

Form C – Substance use prevention narrative

3 year area plan: FY 2027 – FY 2029

This plan outlines how the LA is utilizing sound prevention science to address substance misuse issues by reducing risk factors and increasing protective factors. The plan illustrates how the LA is supporting Community Centered Evidence Based Prevention (CCEBP) to increase implementation of evidence-based programs, strategies, events, and policies.

LA area plans should be informed by the planning process conducted by community coalitions.

1. Using the table, explain the LA's goals for coalition development over the next 3 years. List all identified communities whether there is a current coalition or not. Put N/A where necessary.

CCEBP community	<u>Current CCEBP rating</u> Provide the rating and description of the rating	List current phase (CTC or SPF) List more than 1 phase where appropriate List how many times the coalition has completed the process through phase 5	LA priority rating for each CCEBP community High/medium/low	Operating system used by the community (CTC, CADCA, etc.)	LA's plan to support this community
North Davis CTC (Syracuse & Clearfield cones)	G-Established coalition	Phase 5: 3rd time Phase 5: 68%	Medium	CTC, CADCA	• Provide financial and resource support through state funding for coalition priorities
Layton CTC (	G-Established	Phase 5: 2	High	CTC, CADCA	

Layton & Northridge cones)	coalition	Phase 4: 85%			• Deliver ongoing training, coaching, and technical assistance (at least monthly) • Ensure oversight and accountability by monitoring performance and supporting grant compliance and reporting • Engage in leadership and collaboration through participation in community and leadership boards • Coordinate communication, share resources, and provide data (e.g., SHARP reports) to guide prevention efforts • Support high-quality implementation through dedicated program management staff
Central 3 CTC (Davis & Farmington)	E7 7 - Coalition Initial Strategic Planning 2 – Strategic plan development	Phase 4: 23.75% Central has been through phase 3 twice	High	CTC, CADCA	
South Davis CTC (Bountiful, Viewmont, and Woods Cross cones)	G-Established coalition	Phase 5: 2 Phase 3: 80% Phase 4: 45%	High	CT,C CADCA	

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2. Using the table, explain why each program, strategy, event, or policy is being implemented by the LA. Add rows and tables as needed.
- Template for [compliance check action plan](#) if that helps you plan activities for Synar and EASY. Completed template is not required. If the template is used, activities need to be listed in the table below.

Items in purple and bolded are funded not with state funding, but is braided funding to run the overall strategy ex (DFC, Ecig, Community Partnership Project grant)

Alcohol

Substance: Alcohol				
Risk/protective factor	Program, policy, strategy, or event (one per table box)	Activities (what are you, your contractors, and coalitions doing)	Short term outcomes (risk factors) Make SMART*	Long term outcomes (substance) Make SMART
Availability	EASY compliance checks	• Law enforcement meetings • Staff to coordinate cubs, trainings, and reminders to law enforcement • 1 EASY trainings this year for 30 officers in Davis County • 4 coalitions addressing this	Reduce retail availability by .81% by completing EASY checks at 248 sites by 2029 (increase from 246 sites) Maintain a 95% compliance rates in the county by 2029	Reduce underage drinking by 2% (from 7.4% to 5.4%) by 2036, as measured by the SHARP county survey's lifetime use of all grades.
Family conflict	Strengthening Families 10-14	• 3 coalitions are implementing • Plan is to hold 7 classes	Reduce Family conflict by 2%	

		throughout Davis County • Braided funding to run the overall strategy	from 23.1% in 2025 to 2029, as measured by the SHARP county survey.	
Family Attachment			Increase Family Attachment by 2% from 77.7% to 79.7% from 2026 to 2029 as measured by the SHARP county survey.	
Poor Family Management			Reduce Poor Family management by 1% from 18% to 17% from 2026 to 2029 as measured by the SHARP county survey.	
Family opportunities for prosocial involvement			Increase Family opportunities for prosocial involvement by 1% from 78.1% to 79.1% by 2029 as measured by the SHARP county survey.	
Perceived risk of drug use (youth)	CTC Coalitions	• Provide TA to 4 coalitions as they work through the SPF 2x monthly • Support coalition strategies with funding and staff • Review milestones and benchmarks with coalition coordinators quarterly • Coalition capacity building as	Reduce youth Perceived risk of drug use by 2% from 46% to 44% from 2026 to 2029 as measured by the SHARP county survey.	

		the ctcs implement : ○ High School Sober Celebrations ○ Youth leadership training ○ Youth led projects ○ Tech-free zones ○ Mini grants for schools		
Family attachment	Circle of Security Parenting	● 2 coalitions are implementing ● Plan is to hold 9 classes through Davis County (7 implemented by the coalitions, 2 implemented by DBH with HeadStart) ● Braided funding to run the overall strategy	Increase Family Attachment by 2% from 77.7% to 79.7% from 2026 to 2029 as measured by the SHARP county survey.	
Depression Sx	EveryDay Strong	● 4 coalitions are implementing ● Plan is to hold 7 classes through Davis County ● Braided funding to run the overall strategy	Reduce depressive symptoms by 2% from 30.4% to 28.4% from 2026 to 2029 as measured by the SHARP county survey.	
Depression Sx	MBSR	● DBH plans to hold 6 classes through the county	Reduce depressive symptoms by 2% from 30.4% to 28.4% from 2026 to 2029 as measured by the SHARP county survey.	
Family attachment,	Social Development Strategy	● 4 coalitions are implementing ● Plan is to hold 6 classes through Davis County	Increase Family Attachment by 2% from 77.7% to 79.7% from 2026 to 2029 as	

			measured by the SHARP county survey.	
Rewards for Prosocial Behavior			Increase rewards for prosocial involvement in the schools by 2% by 75.8% to 77.8% by 2029 as measured by the SHARP county survey.	
Opportunities for Prosocial Behavior			Increase Family opportunities for prosocial involvement by 1% from 78.1% to 79.1% by 2029 as measured by the SHARP county survey.	
Parent Attitudes Favorable to Use	Brain Science Campaign	• 1 coalition implementing • Distribute information on adolescent brain development and distribute in the community • Textedly messages to promote classes, CTC events, Prevention Messaging • Braided funding to run the overall strategy	Reduce Parent Attitudes Favorable to Use by .5% from 8.1% to 7.6 % from 2026 to 2029 as measured by the SHARP county survey.	
Prosocial involvement	Summer Programs w/ Davis School District (provide support)	• Providing support to the Summer Programs w/ Davis School District • Braided funding to run the overall strategy	Increase rewards for prosocial involvement by 2% from 55.8% to 57.8% by 2029 as measured by the SHARP county survey.	

Low commitment to school			Reduce Low commitment to school by .5% from 49.8 % to 49.3% from 2026 to 2029 as measured by the SHARP county survey.	
laws and norms	Policy work	• Meeting with policy makers 2x a year • One pager for legislators • Retailer signage	Reduce laws and norms by 1% from 14.2 % to 13.2% from 2026 to 2029 as measured by the SHARP county survey.	

Marijuana

Substance: Marijuana				
Risk/protective factor	Program, policy, strategy, or event (one per table box)	Activities (what are you, your contractors, and coalitions doing)	Short term outcomes (risk factors) Make SMART	Long term outcomes (substance) Make SMART
Family conflict	Strengthening Families	• 3 coalitions are implementing • Plan is to hold 7 classes through Davis County • Braided funding to run the overall strategy	Reduce Family conflict by 2% from 23.1% to 21.1%) by 2029, as measured by the SHARP county survey.	Reduce underage marijuana use by 2% (from 4.3% to 2.3%) by 2036, as measured by the SHARP county
Family Attachment			Increase Family Attachment by 2% from 77.7% to	

			79.7% from 2026 to 2029 as measured by the SHARP county survey.	survey's lifetime use of all grades.
Poor Family Management			Reduce Poor Family management by 1% from 18% to 17% from 2026 to 2029 as measured by the SHARP county survey.	
Family opportunities for prosocial involvement			Family opportunities for prosocial involvement by 1% from 78.1% to 79.1% by 2029 as measured by the SHARP county survey	
Prosocial involvement	Summer Programs w/ Davis School District (provide support)	- Providing support to the Summer Programs w/ Davis School District (provide support) Braided funding to run the overall strategy	Increase rewards for prosocial involvement by 2% from 55.8% to 57.8% by 2029 as measured by the SHARP county survey.	
Low commitment to school			Reduce Low commitment to school by .5% from 49.8 % to 49.3% from 2026 to 2029 as measured by the SHARP county	

			survey.	
Family Attachment	Circle of Security Parenting	• 2 coalitions are implementing • Plan is to hold 9 classes through Davis County (7 implemented by the coalitions, 2 implemented by DBH with HeadStart) • Braided funding to run the overall strategy	Increase Family Attachment by 2% from 77.7% to 79.7% from 2026 to 2029 as measured by the SHARP county survey.	
Depression Sx	EveryDay Strong	• 3 coalitions are implementing • Plan is to hold 6 classes through Davis County	Reduce depressive symptoms by 2% from 30.4% to 28.4% from 2026 to 2029 as measured by the SHARP county survey.	
Family attachment,	Social Development Strategy	• 4 coalitions are implementing • Plan is to hold 6 classes through Davis County	Increase Family Attachment by 2% from 77.7% to 79.7% from 2026 to 2029 as measured by the SHARP county survey.	
Rewards for Prosocial Behavior			Increase rewards for prosocial involvement in the schools by 2% by 75.8% to 77.8% by 2029 as measured by the SHARP county survey.	

Opportunities for Prosocial Behavior			Increase Family opportunities for prosocial involvement by 1% from 78.1% to 79.1% by 2029 as measured by the SHARP county survey.	
Parent Attitudes Favorable to Use	Grey Matters Campaign	3 coalitions are implementing	Reduce Parent Attitudes Favorable to Use by .5% from 8.1% to 7.6 % from 2026 to 2029 as measured by the SHARP county survey.	
Parent Attitudes Favorable to Use	Brain Science Campaign	- Distribute information on adolescent brain development and distribute in the community 1 coalition implementing Braided funding to run the overall strategy	Reduce Parent Attitudes Favorable to Use by .5% from 8.1% to 7.6 % from 2026 to 2029 as measured by the SHARP county survey.	
laws and norms	Policy work	3 coalitions implementing - Meeting with policy makers 2x a year - One pager for legislators - ND Policy workgroup focusing on educating lawmakers on how marijuana is being advertised/marketed and accessibility	Reduce laws and norms by 1% from 14.2 % to 13.2% from 2026 to 2029 as measured by the SHARP county survey.	
Rewards for prosocial	Youth Doing Good program	Partner with the cities to recognize youth in a city council meeting	Increase Rewards for prosocial involvement in	

involvement in the community			the community by 1% from 59.7% to 60.7% by 2029 as measured by the SHARP county survey.	
Perceived risk of drug use (youth)	CTC Coalitions	• Provide TA to 4 coalitions as they work through the SPF 2x monthly • Support coalition strategies with funding and staff • Review milestones and benchmarks with coalition coordinators quarterly • Coalition capacity building as the ctcs implement : ○ High School Sober Celebrations ○ Youth leadership training ○ Youth led projects ○ Tech-free zones ○ Mini grants for schools	Reduce youth Perceived risk of drug use by 2% from 46% to 44% from 2026 to 2029 as measured by the SHARP county survey.	

Nicotine

Substance: Nicotine				
Risk/protective factor	Program, policy, strategy, or event (one per table box)	Activities (what are you, your contractors, and coalitions doing)	Short term outcomes (risk factors) Make SMART	Long term outcomes (substance) Make SMART
Availability	SYNAR Checks	• Law enforcement and Health Department meetings • 4 coalitions addressing this	Synar checks are completed by the health	Reduce underage nicotine use

		We will coordinate quarterly with the Health Department. If compliance rate approaches or drops below 90% we will work with the health department to provide training and resources to retailers	department, we don't have any involvement, our rates have always been about 90%.	by 1% (from 5.5% to 4.5) by 2036, as measured by the SHARP county survey's vaping lifetime use of all grades.
Laws and Norms favorable to use			Reduce laws and norms by 1% from 14.2 % to 13.2% from 2026 to 2029 as measured by the SHARP county survey.	
Perceived risk of drug use	CTC Coalitions	- Promoting Safe UT app in our community, in schools to report youth nicotine use - Provide TA to 4 coalitions as they work through the SPF 2x monthly - Support coalition strategies with funding and staff - Review milestones and benchmarks with coalition coordinators quarterly - Coalition capacity building as the ctcs implement : - Youth leadership training - Youth led projects - Tech-free zones - Mini grants for schools	Reduce youth Perceived risk of drug use by 2% from 46% to 44% from 2026 to 2029 as measured by the SHARP county survey.	
Family conflict	Strengthening families	3 coalitions are implementing - Plan is to hold 7 classes through Davis County Braided funding to run the overall strategy	Reduce Family conflict by 2% from 23.1% to 21.1%) by 2029, as measured by the SHARP	

			county survey.	
Family Attachment			Increase Family Attachment by 2% from 77.7% to 79.7% from 2026 to 2029 as measured by the SHARP county survey.	
Poor Family Management			Reduce Poor Family management by 1% from 18% to 17% from 2026 to 2029 as measured by the SHARP county survey.	
Family opportunities for prosocial involvement			Family opportunities for prosocial involvement by 1% from 78.1% to 79.1% by 2029 as measured by the SHARP county survey	
Depressive sx	Learning 2 Breathe / MindUP	4 coalitions are implementing in partnership with Davis School District - Plan is to have 31 elementary's & 4 secondary - SD 9 El, 1 Sec - ND 5 El, 1 Sec - Lay 8 El, 1 Sec - Cen 9 El, 1 Sec Braided funding to run the	Reduce depressive symptoms by 2% from 30.4% to 28.4% from 2026 to 2029 as measured by the SHARP county survey.	

		overall strategy		
Youth Attitudes Favorable to Use	CATCH my Breath	• 4 coalitions are implementing in partnership with Davis School District • Parent workshop to schools getting CATCH • Share cessation resources to youth who get CATCH and in the schools • Braided funding to run the overall strategy	Reduce Youth Attitudes Favorable to Use by 2% by 2029	
Family Attachment	Circle of Security Parenting	• 2 coalitions are implementing • Plan is to hold 9 classes through Davis County (7 implemented by the coalitions, 2 implemented by DBH with HeadStart) • Braided funding to run the overall strategy	Increase Family Attachment by 2% from 77.7% to 79.7% from 2026 to 2029 as measured by the SHARP county survey.	
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recognition for prosocial involvement	Youth Doing Good / Grit awards	• Partner with the cities, schools to recognize youth in a city council meeting • Braided funding to run the overall strategy	Increase rewards for prosocial involvement in the community by 1% from 59.7% to 60.7% by 2029 as measured by the SHARP	

			county survey.	
rewards for ps involvement in the community			Increase Rewards for prosocial involvement in the community by 1% from 59.7% to 60.7% by 2029 as measured by the SHARP county survey.	
Laws and norms	Most Dont Social Norms Campaign	- Physical design in schools, material for vaping prevention and cessation Braided funding to run the overall strategy	Reduce laws and norms by 1% from 14.2 % to 13.2% from 2026 to 2029 as measured by the SHARP county survey.	
Perceived risk of drug use (youth)			Reduce youth Perceived risk of drug use by 2% from 46% to 44% from 2026 to 2029 as measured by the SHARP county survey.	

3. What is your plan to ensure communities/coalitions follow a strategic planning process (SPF, CTC, etc.)? Provide evidence you will collect to show that this process was followed (CTC worksheets, logic models, etc.).

DBH will ensure that all communities and coalitions follow a structured strategic planning process, such as the Strategic Prevention Framework (SPF) and Communities That Care (CTC), through regular oversight, technical assistance, and accountability measures. To keep everyone on track, we will hold quarterly meetings with the Coalition Coordinators to check progress on goals and milestones. In these meetings, we will review what each coalition has completed and what still needs to be done following the established milestones and benchmarks aligned with each phase of the SPF/CTC model (assessment, planning, implementation, and evaluation). These meetings will provide an opportunity to assess fidelity to the process, identify barriers, and offer real-time guidance. DBH will also collect proof that the process is being followed. This includes:

- Completed CTC worksheets from sessions
- Logic models
- Action plans

In addition, the LA will provide structured tools and templates to standardize the planning process across coalitions. Prevention Specialists will work closely with coalitions to ensure that each step is completed with fidelity and that planning efforts are aligned with state and local prevention priorities.

4. How will the LA monitor and support coalitions in developing and utilizing quality logic models?

The LA will actively monitor and support coalitions in the development and utilization of high-quality logic models through a combination of training, coaching, and ongoing review. Formal training opportunities will be provided, including sessions led by subject matter experts such as our contracted CADCA Coach (Angela Da Re), to build coalition capacity in developing clear, evidence-informed logic models that link identified community needs to selected strategies and expected outcomes.

Ongoing coaching will be provided by Prevention Specialists to ensure that logic models are living documents used to guide implementation and evaluation. Coalitions will receive individualized feedback on their logic models. DBH will review logic models with Prevention

Specialists at least once a year to assess for quality and relevance. This continuous improvement approach ensures that logic models remain actionable and aligned with community needs.

5. How will the LA ensure programs are evidence-based for substance use prevention?

The LA is committed to ensuring that all prevention programs implemented are evidence-based and aligned with best practices in substance use prevention. DBH supports four Prevention Specialists who help cities use the CTC model. These staff guide communities in choosing programs that are backed by evidence and that will address the area's specific local conditions documented in their logic models.

DBH also provides training, coaching, and regular meetings to support coalitions through each step of planning and program selection. This includes supporting coalitions as they identify program selection from best-practice registries (for example Blueprints) and is relevant for the selected risk and protective factors, ensuring cultural and community relevance, and supporting implementation planning. DBH will also continue to support the Coalitions in working with the Evidence-Based Workgroup to update applications for review to ensure that programs are evidence-based for substance use prevention.

6. How are programs/strategies monitored for implementation fidelity?

To ensure programs are implemented with fidelity, DBH will provide structured oversight and support through Prevention Specialists and two part-time Program Manager positions. These roles will focus on monitoring program delivery, providing technical assistance to instructors, and ensuring adherence to program models. Implementation fidelity will be assessed through multiple methods, including observation, facilitator checklists, attendance tracking, and participant feedback. Program Managers who supervise the facilitators are committed to addressing problems and deviations from the model and provide corrective guidance as needed. Additionally, DBH will also work to secure funding and resources to keep programs running well. This includes investing in training, materials, and ongoing professional development to ensure that program facilitators are well-equipped to deliver evidence-based interventions effectively.

7. What is your plan to increase collaboration across the behavioral health continuum? In what ways may your strategies impact mental or physical health?

DBH will keep working more closely with groups across the behavioral health system by building strong partnerships with prevention programs, treatment providers, recovery

services, and community organizations. They will also keep growing and supporting prevention efforts by seeking funding to support strategies/activities and offering training and development opportunities. DBH will improve collaboration by staying in regular contact with partners across the county, joining meetings with different sectors, and sharing data and results. DBH will also keep its website up to date with clear and easy-to-find information so the community stays informed and involved. Each year, DBH will offer assistance to the Coalition as they report to key stakeholders to share progress, challenges, and results, helping maintain accountability and encourage teamwork.

8. How will you provide services to all prevention populations (universal, selective, and indicated)? Or what are you going to do to increase the reach of your prevention services to include all prevention populations?

The LA is committed to delivering prevention services across the full spectrum of populations: universal, selective, and indicated. DBH supports a full-time Community Engagement Prevention Specialist who focuses on expanding prevention efforts within underserved populations, particularly Spanish-speaking communities. Efforts will include community outreach, engagement with local leaders, and adaptation of evidence-based programs to ensure cultural relevance and accessibility.

DBH works to identify and support groups at higher risk. Because the DBH team includes prevention and treatment and clinical providers, we are able to ensure our prevention efforts are well-informed, aligned with current trends, and effectively distributed to populations that may be more vulnerable. At the indicated level, DBH provides targeted services for individuals already impacted by substance use or mental health challenges. These include programs such as suicide prevention support groups and the Prime for Life program, which are designed to intervene early and reduce the progression of risk behaviors. We help promote and connect individuals to these services, ensuring they are accessible and utilized within the community.

DBH will continue to support universal prevention strategies that reach the broader population, as well as selective and indicated interventions for higher-risk groups. Expanding partnerships and leveraging community resources will further increase the reach and impact of prevention services.

9. Explain your sustainability plan for prevention funding. If you do not have a sustainability plan explain why, and tell us how you will meet this requirement by the next area plan due date.

DBH will implement a sustainability plan focused on securing long-term funding, building community partnerships, and demonstrating program effectiveness.

Key strategies include pursuing grants, advocating for local and state funding, and collaborating with community organizations to share resources and support prevention initiatives. The LA will also emphasize data collection and outcome reporting to demonstrate the impact of prevention efforts, which is critical for maintaining and expanding funding opportunities.

*SMART Goals are Specific, Measurable, Achievable, Relevant, and Time-bound.