

FORM C - SUBSTANCE USE PREVENTION NARRATIVE

3 Year Plan (2024-2026)

With the intention of helping every community in Utah to establish sustainable [Community Centered Evidence Based Prevention](#) efforts, fill in the following table per the instructions below.

No every community will be at optimal readiness nor hold highest priority. This chart is designed to help you articulate current prevention activities and successes as well as current barriers and challenges. Please work with your Regional Director if you have questions about how to best report on your communities. For instructions on how to complete this table, please see the [Community Coalition Status Tool](#) here.

List every community in your area defined by one of the following:

1. serving one of the 99 Small Areas within Utah
2. serving the communities that feed into a common high school
3. any other definition of community with OSUMH approval.

*All "zero" or "no priority" communities may be listed in one row

CCEBP Community	<u>CCEBP Community Coalition Status (see tool here)</u>	Priority High Medium Low	Notes/ Justification of Priority	List of Programs Provided (if applicable)	Evidence Based Operating System (e. g. CTC, CADCA Coalition Academy, PROSPER)	Links to community strategic plan
MONTICELLO Monticello High School (MHS)	A4, A5 Recently completed a community mapping activity, designed to assess perceptions and needs regarding youth substance use - which will lead into our Community Readiness Assessment for 2023-2024	Medium	Monticello has an active youth group - as part of the San Juan County Youth Coalition that works under the SJCPAC Coalition umbrella but does not currently have enough capacity for a stand-alone coalition. We recently hired a part-time prevention specialist which will greatly enhance coalition building efforts in the Monticello community. Supporting their county youth coalition involvement is planting seeds for a local prevention coalition in the future.	Let's Do This / Stoodis (Parents Empowered) Campaign. Guiding Good Choices / Strengthening Families Good Behavior Game @ Monticello Elementary	Strategic Prevention Framework - working with prevention staff to implement CTC and CADCA Academy support - but prevention specialist in Monticello does not have that training.	
BLANDING San Juan High School (SJHS)	D3, D4c, D7 Community Readiness Assessment planned for 2023-2024	High	Blanding has been the hub of the county-wide coalition (SJCPAC Coalition) for several years. Plans are to continue moving toward starting and supporting other local coalitions in various San Juan County communities. Supporting youth and coalition building activities.	Let's Do This / Stoodis (Parents Empowered) Campaign. Guiding Good Choices / Strengthening Families Good Behavior Game @ Blanding Elementary	CTC, SPF, CADCA Academy	https://docs.google.com/document/d/1m0xP4hyciteofd-Sq491tG---rVc1Cs4/edit
WHITE MESA (This community feeds into San Juan High School (SJHS) in Blanding.	A3, A4, A5	Low	Limited connection with White Mesa but working to support them in prevention strategies and efforts. SJCPAC Coalition is working with them to raise capacity for future coalition involvement.	Limited connection with White Mesa but working to support them in prevention strategies and efforts. SJCPAC Coalition is working with them to raise capacity for future coalition involvement.		

BLUFF This community feeds into San Juan High School (SJHS) in Blanding, as well as Whitehorse High School (WHS) in Montezuma Creek.	A3, A4, A5	Low	Very unique population, with retirees and new move-ins. One elementary school - and no secondary school in the community area. Continue to raise capacity for future coalition involvement.	Let's Do This / Stoodis (Parents Empowered) Campaign. Guiding Good Choices / Strengthening Families Good Behavior Game @ Bluff Elementary						
MONTEZUMA CREEK /	A4, A5 Recently completed a community mapping activity, designed to assess perceptions and needs regarding youth substance use - which will lead into our Community Readiness Assessment for 2023-2024	Medium	High School UNITY (United National Indian Tribal Youth) Club works in tandem with SJ County Youth Coalition and is beginning to gather steam for youth coalition work in the community. Recently hired a part-time prevention specialist which will give us better hands on work in the community to help with prevention efforts. Supporting youth coalition involvement to continue to plant seeds for a local prevention coalition. Works with SJCPAC Coalition.	Let's Do This / Stoodis (Parents Empowered) Campaign. Guiding Good Choices / Strengthening Families Good Behavior Game @ Montezuma Creek Elementary Hoping to train new prevention specialist hired in this community to help implement these EB strategies more readily.						
MONUMENT VALLEY / OLJATO / MEXICAN HAT Area These communities feed into Monument Valley High School (MVHS).	A4, A5 Recently completed a community mapping activity, designed to assess perceptions and needs regarding youth substance use - which will lead into our Community Readiness Assessment for 2023-2024	Medium	High School UNITY (United National Indian Tribal Youth) Club works in tandem with SJ County Youth Coalition and is beginning to gather steam for youth coalition work in the community. We hired a part-time prevention specialist last year, which has given us a much better presence in the community to help with prevention efforts. Supporting youth coalition involvement to continue to plant seeds for a local prevention coalition. Works with SJCPAC Coalition.	Let's Do This / Stoodis (Parents Empowered) Campaign. Guiding Good Choices / Strengthening Families Good Behavior Game @ Tse'Bi'Nidzizgai Elementary	Recently had two coalition members from this community train in the CADCA Academy model. They are excited about working towards building a coalition in their community.					

NAVAJO MOUNTAIN Area Navajo Mountain High School (NMHS) The elementary school age children in this area attend a BIA School which is not a part of San Juan School District.	A4, A5	Low	Trying to support county youth coalition involvement and development. The remote geographical barriers make accessibility and involvement difficult for youth and community members. We are hopeful that the coalition members residing in the Monument Valley area can continue to plant seeds of support for future community coalition work.							
AREA NARRATIVE:										
Monticello is part of the San Juan County Prevention Action Collaboration (SJCPAC) Coalition. We have a school counselor and several youth that are very involved in our San Juan County Youth Coalition (SJCYC) and are helping build our youth coalition in their community, which is planting seeds for a community prevention coalition in the future. We recently hired a part-time prevention coordinator, who lives in the Monticello community. She is very excited about reaching out to local key leaders and community members in an effort to raise prevention awareness. She is also helping strengthen and build up the youth coalition at MHS through training and recruitment efforts. We have planned various youth campaigns for the coming year, which ties directly to risk factors identified from the SHARP Survey and community Assessment. We also plan on having a Prevention week, sponsored by MHS, SJCPAC Coalition and the SJCYC to help build capacity within the community. We are working in all San Juan County communities to launch the new Gray Matters campaign, to help educate parents on the dangers of marijuana use on the developing teen brain. We also continue to support the "Let's Do this" / "Stoodis" campaign in San Juan County, which is based on Parents Empowered messaging - but delivered in a more culturally relevant package that resonates with families in our county. We are working to train all of our prevention staff in Guiding Good Choices and Strengthening Families - so that we can offer those parents classes throughout our entire county. We provided funding for the San Juan School District to launch and implement the Good Behavior Game in all Monticello Elementary school this year. Community events designed to target Family Mealtime and Family Bonding will also target the importance of upstream prevention in our communities.										
Blanding is the hub of the San Juan County Prevention Action Collaboration (SJCPAC) Coalition. We have a school counselor and several youth that are very involved in our San Juan County Youth Coalition (SJCYC) and are helping build our youth coalition in their community, which is planting seeds for a community prevention coalition in the future. We have a full-time prevention specialist, who lives in the Blanding community. She does a good job in reaching out to local key leaders and community members in an effort to raise prevention awareness. She is also helping strengthen and build up the youth coalition at MHS through training and recruitment efforts. We have planned various youth campaigns for the coming year, which ties directly to risk factors identified from the SHARP Survey and community Assessment. We also plan on having a Prevention week, sponsored by MHS, SJCPAC Coalition and the SJCYC to help build capacity within the community. We are working in all San Juan County communities to launch the new Gray Matters campaign, to help educate parents on the dangers of marijuana use on the developing teen brain. We also continue to support the "Let's Do this" / "Stoodis" campaign in San Juan County, which is based on Parents Empowered messaging - but delivered in a more culturally relevant package that resonates with families in our county. We are working to train all of our prevention staff in Guiding Good Choices and Strengthening Families - so that we can offer those parents classes throughout our entire county. We provided the funding necessary for San Juan School District to launch and implement the Good Behavior Game in Blanding Elementary school this year. Community events, including our Fall Festival, are designed to target Family Mealtime and Family Bonding will also target the importance of upstream prevention in our communities.										
White Mesa (Ute Mountain Ute Reservation) White Mesa has one semi-active leaders in our SJCPAC Coalition. Their community has show interest in Parents Empowered messaging in their community and education centers. We have been working as part of our CPP grant with R&R to install messaging. We plan to continue building on that energy and excitement to generate more prevention awareness in a community that has been difficult to engage with in the past. We are working in all San Juan County communities to launch the new Gray Matters campaign, to help educate parents on the dangers of marijuana use on the developing teen brain. We also continue to support the "Let's Do this" / "Stoodis" campaign in San Juan County, which is based on Parents Empowered messaging - but delivered in a more culturally relevant package that resonates with families in our county. We are working to train all of our prevention staff in Guiding Good Choices and Strengthening Families - so that we can offer those parents classes throughout our entire county. Community events are designed to target Family Mealtime and Family Bonding will also target the importance of upstream prevention in our communities.										

Bluff Bluff community only has an elementary school, which feeds into San Juan High School in Blanding and Whitehorse High School in Montezuma Creek. We have one coalition member from that community. We are working to train all of our prevention staff in Guiding Good Choices and Strengthening Families - so that we can offer those parents classes throughout our entire county. We provided the funding necessary for San Juan School District to launch and implement the Good Behavior Game in Bluff Elementary school this year. We will continue to raise capacity with Bluff Elementary school and in the community to support upstream prevention efforts which will impact the area high schools it feeds into.					
Montezuma Creek / Aneth Area (Navajo Nation) This Area has several community members on our SJCPAC Coalition. Our plan is to establish a new coalition here within a few years. We are currently looking for a champion. We recently hired a part-time prevention coordinator, who lives in the Aneth community. She is very excited about reaching out to local key leaders and community members in an effort to raise prevention awareness. She has been in contact with local Chapter House leaders and she is helping strengthen and build up the youth coalition at WHS through training and recruitment efforts. The Youth Coalition works in tandem with the United National Indian Tribal Youth (UNITY) Club. We have planned various youth campaigns for the coming year, which ties directly to risk factors identified from the SHARP Survey and community Assessment. We also plan on having a Prevention week, sponsored by WHS, SJCPAC Coalition and the SJCYC to help build capacity within the community. We are working in all San Juan County communities to launch the new Gray Matters campaign, to help educate parents on the dangers of marijuana use on the developing teen brain. We also continue to support the "Let's Do this" / "Stoodis" campaign in San Juan County, which is based on Parents Empowered messaging - but delivered in a more culturally relevant package that resonates with families in our county. We are working to train all of our prevention staff in Guiding Good Choices and Strengthening Families - so that we can offer those parents classes throughout our entire county. We provided the funding necessary for San Juan School District to launch and implement the Good Behavior Game in Montezuma Creek Elementary school this year. Community events designed to target Family Mealtime and Family Bonding will also target the importance of upstream prevention in our communities.					
Monument Valley / Oljato / Mexican Hat (Navajo Nation) This Area has several community members on our SJCPAC Coalition. Two of our coalition members from this community, recently completed the CADCA Academy training and they are so excited about the possibility of establishing a new coalition here within a few years. We hired a part-time prevention coordinator, last year. She lives in the Oljato area. She is very excited about reaching out to local key leaders and community members in an effort to raise prevention awareness. She has been in contact with local Chapter House leaders in an effort to help gain support for implementation of the SHARP Survey in our River Region (tribal) schools. She is helping strengthen and build up the youth coalition at MVHS through training and recruitment efforts. The Youth Coalition works in tandem with the United National Indian Tribal Youth (UNITY) Club. We have planned various youth campaigns for the coming year, which ties directly to risk factors identified from the SHARP Survey and community Assessment. We also plan on having a Prevention week, sponsored by MVHS, SJCPAC Coalition and the SJCYC to help build capacity within the community. We are working in all San Juan County communities to launch the new Gray Matters campaign, to help educate parents on the dangers of marijuana use on the developing teen brain. We also continue to support the "Let's Do this" / "Stoodis" campaign in San Juan County, which is based on Parents Empowered messaging - but delivered in a more culturally relevant package that resonates with families in our county. We are working to train all of our prevention staff in Guiding Good Choices and Strengthening Families - so that we can offer those parents classes throughout our entire county. We provided San Juan School District the funding necessary to launch and implement the Good Behavior Game in Tse'Bii'Nidzizgai Elementary school this year. Community events designed to target Family Mealtime and Family Bonding will also target the importance of upstream prevention in our communities. We anticipate starting a new community coalition in this area within the next couple of years.					
NAVAJO MOUNTAIN (Navajo Nation) This area is a very small and remote community in the corner of San Juan County. Monument Valley coalition members try very hard to support that community in its prevention efforts. With the hiring of our part-time prevention specialist in Monument Valley, we hope to add to the support of coalition strategies and youth involvement efforts in the Navajo Mountain area. We are currently looking for a champion. We are strengthening and building up the youth coalition at NMHS through training and recruitment efforts and working in tandem with the United National Indian Tribal Youth (UNITY) Club. We have planned various youth campaigns for the coming year, which tie directly to risk factors identified from the SHARP Survey and Community Assessment. We also plan on having a Prevention week, sponsored by NMHS, SJCPAC Coalition and the SJCYC to help build capacity within the community. We are working in all San Juan County communities to launch the new Gray Matters campaign, to help educate parents on the dangers of marijuana use on the developing teen brain. We also continue to support the "Let's Do this" / "Stoodis" campaign in San Juan County, which is based on Parents Empowered messaging - but delivered in a more culturally relevant package that resonates with families in our county. We are working to train all of our prevention staff in Guiding Good Choices and Strengthening Families - so that we can offer those parents classes throughout our entire county. Community events designed to target Family Mealtime and Family Bonding will also target the importance of upstream prevention in our communities.					

NOTE: We are using our 2019 data on our logic models, due to the impact of covid 19 on our engagement numbers, especially in that our River Region (tribal) schools did not participate at all in 2021. Engagement in our Abajo Mountain (northern county) schools was very low in 2021. There is one exception on our logic models in reference to the Prescription Drugs. This substance is more of an issue (according to qualitative data we have) than our data has shown before. Therefore - we used 2021 SHARP data to substantiate this substance as a concern. Only within the last few weeks have we obtained permission to implement the SHARP Survey in our River Region schools. We are so excited that it went through. We anticipate that much of our Area Plan will change when we are able to obtain the SHARP data from the 2023 survey - which will move us back in line with our baseline data from 2019.

Please provide logic models on the Logic Models Tab

Year 2 Updates

Year 3 Updates

Provide a Logic Model by coalition and/or agency for each problem behavior being addressed funded by Block Grant, PFS, SOR, SPF Rx, or State General Funds. Make a copy of the blank one and paste below for each additional logic model needed.

Problem Behavior Goal		Reduce underage drinking by 4.3%							
Measures & Sources		Reduce Lifetime Use of Alcohol as reported by grade 12 from 16.3% in 2019 to 12% on 2029 SHARP Survey.							
Agency/Coalition		San Juan County Prevention Action Collaboration (SJCPAC) Coalition							
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
	Parent Attitudes	Twenty Seven percent of students reported family conflict in 2019	Strengthening Families / Guiding Good Choices	Universal	Blueprints Programs – Blueprints for Healthy Youth Development	Block Grant: State General Fund: Discretionary:	Parents who attend the program will show in crease in knowledge and skills related to conflict resolution, behavior modification and relationship building.	Parent Attitudes Favorable to ASB will decrease from 26.8% in 2019 to 24% in 2025 - as reported by grade 12. Family Attachment will increase from 51.3% in 2019 to 55% in 2025 as reported by grade 12.	Reduce Lifetime Use of Alcohol as reported by grade 12 from 16.3% in 2019 to 12% in 2029.
Logic		Alcohol use by youth outside of town on public lands and other locations.	Parents Empowered (adapted to resonate with San Juan County Families through delivery and messaging) Stoodis/Let's Do This Campaign	Universal	https://parentsempowered.org/	Discretionary (PXP) \$22,000	Number of drinking locations outside of town will decrease as indicated by focus groups		
Measures & Sources	SHARP Survey 2019	Community Mapping and Assessment activities					1. Pre/post test scores 2. Community Mapping and assessment activities	2025 SHARP Survey	2029 SHARP Survey
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Availability - Retail		EASY Compliance Checks	Universal	https://www.prevention.org/alcohol-policy-resource-center/law-enforcement-strategies/alcohol-compliance-checks/	Block Grant: State General Fund: Discretionary:	Increase in # of compliance checks conducted	Retail availability will decrease	Underage drinking will decrease
Measures & Sources	Mapping activity shows that alcohol is easy to access	No EASY Checks conducted - law enforcement data					2023 law enforcement data	2025 Mapping Activity	2029 SHARP Survey

Problem Behavior Goal		Reduce underage marijuana use by 3%															
Measures & Sources		Reduce Lifetime Use of marijuana in grade 12 from 26% in 2019 to 23% on 2029 SHARP Survey.															
Agency/Coalition		San Juan County Prevention Action Collaboration (SJCPAC) Coalition															
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes										
							Short (process)	Medium (3 to 5 years)	Long (10 years)								
Logic	Academic Failure	Youth marijuana use on school grounds throughout county communities	Good Behavior Game	Universal	https://sprc.org/online-library/good-behavior-game-gbg/#~:text=SPRC%20designated%20this%20intervention%20as,based%20positive%20youth%20development%20programs	\$27,291.00 Discretionary (PXP)	Targeted classroom strategies help students reduce aggressive and disruptive behavior in primary classrooms, teaching personal management and refusal skills	Reduce Academic Failure in grade 12 from 58.3% in 2019 to 55% in 2025.	Reduce Lifetime Use of marijuana in grade 12 from 26% in 2019 to 23% on 2029 SHARP Survey.								
Measures & Sources	SHARP Survey 2019	Community Mapping and Assessment activities. SHARP Survey 2019					Teacher Evaluations, classroom behavior logs, coalition meeting minutes and attendance logs.	2025 SHARP Survey	2029 SHARP Survey								
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes										
							Short (process)	Medium (3 to 5 years)	Long (10 years)								
Logic	Rewards for Prosocial Involvement Perceived Risk of Drug Use	Youth report lack of prosocial involvement and opportunities, youth don't think marijuana and other drugs are that dangerous to use	Youth Coalition	Universal	https://www.blueprintsprograms.org/programs/449999999/comunities-that-care/	Block Grant: State General Fund: Discretionary:	Form and strength youth coalitions in each area high school, train youth in prevention science, dangers of youth substance abuse, and help them learn how to identify local conditions and issues and have opportunities for prosocial involvement.	Rewards for Prosocial Involvement in grade 12 from 26% in 2019 to 23% in 2025. Perceived Risk of Drug Use as reported in grade 12 will increase from 52.1% in 2019 to 60% in 2025.	Reduce Lifetime Use of marijuana in grade 12 from 26% in 2019 to 23% on 2029 SHARP Survey.								
Measures & Sources	SHARP Survey 2019	SHARP Survey 2019					Meeting minutes and attendance rolls	2025 SHARP Survey	2029 SHARP Survey								

Problem Behavior Goal		Reduce Underage Drinking By 5%							
Measures & Sources		25% of youth in grades 6-12 report drinking alcohol in the past 30-days as measured on the 2021 SHARP survey							
Agency/Coalition		Coalition XYZ							
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Parental attitudes favorable to antisocial behavior	Parents don't set appropriate boundaries	Guiding Good Choices	Universal	Blueprints: Link	Block Grant: \$25,000 State General Fund: Discretionary:	Parents who attend program will show increase in knowledge related to setting appropriate boundaries	Prenatal attitudes favorable to antisocial behavior will decrease by 5% from 40% to 35% from 2021 to 2025	Underage drinking will decrease by 5% from 25% to 20% from 2021 to 2031
			Parents Empowered	Universal	Utah EBW Tier 3: Link	Block Grant: State General Fund: Discretionary: \$20,000	Increase in # of students reporting parents communicate about no alcohol use		
		Parents providing alcohol at home					Decrease in number of students reporting getting alcohol at home with permission		
Measures & Sources	40% of 6-12 grade--2021 SHARP Survey	1. 20% of parents communicate about no alcohol use 2021 SHARP 70% of parents don't know what rules to set--2020 focus groups 2. 45% of youth that drink report getting alcohol from home with permission--2021 SHARP					1. Pre/post test scores 2. Social media likes/shares, materials distributed, # of people at events SHARP Survey 3. SHARP Survey	2025 SHARP survey	2031 SHARP Survey
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Availability: Retail	Retail outlets have no consequences for selling to minors	EASY Compliance Checks	Universal	Link to What Works for Health Registry	Block Grant: \$23,000 State General Fund: Discretionary:	Increase in # of compliance checks conducted	Retail availability will decrease	Underage drinking will decrease by 5% from 25% to 20% from 2021 to 2031

Measures & Sources	2021 focus groups--youth report it is easy to buy alcohol	No EASY checks conducted--2022 law enforcement data		2023 Law enforcement data	2025 focus groups	2031 SHARP Survey
--------------------	---	---	--	---------------------------	-------------------	-------------------