

Utah County Prevention
FORM C - SUBSTANCE USE PREVENTION NARRATIVE
3 Year Plan (2024-2026)

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With the intention of helping every community in Utah to establish sustainable [Community Centered Evidence Based Prevention](#) efforts, fill in the following table per the instructions below.

Not every community will be at optimal readiness nor hold highest priority. This chart is designed to help you articulate current prevention activities and successes as well as current barriers and challenges. Please work with your Regional Director if you have questions about how to best report on your communities. For instructions on how to complete this table, please see the [Community Coalition Status Tool](#) here.

List every community in your area defined by one of the following:

1. serving one of the 99 [Small Areas](#) within Utah
2. serving the communities that feed into a common high school
3. any other definition of community with OSUMH approval.

*All "zero" or "no priority" communities may be listed in one row

CCEBP Community	CCEBP Community Coalition Status (see tool here)	Priority High Medium Low	Notes/ Justification of Priority	List of Programs Provided (if applicable)	Evidence Based Operating System (e. g. CTC, CADCA Coalition Academy, PROSPER)	Links to community strategic plan
Example: Hurricane	D2	High	Key leader board established, CB Getting ready for readiness assessments		Coordinator has been trained in CADCA Academy and is working w/ CTC Coach	http://washingtonprevention.blogspot.com/p/bylaws-of-washington-county-prevention.html
American Fork	F	High	Has gone through all phases, coordinator has been making decisions. Coalition is long standing and doing great work in their area.	Clear the Vape, Project Toward no Drug Abuse, Guiding Good Choices.		
Eagle Mountain/Saratoga Springs	G	High	Coalition is new and has just completed Key Leader and Community	Drug take-back events, me	CTC	
Lehi	E6	High	Coalition is new and has just completed Key Leader and Community	Drug take-back events, me	CTC	
Lindon	E6	High	Coalition is new and has just completed Key Leader and Community	Drug take-back events, me	CTC	
Orem	D3	High	Orem reached out to ask about initiating CTC in their city. There is a	None yet	CTC	
Pleasant Grove	G	High	Coalition has moved through phases and is very successful for	Project Toward no Drug Abuse, Clear the Vape, Guiding Good Choices	CTC	
Payson/Goshen/Santaquin/Genola	G	High	Coalition is long standing and doing great work in their area.	Drug take-back events, me	CTC	
Provo	A	Low	Provo was a partner with a CTC, but decided to end the relationship.	NA	NA	
Spanish Fork	C	Low	SF has a coalition but they don't use CTC framework. We have	Youth Court, Wellness education	NA	
Springville	C	Low	Springville has a coalition but it doesn't follow the CTC	Youth Court	NA	
Vineyard	E6	High	Coalition is new and has just completed Key Leader and Community	Drug take-back events, me	CTC	
Utah County	G	High	Utah Valley Drug Preventin Coalition has been active for over 12 years. Encouraged	Policy advocacy, prescription safety,	SPF	
All other areas in Utah C A		Medium	Most areas are small. Over the next few years we will	NA		
American Fork CTC						

American Fork continues with their CTC and the coordinator has been in the role just over one year. There have been some struggles with the coordinator deciding to do some things on her own without the support of the County or the coalition. After discussion, this issue is being resolved and the community board is being shaped and groomed to step up to the plate for American Fork.

Eagle Mountain/Saratoga Springs CTC

This coalition is progressing well. They have a strong action plan and have great support from the school district and their community.

Lehi Cares CTC

Lehi hired the coordinator a few months ago and they have moved through the KLO and CBO and are moving to assessment phase.

Lindon Cares CTC

Lindon is Utah County's newest coalition. The KLO and CBO has been completed and the coordinator is moving forward with enthusiasm and passion. Great community support.

Orem

We met with Orem administration to present the idea of CTC in Orem, and they were very open. We will present to the Mayor and city council on May 23rd to obtain approval to partner.

Pleasant Grove Cares

PG sets the bar for the rest of the coalitions each year. The coordinator has announced that her assistant will be assuming the lead coordinator role and that she will be stepping down over the summer so a new assistant will be hired to replace Nicole.

Payson/Goshen/Santaquin/Genola- CAASA

Payson continues to provide events in their area and meet regularly as a board.

Provo

Provo is no longer housing a CTC coalition as of the end of FY22. We will readdress the need for a coalition in Provo, but a champion must be identified.

Spanish Fork

SF continues to support their coalition, but they are not using an EB framework. The city administrators don't feel they have a need to support a coalition financially.

Springville

Springville once partnered with Utah County but have not for several years. They run a coalition but it is not EB. We encourage partnership and provide resources as requested.

Vineyard Cares

Vineyard coordinator has moved the board through the CBO and KLO and they are providing great activities in their area! Lots of support from administration!

Utah County will also continue to increase capacity to provide prevention services through building coalitions in each area of the county. Our goal is to have an evidence-based coalition in every city. We have a goal to increase CTC's in the county by three in as many years.

Provide a Logic Model by coalition and/or agency for each problem behavior being addressed funded by Block Grant, PFS, SOR, SPF Rx, or State General Funds. Make a copy of the blank one and paste below for each additional logic model needed.

Problem Behavior Goal		Reduce youth/underage access to alcohol							
Measures & Sources		2021 SHARP Survey- 2.4% of 6-12 grade students surveyed reported alcohol use within the past 30-days							
Agency/Coalition		Utah County Health Department							
							Outcomes		
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Retail Availability	youth have access to alcohol through retailers	EASY Compliance checks	Universal	EASY Checks	Block Grant: \$20,000 State General Fund: Discretionary:	Conduct consistet underage alcohol checks (at least two per year at each off-premise beer-licensed locations)	Underage alcohol availability in retail locations will continue to decrease	Maintain low underage alcohol access at retail locations through 2033
	Parental Attitudes Favorable to ASB	Youth are drinking at friends' houses with parent permission, parents not communicating disapproval of underage drinking, parents not setting clear boundaries/exp ectations against underage drinking	Parents Empowered	Universal	Parents Empow	Block Grant: State General Fund: Discretionary:\$7,000	Increase % of students reporting that their parents communicate about not using alcohol underage	Decrease parental attitudes favorable to ASB by 5% by 2027	Maintain low youth drinking rates through 2033
			Communities That Care Coalition support	Universal	https://www.communitiesthatcare.net/	Block Grant: \$150,000 State General Fund: Discretionary:	Support CTC coalitions in Utah County through funding, coaching and capacity building to increase prevention	resense at	
Measures & Sources	2021 Sharp Survey data	22.8% of youth who reported drinking say they got it at home with parental permission					Meeting minutes/agenda s, rolls, DUGS entries, action plan	2025 SHARP Survey data	2031 SHARP Survey data

Problem Behavior Goal		Reduce cannabis misuse						
Measures & Sources		2021 SHARP Survey- 2.9% of 6-12 graders survey reported using marijuana within that past 30-days						
Agency/Coalition		Utah County Health Department						
Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes		
						Short (process)	Medium (3 to 5 years)	Long (10 years)

Logic	Perception of Risk	Only 78.7% of youth (6th-12th graders) said that they are at "moderate" or "great risk" of harming themselves if they smoke marijuana regularly	Communities That Care Coalition Support	Universal	https://www.communitiesthatcare.net/	Block Grant: \$150,000	Support CTC coalitions in Utah County through funding, coaching and capacity building to increase prevention presense at local level	Increase youth perception of risk of underage marijuana use by 5% by 2027	Maintain low marijuana use rates among Utah County youth through 2033
			Gray Matters campaign promotion	Universal	Gray Matters - Let's be blunt about underage marijuana misuse. (graymattersutah.org)	PXP: \$50,000	Provide Gray Matters materials to parents through Prevention Nights in schools, community events, and		
Measures & Sources	2021 SHARP Survey data						Meeting agendas, rolls, flyers	2025 SHARP Survey Data	2035 SHARP Survey Data
Problem Behavior Goal			Reduce prescription opioid overdose						
Measures & Sources			Opioids are the cause of 41% of the unintentional and undetermined drug poisoning deaths in Utah 2021, IBIS.						
Agency/Coalition			UVDPC, All CTC's						
							Outcomes		
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic			Share "Know your Script" promotion through pharmacy kits, take back events, drop box location promotion, promote campaign materials through social media channels,	Universal		Block Grant: State General Fund: Discretionary: \$7,000	By 2025, a 15% decrease in the number of people who keep meds in emergency supplies		
Logic	Favorable attitudes toward use	People leave the doctor with pain medication prescriptions	Communities That Care and DPC coalition support and providing naloxone trainings			Block Grant: State General Fund: Discretionary:\$50,000		By 2026, decrease the number of prescriptions dispensed by 10%	Reduce the rate of adult prescription overdose by 5% by 2028
Measures & Sources		Community survey					Community Survey	IBIS	IBIS, State Dept. of Health, BRFSS
Problem Behavior Goal			Reduce youth nicotine use and vaping						
Measures & Sources			2021 SHARP Survey- 6.8% of 6th-12th graders reported usingcigarettes and vaping products within the past 30 days						
Agency/Coalition			Utah County Health Department						
				Focus	Link to Program		Outcomes		

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Problem Behavior Goal		Reduce Underage Drinking By 5%							
Measures & Sources		25% of youth in grades 6-12 report drinking alcohol in the past 30-days as measured on the 2021 SHARP survey							
Agency/Coalition		Coalition XYZ							
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Parental attitudes favorable to antisocial behavior	Parents don't set appropriate boundaries	Guiding Good Choices	Universal	Blueprints: Link	Block Grant: \$25,000 State General Fund: Discretionary:	Parents who attend program will show increase in knowledge related to setting appropriate boundaries	Prenatal attitudes favorable to antisocial behavior will decrease by 5% from 40% to 35% from 2021 to 2025	Underage drinking will decrease by 5% from 25% to 20% from 2021 to 2031
			Parents Empowered	Universal	Utah EBW Tier 3: Link	Block Grant: State General Fund: Discretionary: \$20,000	Increase in # of students reporting parents communicate about no alcohol use		
		Parents providing alcohol at home					Decrease in number of students reporting getting alcohol at home with permission		
Measures & Sources	40% of 6-12 grade--2021 SHARP Survey	1. 20% of parents communicate about no alcohol use 2021 SHARP 70% of parents don't know what rules to set--2020 focus groups 2. 45% of youth that drink report getting alcohol from home with permission--2021 SHARP					1. Pre/post test scores 2. Social media likes/shares, materials distributed, # of people at events SHARP Survey 3. SHARP Survey	2025 SHARP survey	2031 SHARP Survey
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Availability: Retail	Retail outlets have no consequences for selling to minors	EASY Compliance Checks	Universal	Link to What Works for Health Registry	Block Grant: \$23,000 State General Fund: Discretionary:	Increase in # of compliance checks conducted	Retail availability will decrease	Underage drinking will decrease by 5% from 25% to 20% from 2021 to 2031

Measures & Sources	2021 focus groups--youth report it is easy to buy alcohol	No EASY checks conducted--2022 law enforcement data		2023 Law enforcement data	2025 focus groups	2031 SHARP Survey
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