

**Central Utah Counseling 3 Year Plan (2024-2026)**  
**Counseling FORM C - SUBSTANCE USE PREVENTION NARRATIVE**

With the intention of helping every community in Utah to establish sustainable [Community Centered Evidence Based Prevention](#) efforts, fill in the following table per the instructions below.

Not every community will be at optimal readiness nor hold highest priority. This chart is designed to help you articulate current prevention activities and successes as well as current barriers and challenges. Please work with your Regional Director if you have questions about how to best report on your communities. For instructions on how to complete this table, please see the [Community Coalition Status Tool](#) here.

List every community in your area defined by one of the following:

1. serving one of the 99 [Small Areas](#) within Utah
2. serving the communities that feed into a common high school
3. any other definition of community with OSUMH approval.

\*All "zero" or "no priority" communities may be listed in one row

CCEBP Community	CCEBP Community Coalition Status (see tool here)	Priority High Medium Low	Notes/ Justification of Priority	List of Programs Provided (if applicable)	Evidence Based Operating System (e.g. CTC, CADCA, Coalition Academy, PROSPER)	Links to community strategic plan
Gunnison	G	High	Key leader board established, CB established, Community assessment complete, area plan completed.	Guiding Good Choices, Prime for Life, EASY Compliance Checks, DEA 360, Know Your Script media campaign, Parents Empowered Media Campaign, and Community Family Nights Out.	The coordinator has been trained in CADCA Academy and has attended the CTC facilitator training, and is working w/ CTC Coach	<a href="https://docs.google.com/document/d/1s3if0PYAhDDGAPStoRsiNVSDYgPIez7U/edit">https://docs.google.com/document/d/1s3if0PYAhDDGAPStoRsiNVSDYgPIez7U/edit</a>
North Sanpete	E-7	Medium	Key leader board established, CB established, Community assessment complete, working on completing strategic plan and area plan	Guiding Good Choices, Prime for Life, Easy Compliance Checks, DEA 360, Know Your Script media campaign, Parents Empowered Media Campaign,	The coordinator has been trained in CADCA Academy and has attended the CTC facilitator training, and is working w/ CTC Coach	<a href="https://docs.google.com/document/d/1QXEVueR5vR0W4dntv3gluZ7B9VRIpuOps1VOAAYZQ/edit">https://docs.google.com/document/d/1QXEVueR5vR0W4dntv3gluZ7B9VRIpuOps1VOAAYZQ/edit</a>
Delta	F	High	Key leader board established, Community Assessment complete, Area Plan complete.	Guiding Good Choices, Prime for Life, EASY Compliance Checks, Community Family Nights Out, Parents Empowered Media Campaign, Know Your Script media campaign, DEA 360, WHY TRY after school program	CADCA Model	<a href="https://docs.google.com/document/d/1v4_Mp9-07HFW8Vm_0VJh9RQYHVXCSGc/edit">Delta First Strategic Plan EMPC FY 2022-2024.docx</a> <a href="https://docs.google.com/document/d/1v4_Mp9-07HFW8Vm_0VJh9RQYHVXCSGc/edit">https://docs.google.com/document/d/1v4_Mp9-07HFW8Vm_0VJh9RQYHVXCSGc/edit</a>
South Sanpete	G	High	Key leader board established, CB established, Community assessment complete, area plan complete, working on implementation	Guiding Good Choices, Prime for Life, Easy Compliance Checks, DEA 360, Know your script media campaign, Parents Empowered Media Campaign, and community family nights out	The coordinator has been trained in CADCA Academy and has attended the CTC facilitator training, and is working w/ CTC Coach	<a href="https://docs.google.com/document/d/1QIE7NvpO1hvCECsEMrIfqkIgbz3GSxVJPSQXdApAM/edit?usp=sharing">https://docs.google.com/document/d/1QIE7NvpO1hvCECsEMrIfqkIgbz3GSxVJPSQXdApAM/edit?usp=sharing</a>
East Millard	G	High	Key leader board established, CB established, area plan complete, strategic plan complete.	Guiding Good Choices, Prime for Life, Easy Compliance Checks, Community Family Nights Out, Parents Empowered Media Campaign, Know your script media campaign, DEA 360.	The coordinator has been trained in CTC and is working with a CTC Coach.	<a href="https://docs.google.com/document/d/1QIE7NvpO1hvCECsEMrIfqkIgbz3GSxVJPSQXdApAM/edit?usp=sharing">EMPC Strategic Plan EMPC FY 2022-2024.docx</a>
Juab	D-7	Medium	Key Leader Board established, CB established, They have been finding new ways to gather data and have completed the area plan.	Guiding Good Choices, Prime for Life, EASY Compliance Checks, Community Family Nights Out, Parents Empowered Media Campaign, Know Your Script media campaign, DEA 360.	Coordinator trained in CTC and working with CTC Coach Facilitator trained in CTC and working with CTC Coach	<a href="https://docs.google.com/document/d/1byOIZyQWgX8B1wlRCy3Cau2Z_EhaQv/edit">https://docs.google.com/document/d/1byOIZyQWgX8B1wlRCy3Cau2Z_EhaQv/edit</a>
Sevier	F	Med	Key Leader Board established, They have completed the area assessment and are completing the area plan.	Guiding Good Choices, Prime for Life, EASY Compliance Checks, Community Family Nights Out, Parents Empowered Media Campaign, Know Your Script media campaign, DEA 360.	Facilitator trained in CTC and working with CTC Coach	<a href="https://docs.google.com/document/d/1m8WfxuOsIKYMsdlJKRpNucY8zOYssQv/edit">https://docs.google.com/document/d/1m8WfxuOsIKYMsdlJKRpNucY8zOYssQv/edit</a>
Wayne	B	Low	We need to increase capacity by having a part-time person for this county.	None		
Piute	A	Low	We need to increase capacity by having a part-time person for this county.	None		

Area Narrative: Over the next three years, what will the LSAA do to support/enhance community driven evidence-based prevention? What are goals or expected outcomes for the LSAA and how will they be reached?

**Community: South Sanpete**  
 The Sanpete Cares coalition comprises all of the towns in Sanpete County that feed into Manti High School. These communities are Ephraim, Manti, and Sterling. Central Utah Counseling Center and the Coalition have completed the Community Assessment and identified the following risk and protective factors to be addressed: Low neighborhood attachment, family management, and low commitment to the school. The coalition also identified rewards for prosocial behavior as a protective factor to increase. Central Utah Counseling Center will work with the Sanpete Cares Coalition to increase readiness by working with key leaders to raise awareness of prevention efforts and increase reach to more areas in the community. CUCC expects to see an increase in community readiness as shown through the tri ethnic community readiness survey. Sanpete Cares Area is at a 3.5 on community readiness and we expect the community to be at a 4.5 in the next three years as the coalition works on educating the community on the risk and protective factors as well as bringing awareness to the identified problem behaviors. This effort will increase awareness of programs in the area and the importance of prevention efforts in the south Sanpete Area. Central Utah Counseling will continue to offer evidence-based programs to the community taught to fidelity. The Sanpete Cares Coalition has collaborated with the South Sanpete School District to provide evidence-based programming on school grounds such as the Good Behavior Game and the WHY TRY after school program. The coalition also supports teachers teaching Botvin's Life Skills both in health classes and as part of the afterschool program efforts. This collaboration also helps the Sanpete Cares Coalition increase the school district's capacity by providing training on evidence-based prevention practices and policy. In the next three years Central Utah Counseling will continue to work with local authorities to increase EASY compliance checks with a goal of having each alcohol vender having at least one check per year. Central Utah Counseling will continue to increase capacity by training members of the Sanpete Cares Coalition in prevention science and cultural competency. The Counseling Center will also evaluate programming to ensure that programs are taught to fidelity and ensure that programming effectively reduces the risk factors and increases protective factors. By adhering to these guidelines, Central Utah Counseling expects to see a reduction in the risks previously identified and an increase in rewards for prosocial involvement among youth. Central Utah Counseling also expects to see a decrease in lifetime alcohol use among adolescents, e-cigarette use among youth, and a reduction in youth marijuana use.

**Community: North Sanpete**  
 The North Sanpete Cares coalition comprises all of the towns in Sanpete County that feed into North Sanpete High School. These communities are Mt Pleasant, Moroni, Wales, Spring City, Fairview, Chester, Freedom, Milburn, and Indianola. Central Utah Counseling Center and the Coalition have completed the Community Assessment and identified the following risk and protective factors to be addressed: Low neighborhood attachment, Parental Attitudes Favorable toward Antisocial behavior, and low commitment to the school. The coalition also identified rewards for prosocial behavior as a protective factor to increase. The coalition has completed a GAP analysis and the area plan. North Sanpete Cares Coalition is working to improve readiness by working with local cities to advance prevention. This area is a challenge as the towns are spread out, and there is no central meeting place. Central Utah has chosen to focus programming and prevention efforts in the Mt Pleasant and Moroni area around the Middle and High schools. The coalition is working to increase capacity and bring services to the Fairview Indianola and Fountain Green areas. Travel to current programming and events can take up to an hour in drive time. Central Utah Counseling Center will work with the North Sanpete Cares Coalition to increase readiness by working with key leaders to raise awareness of prevention efforts and increase reach to more areas in the community. This effort will increase awareness of programs in the area and the importance of prevention efforts in the North Sanpete Area. Central Utah Counseling will continue to offer evidence-based programs to the community taught to fidelity. The North Sanpete Cares Coalition has collaborated with the North Sanpete School District to provide evidence-based programming on school grounds. This collaboration also helps the North Sanpete Cares Coalition increase the school district's capacity by providing training on evidence-based prevention practices and policy. Central Utah Counseling will continue to work with local authorities to increase EASY compliance checks. Central Utah Counseling will continue to increase capacity by training members of the North Sanpete Cares Coalition in prevention science and cultural competency. The Counseling Center will also evaluate programming to ensure that programs are taught to fidelity and ensure that programming effectively reduces the risk factors and increases protective factors. By adhering to these guidelines, Central Utah Counseling expects to see a reduction in the risks previously identified and an increase in rewards for prosocial involvement among youth. Central Utah Counseling also expects to see a decrease in lifetime alcohol use among adolescents, e-cigarette use among youth.

**Community: Gunnison**

**Please provide logic models on the Logic Models Tab**

**Year 2 Updates**

**Year 3 Updates**

Problem Behavior Goal									
Measures & Sources									
Agency/Coalition									
Outcomes									
Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)	
Logic	Parental attitudes. Favorable toward. Antisocial Behavior	Guiding Good Choices. Parenting class	Universal	Blueprints for Healthy Youth Development	Block Grant: State General Fund: \$2,000 Discretionary:	24 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.	parental attitudes favorable toward ASB will reduce by 5% on the North Sanpete SHARPS from 40% to 35% by 2027.	Reduce lifetime vaping by 5% from 14.2% to 9.2% by the 2031 North Sanpete SHARPS	
Measures & Sources	North Sanpete SHARPS 40%, 2021	Parents not setting clear standard for youth around substances use. Youth Focus Group only 4 out of 35 youth in the		Blueprints for Healthy Youth Development	Block Grant: State General Fund: \$1,000: Discretionary:	10 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.			North Sanpete SHARPS 2025,2027, 2029,2031
	Risk/Protective factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Low neighborhood attachment	Children are home alone after school until parents are home from work	Community. Family night. Out	Universal	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund: Discretionary:\$ 4,000	600 people at the Community Family Night out event. 60% of attendees reporting that they learned skills about talking to youth concerning substances.		
Measures & Sources	North Sanpete SHARPS 2021, 32.9%	Kids feel that they are not valued in the community	CTC Coalition.	Selective	https://www.blueprintsprograms.org/	Block Grant: State General Fund: Discretionary: \$700	80% attendance at coalition meeting. complete phase 3	Low Neighborhood attachment will reduce by 4% from 32.9% to 28.9% by 2027. SHARP survey.	Reduce lifetime vaping by 5% from 14.2% to 9.2% by the 2031 North Sanpete SHARPS
Logic	Low commitment to school	only 11 out of 35 students in the youth focus group felt valued by their community. North Sanpete student survey on truancy.	Social Development Strategy Training.	Universal	https://www.blueprintsprograms.org/ Pillar of the CTC evidence based program	Block Grant: State General Fund: Discretionary: \$700	52% of community coaches trained in SD3.		
Measures & Sources	North Sanpete SHARPS 2021, 44.8%						Attendance, Community Family Night Out Survey, Coalition Meeting Min. CTC milestones and benchmarks checklist. Pre and post survey for the SD3 training		North Sanpete SHARPS 2025,2027, 2029,2031
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	High youth behavioral problems at school level	Youth don't have opportunities to engage in school activities.	Youth Coalition (CTC)	Universal	https://www.blueprintsprograms.org/	Block Grant: State General Fund: Discretionary:	Train youth leadership in prevention science complete phase 4 in CTC process. 65 students participating in the youth coalition		
Measures & Sources	North Sanpete SHARPS 2021, 44.8%						80% of 1st and 2nd grade teachers doing the program to fidelity. reduction in disciplinary problems in elementary school age children from 47 incidents in 2022 to 38 in 2024		
							25 kids participating in the high school afterschool program and students participating showing an increase in skills from the pre to post tests.	Reduce low commitment to school by 5% from 44.8% to 39.8% by the 2027 SHARP Survey	Reduce lifetime vaping by 5% from 14.2% to 9.2% by the 2031 North Sanpete SHARPS
Logic	Low commitment to school	High youth behavioral problems at school level	WHY TRY after school program	Selective	https://www.blueprintsprograms.org/	Block Grant: State General Fund: \$700 Discretionary:	40 kids participating in the middle school after school program and students participating showing an increase in skills from the pre to post test		
Measures & Sources	North Sanpete SHARPS 2021, 44.8%						Attendance lists pre and post survey data for all programs. CTC milestones and benchmark checklist. Fidelity checklist for G8G. Disciplinary records school district		North Sanpete SHARPS 2023,2025,2027, 2029,2031
Problem Behavior Goal									
Measures & Sources									
Agency/Coalition									
Outcomes									
Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)	
Logic	Parental attitudes. Favorable toward ASB	kids get alcohol from home without parents permission	Guiding Good Choices. Parent Class	Universal	https://www.blueprintsprograms.org/	Block Grant: State General Fund: \$400 Discretionary:	Have 40 parents come to the parent meetings at the high school twice a year. Parents will feel better prepared to talk to their youth about alcohol.	parental attitudes favorable toward ASB will reduce by 5% on the North Sanpete SHARPS from 40% to 35% by 2027.	Reduce lifetime alcohol use in students between 8-12 grades from 13.5% to 9.5%
Measures & Sources	North Sanpete SHARPS 36.2%, 2021	Parents don't set appropriate boundaries around substances	Parents Empowered	Universal	EB workgroup	Block Grant: State General Fund: \$500 Discretionary:	24 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.		
							Increase in # of students reporting parents communicate about no alcohol use		
Measures & Sources	North Sanpete SHARPS 40%, 2021	Parents don't set clear boundaries on substance use. Youth Focus Group only 4 out of 35 youth in the focus group stated that parents set clear boundaries on substances.					SHARPS 2023, 2025 Attendance lists Fidelity Checks and pre and post surveys for G8G attendance and surveys for the parent meetings.		North Sanpete SHARPS 2023, 2025,2027, 2029,2031
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)

Logic	Laws and Norms Favorable	Kids are getting alcohol at local convenience stores Kids feel that there are no consequences for substance use at school.	EASY Compliance checks Youth Coalitions (CTC)	Selective Universal	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change <a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund \$100 Discretionary Block Grant: \$2,000 State General Fund; Discretionary:	Increase number of EASY Compliance checks in the Sanpete county area from 8 to 10 Train youth leadership in prevention science complete phase 4 in CTC process. 65 students participating in the youth coalition. Youth coalition will also work with the school on the substance use policy.	Reduce lifetime alcohol use in students between 8-12 grades from 13.5% to 9.5%
Measures & Sources		2021 SHARPS Focus Group 15 out of 35 students in the focus group thought that there were few if any consequences from substance use at school.					EASY Compliance state reporting, CTC Milestones and benchmarks checklist.	North Sanpete SHARPS 2023, 2025, 2027 North Sanpete SHARPS 2023, 2025, 2027

**Problem Behavior Goal** Reduce lifetime vaping by 5% in middle school students From 16.9% to 11.9%

**Measures & Sources** Ephraim Middle School SHARPS baseline 2021 16.9%

**Agency/Coalition** Sanpete Cares

								Outcomes
Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)

Logic	Poor Family Management	middle school kids are home alone from 7:30 when school gets out to 5:00 when parents get home from work. Parents not setting clear standard for youth around substances	Guiding Good Choices Parenting class Strengthening Families	Universal	Blueprints for Healthy Youth Development Blueprints for Healthy Youth Development	Block Grant: State General Fund: \$2,000 Discretionary: Block Grant: State General Fund: \$1,000; Discretionary:	24 families participating in the classes and 80% of participants feeling that they are better able to manage family concerns. 10 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.	Poor Family management will reduce by 5% on the Ephraim Middle School SHARPS from 36.4% to 31.4% by 2027 Reduce lifetime vaping by 5% from 16.9% to 11.9% by the 2031 Ephraim middle school SHARPS
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Measures & Sources	Ephraim Middle School SHARPS 36.4% 2021	Ephraim Middle School SHARPS 36.2% Only 30% of parents set clear boundaries on substance use. Youth Focus Group only 8 out of 35 youth in the focus group stated that parents set clear boundaries on substances. South Sanpete school data 37.2% of kids are not monitored until parents come home from work.					Pre and Post testing for both programs as well as attendance lists.	Ephraim Middle School SHARPS 2023, 2025, 2027 Ephraim Middle School SHARPS 2023, 2025, 2027
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	Risk/Protective factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
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Logic	Low neighborhood attachment	Community Family Night Out CTC Coalition	Universal Selective	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change <a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund: Discretionary \$4,000 Block Grant: \$2,000 State General Fund; Discretionary: \$700	600 people at the Community Family Night out event. 60% of attendees reporting that they learned skills about talking to youth concerning substances. 80% attendance at coalition meeting, complete phase 3 52% of community coaches trained in SDS.	Low Neighborhood attachment will reduce by 6% from 43.2% to 37.2% by 2027 SHARP survey.	Reduce lifetime vaping by 5% from 16.9% to 11.9% by the 2031 Ephraim middle school SHARPS
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Measures & Sources	Ephraim Middle school SHARPS 2021 43.2%						Attendance, Community Family Night Out Survey, Coalition Meeting Min, CTC milestones and benchmarks checklist, Pre and post survey for the SDS training	Ephraim Middle school SHARPS 2023, 2025, 2027 Ephraim Middle School SHARPS 2023, 2025, 2027
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	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
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Logic	Low commitment to school	Youth don't have opportunities to engage in school activities. High youth behavioral problems at the school level	Youth Coalition (CTC) Good Behavior Game Botvin Life Skills After School Program WHY TRY after school program	Universal Universal Universal Selective	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a> <a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a> <a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a> <a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: \$2,000 State General Fund; Discretionary: Block Grant: State General Fund: \$500 Discretionary: Block Grant: State General Fund: \$700 Discretionary: Block Grant: State General Fund: \$700 Discretionary:	Train youth leadership in prevention science complete phase 4 in CTC process. 65 students participating in the youth coalition 80% of 1st and 2nd grade teachers doing the program to fidelity, reduction in disciplinary problems in elementary school age children from 47 incidents in 2022 to 38 in 2024 25 kids participating in the middle school afterschool program and students participating showing an increase in skills from the pre to post tests. 40 kids participating in the middle school after school program and students participating showing an increase in skills from the pre to post test	Reduce low commitment to school by 5% from 46% to 41% by the 2027 SHARP Survey Reduce lifetime vaping by 5% from 16.9% to 11.9% by the 2031 Ephraim middle school SHARPS
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Measures & Sources	Ephraim Middle School SHARPS 2021 46%	Ephraim Middle School SHARPS South Sanpete disciplinary data from school district					Attendance lists pre and post survey data for all programs, CTC milestones and benchmark checklist, Fidelity checklist for GSG, Disciplinary records, school district	Ephraim Middle School SHARPS 2023, 2025, 2027 Ephraim Middle School SHARPS 2023, 2025, 2027
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**Problem Behavior Goal** Reduce lifetime alcohol use in middle School students between from 11.1% to 8.5%

**Measures & Sources** Ephraim Middle school SHARPS baseline 13.5% 2021

**Agency/Coalition** Sanpete Cares

								Outcomes
Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)



							Outcomes		
Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)	
	Youth don't have opportunities to engage in school activities.	Youth Coalition (CTC)	Universal	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund; Discretionary:	Train youth leadership in prevention science complete phase 4 in CTC process. 65 students participating in the youth coalition			
	High youth behavioral problems at the school level	Good Behavior Game	Universal	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund; Discretionary:	80% of 1st and 2nd grade teachers doing the program to fidelity, reduction in disciplinary problems in elementary school age children from 28 incidents in 2022 to 18 in 2024	Reduce low commitment to school by 5% from 44.5% to 39.8% by the 2027 SHARPS Survey	Reduce lifetime vaping by 5% From 28.2% to 23.2%	
Logic	Low commitment to school	WHY TRY after school program	Selective	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund; Discretionary:	30 kids participating in the middle school after school program and students participating showing an increase in skills from the pre to post test			
Measures & Sources	Gunnison SHARPS 2021 47.9%	Gunnison SHARPS				Attendance lists pre and post survey data for all programs... CTC milestones and benchmark checklist. Fidelity checklist for GBO. Disciplinary records school district	Gunnison SHARPS 2025,2027	Gunnison SHARPS 2025,2027, 2029,2031	

<b>Problem Behavior Goal</b>	Reduce opioid overdose death in adults between the ages of 35-45 from 21.5deaths per 100,000 to 19 deaths per 100,000
<b>Measures &amp; Sources</b>	Sanpete County IBIS 2021 Data
<b>Agency/Coalition</b>	Gunnison Valley Cares

							Outcomes		
Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)	
		Physician Education	Universal	<b>SAMHSA evidence based</b> Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund; \$400 Discretionary:	Have 20 Physicians attended the education opportunities			
	High prescription rate of opioids from dentist offices	DEA 360 community table talks	Universal	<b>SAMHSA evidence based</b> Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund; \$400 Discretionary:	10 community table talks with 15 to 30 people in attendance each. Time, naloxone distribution will happen with each table talk			
	People do not know where they can drop off medication for safe disposal	Know your script messaging	Universal	<b>EB workgroup</b>	Block Grant: \$500 State General Fund; Discretionary:	Increase in # of community members who understand the importance of asking questions before filling prescription medications			
Logic	Availability	Medication take back days	Universal	<b>SAMHSA evidence based</b> Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: \$500 State General Fund; Discretionary:	Have 200 people in the community participate in the medication take back day	Availability will be reduced by 5% on the Gunnison SHARPS from 28.2 to 23.2% by 2027	Reduce opioid overdose death between the ages of 35-45 from 21.5 deaths per 100,000 to 19 deaths per 100,000	
Measures & Sources	Gunnison SHARPS 2021 29.2% 2021	Found recovered at medication drop box. Health department epidemiologist				Attendance lists Sherriff's office. Count for medication take back days and surveys from physician education and medication takeback days.	Gunnison SHARPS 2025,2027	Sanpete county Data from IBIS opioid overdose deaths 2021-2031	

							Outcomes		
Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)	
		Naloxone distribution	Selective	<b>SAMHSA evidence based</b> Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund;\$100 Discretionary:	Distribute 25 naloxone kits with resources on where to get treatment in the area...			
	Low Neighborhood attachment	Sigma for accessing treatment for substance use	Sober Socials	<b>SAMHSA evidence based</b> Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: \$2,000 State General Fund; Discretionary:	Provide a safe space for those in recovery to interact with the community held quarterly. Those attending will feel more supported in their recovery as seen in the survey	Low Neighborhood attachment will reduce by 4% from 33.1% to 29.1% by 2027 SHARP survey	Reduce opioid overdose death in adults between the ages of 35-45 from 21.5 deaths per 100,000 to 19 deaths per 100,000	
Measures & Sources	Gunnison SHARPS 2021 33.1%					Attendance surveys for the sober socials.	Gunnison SHARPS 2025,2027	Sanpete county Data from IBIS opioid overdose deaths 2021-2031	

<b>Problem Behavior Goal</b>	Reduce lifetime vaping by 5% From 19.3% to 14.2%
<b>Measures &amp; Sources</b>	Delta SHARPS baseline 2021 14.2%
<b>Agency/Coalition</b>	Delta First Community Coalition

							Outcomes		
Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)	
	Kids get vape products from home	Guiding Good Choices Parenting class	Universal	<b>Blueprints for Healthy Youth Development</b>	Block Grant: State General Fund; \$2,000 Discretionary:	24 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.	parental attitudes favorable toward ASB will reduce by 5% on the Delta SHARPS from 44.7% to 39.7% by 2027	Reduce lifetime vaping by 5% From 19.3% to 14.2%	
Logic	Parental attitudes Favorable toward Antisocial Behavior	Parents not setting clear standard for youth around substances	Strengthening families	<b>Blueprints for Healthy Youth Development</b>	Block Grant: State General Fund; \$1,000; Discretionary:	10 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.			
Measures & Sources	Delta SHARPS 44.7% 2021	Delta SHARPS Only 24.1% of parents set clear boundaries on substance use. 21.6% get vape products from home.				Pre and Post testing for both programs as well as attendance lists.	Delta SHARPS 2025,2027	Delta SHARPS 2025,2027, 2029,2031	

							Outcomes		
Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)	
	Children are home alone after school until parents are home from work	Community family night Out	Universal	<b>SAMHSA evidence based</b> Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund; Discretionary-\$ 4,000	899 people at the Community Family Night out event. 89% of attendees reporting that they learned skills about talking to youth concerning substances.			
	Low neighborhood attachment	CTC Coalition	Selective	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund; \$2,000 Discretionary:	80% attendance at coalition meeting complete phase 3	Low Neighborhood attachment will reduce by 5% from 30% to 25% by 2027 SHARP survey	Reduce lifetime vaping by 5% From 19.3% to 14.2%	
Logic	Kids feel that they are not valued in the community	Social Development Training	Universal	<b>Pillar of the CTC evidence based program</b>	Block Grant: State General Fund; Discretionary: \$700	52% of community coaches trained in SDS.			

Measures & Sources	Delta SHARPS 2021 30%						Attendance, Community Family, Night Out Survey, Coalition Meeting, Min, CTC milestones and benchmarks checklist, Pre and post survey for the SDS training	Delta SHARPS 2025,2027, 2029,2031	Delta SHARPS 2025,2027, 2029,2031
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Low commitment to school	Youth don't have opportunities to engage in school activities.	Youth Coalition (CTC)	Universal	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: \$2,000 State General Fund; Discretionary:	Train youth leadership in prevention science complete phase 4 in CTC process. 35 students participating in the youth coalition	Reduce low commitment to school by 5% from 50.5% to 45.6% by the 2027 SHARP Survey	Reduce lifetime vaping by 5% from 19.3% to 14.2%
		High youth behavioral problems at the school level	Boivin Life Skills After School Program	Universal	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund: \$700 Discretionary:	80% of 1st and 2nd grade teachers doing the program to fidelity, reduction in disciplinary problems in elementary school age children from 12 incidents in 2022 to 9 in 2024		
Measures & Sources	Delta SHARPS 2021 50.6%	Delta SHARPS 66.6% Behavioral problem list form, millard school district.					Attendance lists pre and post survey data for all programs, CTC milestones and benchmark checklist, Fidelity checklist for, GSG, Disciplinary records, school district	Delta SHARPS 2025,2027	Delta SHARPS 2025,2027, 2029,2031

<b>Problem Behavior Goal</b>	Reduce opioid overdose death in adults between the ages of 35-45 from 24.2 deaths per 100,000 to 19 deaths per 100,000								
<b>Measures &amp; Sources</b>	Millard County IBIS 2021 Data								
Agency/Coalition	Delta First Community Coalition								
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Availability	High prescription rate of opioids from dentist offices	Physician Education	Universal	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund: \$400 Discretionary:	have 20 physicians attend education opportunities	Availability will be reduced by 5% on the SHARPS from 23.1 to 18.1% by 2027	Reduce opioid overdose death in adults between the ages of 35-45 from 24.2 deaths per 100,000 to 19 deaths per 100,000
		People do not know where they can drop off medication for safe disposal	Know your script messaging	Universal	EB workgroup	Block Grant: \$500 State General Fund; Discretionary:	Increase in # of community members who understand the importance of asking questions before filling prescription medications		
		Medication take back days	Medication take back days	Universal	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: \$500 State General Fund; Discretionary:	Have 200 people in the community participate in the medication take back day.		
Measures & Sources	Delta SHARPS 23.1% 2021	Pound recovered at medication drop box, Health department epidemiologist					Attendance lists Sherriff's office, court, for medication take back days, and surveys from physician education and medication takeback days.	Delta SHARPS 2025,2027	Millard county Data from IBIS opioid overdose deaths 2021-2031
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Low Neighborhood attachment	Stigma for accessing treatment for substance use.	Sober Socials	Universal	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: \$2,000 State General Fund; Discretionary:	Provide a safe space for those in recovery to interact with the community held quarterly . Those attending will feel more supported in their recovery as seen in the survey	Low Neighborhood attachment will reduce by 5% from 30% to 25% by 2027 SHARP survey.	Reduce opioid overdose death in adults between the ages of 35-45 from 24.2 deaths per 100,000 to 19 deaths per 100,000
Measures & Sources	Delta SHARPS 2021 30%						Attendance, surveys for the sober socials.	Delta SHARPS 2025,2027	Millard county Data from IBIS opioid overdose deaths 2021-2031

<b>Problem Behavior Goal</b>	Reduce lifetime Marijuana use in middle school students from 12.1% to 7.5%								
<b>Measures &amp; Sources</b>	Delta Middle School SHARPS baseline 11.4% 2021								
Agency/Coalition	Delta First Community Coalition								
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Parental attitudes Favorable toward Antisocial Behavior	Parents don't set appropriate boundaries around substances.	Guiding Good Choices Parent Class	Universal	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund; Discretionary:	24 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.	parental attitudes favorable toward ASB will reduce by 5% on the Delta SHARPS from 44.7% to 39.7% by 2027	Reduce lifetime Marijuana use in middle school students from 12.1% to 7.5%
		Delta Middle School SHARPS Only 32% of parents set clear boundaries on substance use.	Grey Matters	Universal	Not EB	Block Grant: State General Fund; Discretionary:	Increase in # of students reporting parents communicate about no substance use		
Measures & Sources	Delta SHARPS 44.7% 2021						Attendance, surveys for the sober socials.	Delta Middle School SHARPS 2023,2025,2027	Delta Middle School SHARPS 2025,2027, 2029,2031

<b>Problem Behavior Goal</b>	Reduce lifetime vaping by 5% From 17.7% to 12.7%								
<b>Measures &amp; Sources</b>	Fillmore SHARPS baseline 2021 17.7%								
Agency/Coalition	east millard Prevention Coalition								
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Parental attitudes Favorable toward Antisocial Behavior	kids get vape products from home	Guiding Good Choices Parenting class	Universal	Blueprints for Healthy Youth Development	Block Grant: State General Fund: \$2,000 Discretionary:	24 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.	parental attitudes favorable toward ASB will reduce by 5% on the Fillmore SHARPS from 34.7% to 29.7% by 2027	Reduce lifetime vaping by 5% from 17.7% to 12.7%
		Parents not setting clear boundaries for youth around substances	Strengthening families	Universal	Blueprints for Healthy Youth Development	Block Grant: State General Fund \$1,000; Discretionary:	10 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.		

Measures & Sources	Fillmore SHARPS 34.7% 2021	Fillmore SHARPS. Only 34.6% of parents set clear boundaries on substance use. 16.7% get vape products from home.					Pre and Post testing for both programs as well as attendance lists.	Fillmore SHARPS 2025,2027	Fillmore SHARPS 2025,2027, 2029,2031
	Risk/ Protective factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Low neighborhood attachment	Children are home alone after school until parents are home from work	Community family night Out	Universal	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund: Discretionary: \$4,000	800 people at the Community Family Night out event. 64% of attendees reporting that they learned skills about talking to youth concerning substances.	Low Neighborhood attachment will reduce by 5% from 24.4% to 19.4% by 2027 SHARP survey.	Reduce lifetime vaping by 5% From 17.7% to 12.7%
			CTC Coalition	Selective	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund: Discretionary: \$2,000	80% attendance at coalition meeting, complete phase 3		
			Social Development Strategy Training	Universal	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a> Pillar of the CTC evidence based program	Block Grant: State General Fund: Discretionary: \$700	52% of community coaches trained in SDS		
Measures & Sources	Fillmore SHARPS 2021 24.4%						Attendance, Community Family Night Out Survey, Coalition Meeting, Min, CTC milestones and benchmarks checklist, Pre and post survey for the SDS training	Fillmore SHARPS 2025,2027	Fillmore SHARPS 2025,2027, 2029,2031
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Low commitment to school	Youth don't have opportunities to engage in school activities.	Youth Coalition (CTC)	Universal	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund: Discretionary: \$2,000	Train youth leadership in prevention science complete phase 4 in CTC process. 65 students participating in the youth coalition		
			Good Behavior Game	Universal	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund: \$500 Discretionary:	80% of 1st and 2nd grade teachers doing the program to fidelity, reduction in disciplinary problems in elementary school age children from 47 incidents in 2022 to 38 in 2024	Reduce low commitment to school by 5% from 47.6% to 42.7% by the 2027 SHARP Survey	Reduce lifetime vaping by 5% From 17.7% to 12.7%
			Botwin Life Skills After School Program	Universal	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund: \$700 Discretionary:	25 kids participating in the high school afterschool program and students participating showing an increase in skills from the pre to post tests.		
Measures & Sources	Fillmore SHARPS 2021 47.6%	Delta SHARPS 65.1% Behavioral problem list form, millard school district.					Attendance lists pre and post survey data for all programs, CTC milestones and benchmark checklist, Fidelity checklist for GBG, Disciplinary records, school district	Fillmore SHARPS 2025,2027	Fillmore SHARPS 2025,2027, 2029,2031

<b>Problem Behavior Goal</b>									
Reduce lifetime alcohol use in all students from 16.3% to 11.3%									
<b>Measures &amp; Sources</b>									
Fillmore SHARPS baseline 16.3% 2021									
<b>Agency/Coalition</b>									
East Millard Prevention Coalition									
							Outcomes		
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Parental attitudes Favorable toward Antisocial Behavior	Kids get alcohol from home without parents permission. Parents don't set appropriate boundaries around substances.	Guiding Good Choices Parent Class	Universal	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund: Discretionary:	Have 50 parents come to the parent meetings at the high school twice a year. Parents will feel better prepared to talk to their youth about alcohol.	parental attitudes favorable toward ASB will reduce by 5% on the Fillmore SHARPS from 34.7% to 29.7% by 2027	Reduce lifetime alcohol use in all students from 16.3% to 11.3%
			Parents Empowered	Universal	EB workgroup	Block Grant: State General Fund: Discretionary:	Increase in # of students reporting parents communicate about no alcohol use		
Measures & Sources	Fillmore SHARPS 34.7% 2021	Ephraim Middle School SHARPS. Only 32% of parents set clear boundaries on substance use. Youth Focus Group only 8 out of 35 youth in the focus group stated that parents set clear boundaries on substances...					SHARPS 2023,2025 Attendance lists Fidelity Checks and pre and post surveys for GBG attendance and surveys for the parent meetings.	Fillmore SHARPS 2023,2025,2027	Fillmore SHARPS 2025,2027, 2029,2031
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Laws and Norms Favorable	Kids are getting alcohol at local convenience stores. Kids feel that there are no consequences for substance use at school.	EASY Compliance checks	Selective	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund: Discretionary:	Increase number of EASY Compliance checks in the Sanpete county area from 0 to 10	Reduce Laws and Norms favorable toward drug use by 5% from 28.4% to 23.4% by 2027 SHARPS	Reduce lifetime alcohol use in all students from 16.3% to 11.3%
			Youth Coalitions (CTC)	Universal	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund: Discretionary:	Train youth leadership in prevention science complete phase 4 in CTC process. 65 students participating in the youth coalition. Youth coalition will also work with the school on the substance use policy.		
Measures & Sources	Fillmore SHARP 2021 28.4%	2021 SHARPS Focus Group 12 out of 35 students in the focus group thought that there were few if any consequences from substance use at school.					EASY Compliance state reporting, CTC Milestones and benchmarks checklist.	Fillmore SHARPS 2023,2025,2027	Fillmore SHARPS 2025,2027, 2029,2031

<b>Problem Behavior Goal</b>									
Reduce lifetime Marijuana use in middle school students from 12.1% to 7.5%									
<b>Measures &amp; Sources</b>									
Fillmore Middle School SHARPS baseline 11.4% 2021									
<b>Agency/Coalition</b>									
Delta First Community Coalition									
							Outcomes		
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
			Guiding Good Choices Parent Class	Universal	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund: Discretionary:	24 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.	parental attitudes favorable toward ASB	



	Parental attitudes. Favorable toward. Antisocial Behavior	Parents don't set appropriate boundaries around substances	Grey Matters	Universal	Not EB		Block Grant: State General Fund; Discretionary:	Increase in # of students reporting parents communicate about no substance use	toward ASB will reduce by 5% on the Fillmore SHARPS from 34.7% to 29.7% by 2027	Reduce lifetime Marijuana use in middle school students from 12.1% to 7.5%
Measures & Sources	Fillmore SHARPS 34.7% 2021	Fillmore Middle School SHARPS Only 33.7% of parents set clear boundaries on substance use							Fillmore Middle School SHARPS 2023,2025,2027	Fillmore Middle School SHARPS 2025,2027, 2029,2031

**Problem Behavior Goal** Reduce lifetime alcohol use in students between 8th and 12 grades by 5% From 16.1% to 11.1%  
**Measures & Sources** Sevier SHARPS baseline 2021 16.1%  
**Agency/Coalition** Central Utah Prevention Coalition

Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes		
						Short (process)	Medium (3 to 5 years)	Long (10 years)
Parental attitudes. Favorable toward. Antisocial Behavior	Youth get alcohol from home	Guiding Good Choices Parenting class	Universal	<a href="https://www.blueprintsforhealthydevelopment.org/">Blueprints for Healthy Youth Development</a>	Block Grant: State General Fund: \$2,000 Discretionary:	24 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.	parental attitudes favorable toward ASB will reduce by 5% on the Sevier SHARPS from 39.7% to 34.7% by 2027	Reduce lifetime alcohol use in students between 8th and 12 grades by 5% From 16.1% to 11.1%
Parental attitudes. Favorable toward. Antisocial Behavior	Parents not setting clear standard for youth around substances	Parents Empowered	Universal	EB workgroup	Block Grant: State General Fund: Discretionary:	Increase in # of students reporting parents communicate about no alcohol use		
Parental attitudes. Favorable toward. Antisocial Behavior	Sevier SHARPS 28.7% Only 27.4% of parents set clear boundaries on substance use	Strengthening families	Universal	<a href="https://www.blueprintsforhealthydevelopment.org/">Blueprints for Healthy Youth Development</a>	Block Grant: State General Fund \$1,000; Discretionary:	10 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.		
Measures & Sources	Sevier SHARPS 39.7% 2021					Pre and Post testing for both programs as well as attendance lists.	Sevier SHARPS 2025,2027	Sevier SHARPS 2025,2027, 2029,2031

Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes		
						Short (process)	Medium (3 to 5 years)	Long (10 years)
Low neighborhood attachment	Children are home alone after school until parents are home from work	Community family night Out	Universal	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change <a href="https://www.samhsa.gov/2k19/prevention-strategies">https://www.samhsa.gov/2k19/prevention-strategies</a>	Block Grant: State General Fund: Discretionary-\$ 4,000	900 people at the Community Family Night out event. 80% of attendees reporting that they learned skills about talking to youth concerning substances.		
Low neighborhood attachment	Young people state that there is nothing to do in town so they drink up the canyon and are driving home under the influence	EASY Compliance checks	Selective	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change <a href="https://www.samhsa.gov/2k19/prevention-strategies">https://www.samhsa.gov/2k19/prevention-strategies</a>	Block Grant: State General Fund: Discretionary:	80% attendance at coalition meeting complete phase 3	All alcohol vendors will be checked at least once each year.	Low Neighborhood attachment will reduce by 4% from 38.8% to 33.8% by 2027 SHARP survey
Low neighborhood attachment	Sevier school district data states that 17.8% of students are home alone from 3:10 when school gets out to around 5:00 when parents get home. Sevier SHARPS 6.7% of kids drove with someone they knew to have been drinking	Social Development Strategy Training	Universal	CTC evidence based program	Block Grant: State General Fund: \$700	52% of community coaches trained in SDS.		
Measures & Sources	Sevier SHARPS 2021 38.8%					Attendance, Community Family Night Out Survey, Coalition Meeting Min. CTC milestones and benchmarks checklist, Pre and post survey for the SDS training	Sevier SHARPS 2025,2027	Sevier SHARPS 2025,2027, 2029,2031

Risk/Protective Factor	Local Conditions	Strategies	Population: Universal Selective Indicated	Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes		
						Short (process)	Medium (3 to 5 years)	Long (10 years)
Low commitment to school	Youth don't have opportunities to engage in school activities.	Youth Coalition (CTC)	Universal	<a href="https://www.blueprintsforhealthydevelopment.org/">https://www.blueprintsforhealthydevelopment.org/</a>	Block Grant: State General Fund: Discretionary:	Train youth leadership in prevention science complete phase 4 in CTC process. 65 students participating in the youth coalition		
Low commitment to school	High youth behavioral problems at the school level	Good Behavior Game	Universal	<a href="https://www.blueprintsforhealthydevelopment.org/">https://www.blueprintsforhealthydevelopment.org/</a>	Block Grant: State General Fund: \$500 Discretionary:	50% of 1st and 2nd grade teachers doing the program to fidelity, reduction in disciplinary problems in elementary school age children from 51 incidents in 2022 to 41 in 2024		
Low commitment to school	Sevier SHARPS 74% have opportunities for prosocial involvement. Sevier SHARPS 2021 47.1%	Botvin Life Skills After School Program	Universal	<a href="https://www.blueprintsforhealthydevelopment.org/">https://www.blueprintsforhealthydevelopment.org/</a>	Block Grant: State General Fund: \$700 Discretionary:	20 kids participating in the south sevier high school afterschool program and students participating showing an increase in skills from the pre to post tests.	Reduce low commitment to school by 5% from 47.1% to 42.1% by the 2027 SHARP Survey	Reduce lifetime alcohol use in students between 8th and 12 grades by 5% From 16.1% to 11.1%
Low commitment to school	Sevier SHARPS 74% have opportunities for prosocial involvement. Sevier SHARPS 2021 47.1%	WHY TRY after school program	Selective	<a href="https://www.blueprintsforhealthydevelopment.org/">https://www.blueprintsforhealthydevelopment.org/</a>	Block Grant: State General Fund: \$700 Discretionary:	20 kids participating in the North Sevier middle school after school program and students participating showing an increase in skills from the pre to post test		
Measures & Sources	Sevier SHARPS 2021 47.1%					Attendance lists pre and post survey data for all programs... CTC milestones and benchmark checklist, Fidelity checklist for GQG, Disciplinary records, school district	Sevier SHARPS 2025,2027	Sevier SHARPS 2025,2027, 2029,2031

**Problem Behavior Goal** Reduce lifetime Marijuana use in students between 8th through 12th grades from 11% to 6%  
**Measures & Sources** Sevier SHARPS baseline 11% 2021  
**Agency/Coalition** Coalition Central Utah Prevention Coalition

Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes		
						Short (process)	Medium (3 to 5 years)	Long (10 years)
Parental attitudes. Favorable toward. Antisocial Behavior	Parents don't set appropriate boundaries around substances	Guiding Good Choices Parent Class	Universal	<a href="https://www.blueprintsforhealthydevelopment.org/">https://www.blueprintsforhealthydevelopment.org/</a>	Block Grant: State General Fund: Discretionary:	24 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.	parental attitudes favorable toward ASB will reduce by 5% on the Sevier SHARPS from 39.7% to 34.7% by 2027	Reduce lifetime Marijuana use in students between 8th through 12th grades from 11% to 6%
Parental attitudes. Favorable toward. Antisocial Behavior	Sevier SHARPS 28.7% Only 27.4% of parents set clear boundaries on substance use	Grey Matters	Universal	Not EB	Block Grant: State General Fund: Discretionary:	Increase in # of students reporting parents communicate about no substance use		
Measures & Sources	Sevier SHARPS 39.7% 2021					Attendance lists pre and post surveys	Sevier SHARPS 2025,2027	Sevier SHARPS 2025,2027, 2029,2031

**Problem Behavior Goal** Reduce opioid overdose death in adults between the ages of 35-45 from 25.6 deaths per 100,000 to 20 deaths per 100,000  
**Measures & Sources** Sevier County IBIS 2021 Data

Agency/Coalition	Central Utah Prevention Coalition						Outcomes										
Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)									
Logic	Laws and Norms favorable toward drug use	Physician education	Universal	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund: \$400 Discretionary:	Have 40 parents come to the parent meetings at the high school twice a year. Parents will feel better prepared to talk to their youth about alcohol.	Medium (3 to 5 years)	Long (10 years)									
		High prescription rate of opioids from dentist offices	DEA 360 community table talks	Universal	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund: \$400 Discretionary:			24 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.								
		People do not know where they can drop off medication for safe disposal	Know your script messaging	Universal	EB workgroup	Block Grant: \$500 State General Fund: Discretionary:			Increase in # of community members who understand the importance of asking questions before filling prescription medications								
Measures & Sources	Sevier SHARPS 2021 31.3%	Sevier SHARPS 2021 31.3%	Sevier SHARPS 2021 31.3%	Sevier SHARPS 2021 31.3%	Sevier SHARPS 2021 31.3%	Sevier SHARPS 2021 31.3%	Sevier SHARPS 2021 31.3%	Sevier SHARPS 2021 31.3%									
Logic	Low Neighborhood attachment	Naloxone distribution	Selective	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund: \$100 Discretionary:	Distribute 25 naloxone kits with resources on where to get treatment in the area...	Medium (3 to 5 years)	Long (10 years)									
		Stigma for accessing treatment for substance use	Sober Socials	Universal	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: \$500 State General Fund: Discretionary:			Provide a safe space for those in recovery to interact with the community held quarterly. Those attending will feel more supported in their recovery as seen in the survey								
		Sevier SHARPS 2021 38.8%	Sevier SHARPS 2021 38.8%	Sevier SHARPS 2021 38.8%	Sevier SHARPS 2021 38.8%	Sevier SHARPS 2021 38.8%			Sevier SHARPS 2021 38.8%								
Measures & Sources	Sevier SHARPS 2021 38.8%	Sevier SHARPS 2021 38.8%	Sevier SHARPS 2021 38.8%	Sevier SHARPS 2021 38.8%	Sevier SHARPS 2021 38.8%	Sevier SHARPS 2021 38.8%	Sevier SHARPS 2021 38.8%	Sevier SHARPS 2021 38.8%									
									Problem Behavior Goal	Reduce opioid overdose death in adults between the ages of 35-45 from 24.7 deaths per 100,000 to 20 deaths per 100,000							
										Measures & Sources	Juab County IBIS 2021 Data						
Logic	Local Law enforcement data Local EMS and Central SHARPS 2021 33.4%	Physician Education	Universal	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund: \$400 Discretionary:	Have 25 Physicians attend the educational opportunities	Medium (3 to 5 years)	Long (10 years)									
		High prescription rate of opioids from dentist offices	DEA 360 community table talks	Universal	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund: \$400 Discretionary:			Have 6 Table talks and Naloxone distributions								
		People do not know where they can drop off medication for safe disposal	Know your script messaging	Universal	EB workgroup	Block Grant: \$500 State General Fund: Discretionary:			Increase in # of community members who understand the importance of asking questions before filling prescription medications								
Measures & Sources	Central SHARPS 2021 33.4%	Central SHARPS 2021 33.4%	Central SHARPS 2021 33.4%	Central SHARPS 2021 33.4%	Central SHARPS 2021 33.4%	Central SHARPS 2021 33.4%	Central SHARPS 2021 33.4%	Central SHARPS 2021 33.4%									
									Logic	Low Neighborhood attachment	Naloxone distribution	Selective	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund: \$100 Discretionary:	Distribute 25 naloxone kits with resources on where to get treatment in the area...	Medium (3 to 5 years)	Long (10 years)
											Stigma for accessing treatment for substance use	Community Family Night Out	Universal	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: \$2,000 State General Fund: Discretionary:		
Measures & Sources	Central SHARPS 2021 33.4%	Central SHARPS 2021 33.4%	Central SHARPS 2021 33.4%	Central SHARPS 2021 33.4%	Central SHARPS 2021 33.4%	Central SHARPS 2021 33.4%	Central SHARPS 2021 33.4%	Central SHARPS 2021 33.4%									
									Logic	Disciplinary problems at school	Youth Coalition (CTC)	Universal	https://www.bluesprintsprograms.org/	Block Grant: \$2,000 State General Fund: Discretionary:	Train youth leadership in prevention science complete phase 4 in CTC process. 68 students participating in the youth coalition	Medium (3 to 5 years)	Long (10 years)
											Good Behavior Game	Universal	https://www.bluesprintsprograms.org/	Block Grant: State General Fund: \$200 Discretionary:	40% of 1st and 2nd grade teachers doing the program to fidelity, reduction in disciplinary problems in elementary school age children from 47 incidents in 2022 to 38 in 2024		

Logic	Attitudes favorable to ASB	Parents Do not set clear boundaries around substance use	Guiding Good Choices Parenting class	Universal	Blueprints for Healthy Youth Development	Block Grant: State General Fund: \$2,000 Discretionary;	24 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.	attitudes favorable toward ASB will reduce by 5% on the Survey SHARPS from 36.7% to 31.7% by 2027	Reduce opioid overdose death in adults between the ages of 35-45 from 24.7 deaths per 100,000 to 20 deaths per 100,000
Measures & Sources	Central SHARPS 36.7% 2021	Sevier SHARPS 28.7% Only 27.4% of parents set clear boundaries on substance use.	Strengthening families	Universal	Blueprints for Healthy Youth Development	Block Grant: State General Fund: \$1,000; Discretionary;	10 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.	Central SHARPS 2025,2027	Juab Data from IBIS opioid overdose deaths 2021-2031

**Problem Behavior Goal** Reduce lifetime alcohol use in students between 8th and 12 grades by 5% From 16.1% to 11.1%

**Measures & Sources** Central SHARPS baseline 2021 16.1%

**Agency/Coalition** Wayne YCC

	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Parental attitudes Favorable toward Antisocial Behavior	Youth get alcohol from home Parents not setting clear standard for youth around substances	Guiding Good Choices Parenting class	Universal	Blueprints for Healthy Youth Development	Block Grant: State General Fund: \$2,000 Discretionary;	24 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.	parental attitudes favorable toward ASB will reduce by 5% on the Survey SHARPS from 39.7% to 34.7% by 2027	Reduce lifetime alcohol use in students between 8th and 12 grades by 5% From 16.1% to 11.1%
Measures & Sources	Central SHARPS 39.7% 2021	Sevier SHARPS 28.7% Only 27.4% of parents set clear boundaries on substance use.	Parents Empowered	Universal	EB workgroup	Block Grant: State General Fund: Discretionary;	Increase in # of students reporting parents communicate about no alcohol use	Central SHARPS 2025,2027	Central SHARPS 2025,2027, 2029,2031
	Risk/ Protective factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)

Logic	Low neighborhood attachment	Children are home alone after school until parents are home from work	Community family night Out	Universal	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund: Discretionary-\$ 4,000	400 people at the Community Family Night out event 60% of attendees reporting that they learned skills about talking to youth concerning substances...	Reduce lifetime alcohol use in students between 8th and 12 grades by 5% From 16.1% to 11.1%	
		Young people state that there is nothing to do in town so they drink up the canyon and are driving home under the influence	Coalition	Selective	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund: Discretionary;	80% attendance at coalition meeting complete a community assessment	Low Neighborhood attachment will reduce by 4% from 38.5% to 33.8% by 2027 SHARP survey	Reduce lifetime alcohol use in students between 8th and 12 grades by 5% From 16.1% to 11.1%

Measures & Sources	Central SHARPS 2021 38.8%	Wayne school district data states that 17.8% of students are home alone from 3-10 when school gets out to around 5:00 when parents get home. Sevier SHARPS 6.7% of kids drive with someone they knew to have been drinking					Attendance Community Family Night Out Survey Coalition Meeting Min. CTC milestones and benchmarks checklist. Pre and post survey for the SDS training	Central SHARPS 2025,2027	Central SHARPS 2025,2027, 2029,2031
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	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)	
Logic	Youth don't have opportunities to engage in school activities.	High youth behavioral problems at the school level	Youth Coalition (CTC)	Universal	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund: Discretionary;	Train youth leadership in prevention science complete phase 4 in CTC process. 65 students participating in the youth coalition	Reduce low commitment to school by 5% from 47.1% to 42.1% by the 2027 SHARP Survey	Reduce lifetime alcohol use in students between 8th and 12 grades by 5% From 16.1% to 11.1%	
Measures & Sources	Central SHARPS 2021 47.1%	Central SHARPS 74% have opportunities for prosocial involvement... Wayne district data on disciplinary problems	Good Behavior Game	Universal	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund: \$500 Discretionary;	80% of 1st and 2nd grade teachers doing the program to fidelity, reduction in disciplinary problems in elementary school age children from 47 incidents in 2022 to 38 in 2024	Attendance lists pre and post survey data for all programs... CTC milestones and benchmark checklist. Fidelity checklist for GSG. Disciplinary records school district	Central SHARPS 2025,2027	Central SHARPS 2025,2027, 2029,2031

**Problem Behavior Goal** Reduce lifetime vaping by 5% From 14.2% to 9.2%

**Measures & Sources** Central SHARPS baseline 2021 14.2%

**Agency/Coalition** Plute YCC

	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Parental attitudes Favorable toward Antisocial Behavior	kids get vape products from home	Guiding Good Choices Parenting class	Universal	Blueprints for Healthy Youth Development	Block Grant: State General Fund: \$2,000 Discretionary;	10 families participating in the classes and 80% of participants feeling that they feel comfortable having difficult conversations with their children.	parental attitudes favorable toward ASB will reduce by 5% on the North Sanpete SHARPS from 49% to 35% by 2027	Reduce lifetime vaping by 5% From 14.2% to 9.2% by the 2031 North Sanpete SHARPS
Measures & Sources	Central SHARPS 49% 2021	Central SHARPS Only 32% of parents set clear boundaries on substance use.	Good Behavior Game	Universal	<a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>	Block Grant: State General Fund: \$500 Discretionary;	80% of 1st and 2nd grade teachers doing the program to fidelity, reduction in disciplinary problems in elementary school age children from 47 incidents in 2022 to 38 in 2024	Central SHARPS 2025,2027	Central SHARPS 2025,2027, 2029,2031
	Risk/ Protective factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)

Logic	Children are home alone after school until parents are home from work	Community family night Out	Universal	SAMHSA evidence based Part of the seven strategies from the Strategic prevention framework for community change	Block Grant: State General Fund: Discretionary-\$ 4,000	300 people at the Community Family Night out event 60% of attendees reporting that they learned skills about talking to youth concerning substances...	Low Neighborhood	Reduce lifetime
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Problem Behavior Goal		Reduce Underage Drinking By 5%							
Measures & Sources		25% of youth in grades 6-12 report drinking alcohol in the past 30-days as measured on the 2021 SHARP survey							
Agency/Coalition		Coalition XYZ							
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Parental attitudes favorable to antisocial behavior	Parents don't set appropriate boundaries	Guiding Good Choices	Universal	<a href="#">Blueprints: Link</a>	Block Grant: <b>\$25,000</b> State General Fund: Discretionary:	Parents who attend program will show increase in knowledge related to setting appropriate boundaries	Parental attitudes favorable to antisocial behavior will decrease by 5% from 40% to 35% from 2021 to 2025	Underage drinking will decrease by 5% from 25% to 20% from 2021 to 2031
			Parents Empowered	Universal	<a href="#">Utah EBW Tier 3: Link</a>	Block Grant: State General Fund: Discretionary: <b>\$20,000</b>	Increase in # of students reporting parents communicate about no alcohol use		
		Parents providing alcohol at home					Decrease in number of students reporting getting alcohol at home with permission		
Measures & Sources	40% of 6-12 grade--2021 SHARP Survey	1. 20% of parents communicate about no alcohol use 2021 SHARP 70% of parents don't know what rules to set--2020 focus groups 2. 45% of youth that drink report getting alcohol from home with permission--2021 SHARP					1. Pre/post test scores 2. Social media likes/shares, materials distributed, # of people at events SHARP Survey 3. SHARP Survey	2025 SHARP survey	2031 SHARP Survey
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Availability: Retail	Retail outlets have no consequences for selling to minors	EASY Compliance Checks	Universal	<a href="#">Link to What Works for Health Registry</a>	Block Grant: <b>\$23,000</b> State General Fund: Discretionary:	Increase in # of compliance checks conducted	Retail availability will decrease	Underage drinking will decrease by 5% from 25% to 20% from 2021 to 2031
Measures & Sources	2021 focus groups--youth report it is easy to buy alcohol	No EASY checks conducted--2022 law enforcement data					2023 Law enforcement data	2025 focus groups	2031 SHARP Survey