors.

Fidelity will be tracked through tools such as attendance records and periodic observations. The LA will review this information regularly and provide feedback and technical assistance to support continuous quality improvement.

7. What is your plan to increase collaboration across the behavioral health continuum? In what ways may your strategies impact mental or physical health?

The LA will increase collaboration by partnering with stakeholders across prevention, treatment, recovery, healthcare, education, and community organizations. Regular coordination will occur through meetings, shared initiatives, and communication with key partners, including schools, healthcare providers, and community coalitions.

Prevention strategies will address shared risk and protective factors that impact substance use, mental health, and physical health. Efforts such as strengthening family engagement and promoting social connectedness will improve outcomes across the behavioral health continuum.

8. How will you provide services to all prevention populations (universal, selective, and indicated)? Or what are you going to do to increase the reach of your prevention services to include all prevention populations?

The LA will ensure services are delivered across universal, selective, and indicated prevention levels. Universal strategies will include community-wide and school-wide campaigns and education, while selective strategies will target higher-risk populations identified through local data. Indicated strategies will focus on early intervention for individuals showing early signs of substance use risk.

To expand reach, the LA will collaborate with schools, healthcare providers, and community organizations to ensure services are accessible and culturally responsive. Data will be used to identify service gaps and guide targeted outreach to ensure equitable access for all populations.

Historically, the LA has focused on universal; however, the coalition is currently assessing data to identify needs, which may indicate where and how to address selective and indicated populations moving forward.

9. Explain your sustainability plan for prevention funding. If you do not have a sustainability plan, explain why, and tell us how you will meet this requirement by the next area plan due date.

- Link to a [sustainability plan template](#). The template is not required to be completed. If the template is complete, we still need question 9 answered in narrative form.

Over the next year, the Local Authority (LA) will focus on maintaining funding, strengthening community partnerships, and embedding evidence-based practices into ongoing systems. The LA will sustain prevention efforts by leveraging multiple funding streams (state and local), ensuring compliance with grant requirements, and actively pursuing additional funding opportunities. Prevention staff will continue to implement evidence-based programs with fidelity while integrating prevention strategies into existing community structures, such as schools, non-profits, and community organizations, to ensure long-term impact beyond grant cycles.

Additionally, sustainability will be supported through capacity building and community ownership. The LA will continue to strengthen coalitions by providing training, technical assistance, and leadership development, ensuring partners can independently support prevention efforts. Ongoing data collection (e.g., SHARP survey) will be used to demonstrate outcomes, inform decision-making, and justify continued investment. By maintaining strong cross-sector collaboration and aligning efforts with the Strategic Prevention Framework and the Communities That Care model, prevention services will remain effective, adaptable, and sustainable over time.

Funding	Funding	# of staff	Type of staff	Strategies	Expected
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source (OPG, PFS, prevention block grant, etc.)	source ending date	positions funded	positions funded (prevention specialist, coalition coordinator, etc.)	funded (coalition activities, Guiding Good Choices, Positive Action, etc.)	impact/outcomes of the funding source
FPL	06/27		Prevention Director		Parental Attitudes favorable to drug use will decrease by 1% by 2029 Reduce alcohol use by 2% by 2035 Reduce opioid use by 2% by 2035 Reduce Marijuana use by 2% by 2035
SOP	06/27		Coalition Coordinator		
SPL	06/27		Prevention specialists	GGC	

*SMART Goals are Specific, Measurable, Achievable, Relevant, and Time-bound.