

FORM C - SUBSTANCE USE PREVENTION NARRATIVE

With the intention of helping every community in Utah to establish sustainable [Community Centered Evidence Based Prevention](#) efforts, fill in the following table per the instructions below.

Not every community will be at optimal readiness nor hold highest priority. This chart is designed to help you articulate current prevention activities and successes as well as current barriers and challenges. Please work with your Regional Director if you have questions about how to best report on your communities. For instructions on how to complete this table, please see the [Community Coalition Status Tool](#) here.

List every community in your area defined by one of the following:

1. serving one of the [99 Small Areas](#) within Utah
2. serving the communities that feed into a common high school
3. any other definition of community with OSUMH approval.

*All "zero" or "no priority" communities may be listed in one row

CCEBP Community	CCEBP Community Coalition Status (see tool here)	Priority High Medium Low	Notes/ Justification of Priority	List of Programs Provided (if applicable)	Evidence Based Operating System (e.g. CTC, CADCA Coalition Academy, PROSPER)	Links to community strategic plan
Example: Hurricane	D2	High	Key leader board established, CB Getting ready for readiness assessments		Coordinator has been trained in CADCA Academy and is working w/ CTC Coach	http://washingtonprevention.blogspot.com/p/bylaws-of-washington-county-prevention.html
Carbon High School	F	High	C.A.R.E. is the established CTC coalition with both a KLB and CB. Currently working with a CTC Coach to re-engage these boards and better implement the framework.	Why Try EASY Buys Parents Empowered Know Your Script	Coordinator is trained and uses both CTC and CADCA models with the Coalition	C.A.R.E. Coalition Strategic and Action Plan
Emery High School	A5	Medium	FCCBH recently applied and received funding to start a coalition. A coalition coordinator will be hired by March 2024 to begin implementation of an evidence based framework.	N/A	N/A	N/A
Green River High School	A3	Low	Previous coalition efforts have dissolved. A new non profit that provides youth programming has been established which the FCCBH Prevention Director has been a part of with discussion of developing a coalition in the future to ensure community level change.	N/A	N/A	N/A
Grand High School	D2	High	Newly hired prevention coalition coordinator is facilitating monthly meetings and undergoing series of trainings (SAPST and is registered for upcoming CTC). Will begin implementing the CTC framework with coalition once completed.	N/A	CTC	N/A

Area Narrative: Over the next three years, what will the LSAA do to support/enhance community driven evidence-based prevention? What are goals or expected outcomes for the LSAA and how will they be reached?

Carbon High School - C.A.R.E. Coalition

The C.A.R.E. Coalition continues to implement Communities that Care (CTC) framework. The current coordinator has been trained in CTC and Prevention Science. Due to prevention staff turnover in the last 5 years working through the CTC phases has become somewhat stagnant. To address this the coalition coordinator and prevention director are working with a CTC Coach to re-engage both the KLB and CB members. The goal is to have both boards with complete sector representation, be working through the CTC Phases, and participating in workgroups by the end of year one. The coalition coordinator and prevention director also plan to improve relationships with KLB and CB members in year one. These relationships need to be established/re enforced due to the newness of the staff. Year two for the coalition will focus on finding the best fit EBP program for the community that addresses the identified problem behavior. Plans to work with the newly established C.A.R.E. Youth Coalition/Workgroup for input on programs will give a unique point of view directly from the youth. Identifying an increase or new funding source will be a key factor in implementing a program. Workgroups will need to work alongside each other so that funding is available once the program is found. Year three will be the coalitions assessment year. The coalition history records have little to no assessment information available. By not completing regular assessments for the programs, events, coalition, and community it hinders the momentum forward with effective efforts. To avoid becoming stagnant our goal is by year three to have well established assessments that we are able to assess and determine the coalitions next direction. As the coalition moves through the next three years they will continually maintain participation in CTC workgroups, implementation of evidence based programs, partnering with other community agencies, and attendance at community events.

Emery High School

FCCBH has secured funding and developed a plan to begin implementation of prevention efforts in the Emery High School cone. We plan to hire a prevention coalition coordinator by March 2024 to start this process. In the meantime FCCBH will continue to establish and build relationships with the different sectors within the community to ensure readiness. We will also continue working closely with the Carbon & Emery Opioid and Substance Use Coalition and USU Extension to support existing efforts. Through recent funding and partnership opportunities FCCBH is in the process of mobilizing Know Your Script messaging materials to both Emery and Carbon counties. Through this campaign we anticipate to gain community by in that help drive evidence based prevention strategies in the near future. Building capacity is where we go from here and by year one FCCBH will have a hired and trained coalition coordinator. During year two the coalition will adopt and work through an evidence based framework. The three year goal is to enhance community driven evidence based prevention by having coalitions operating or in development in each of the four identified areas.

Green River High School

Previous coalition efforts have dissolved in Green River due to a previous merger with another organization that has now been dissolved. There is a new youth serving organization that is in the process of being formed that will directly provide youth programming which the FCCBH Prevention Director has been closely involved with. With new funding opportunities becoming available it is FCCBH's goal to develop a plan and apply for funding to start building capacity in Green River. Green River has been an area of challenge in sustaining coalition efforts due to many factors such as resources, geographical location and population size.

Grand High School - GREAT Coalition

A coalition coordinator in Grand County has been hired and has been trained in prevention science. The coalition coordinator is registered for an upcoming CTC training June 2023. The coalition coordinator is leading the coalition and engaging in community partnerships. In year one the coalition will begin analyzing data including the new SHARP data that will be released in the Fall of 2023 to identify priority substances and risk factors. The members on the coalition will be assessed and designated into a KLB and CB then sector representation gaps will be addressed. By year two the coalition will be implementing CTC and working through the phases including the development of a strategic and action plan. In year three the coalition plans to be operating at full capacity and implementing evidence based programs to create community level change for identified risk factors.

Please provide logic models on the Logic Models Tab						
Year 2 Updates						
Year 3 Updates						

Provide a Logic Model by coalition and/or agency for each problem behavior being addressed funded by Block Grant, PFS, SOR, SPF Rx, or State General Funds. Make a copy of the blank one and paste below for each additional logic model needed.

Problem Behavior Goal		Reduce Underage Drinking of 10th Grade Students By 3%									
Measures & Sources		6.1% of 10th grade students in Carbon County report past 30 day Alcohol use, SHARP Survey 2021									
FCCBH		C.A.R.E. Coalition									
Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes					
						Short (process)	Medium (3 to 5 years)	Long (10 years)			
Logic	Availability	Youth are getting alcohol at home or at a friends home	Work with local law enforcement to inform public on the state "Social Host Ordinance" -what citations/fines are associated with violation	Universal	Social host laws County Health Rankings & Roadmaps	Block Grant: \$16,660 State General Fund: \$4,094 Discretionary: \$88	Law enforcement will begin to enforce the state "Social Host Ordinance"	Reduce the percentage of 10th grade students that perceive easy availability of drugs or alcohol by 5% from 13.6% in 2021 to 8.6% by 2027	Underage Drinking in 10th Grade students will decrease to 3% by 2031		
		Youth report giving money to someone else to buy alcohol for them	Work with local Law Enforcement to create a county wide "Shoulder Tap" program	Universal	Enhanced enforcement of laws prohibiting alcohol sales to minors County Health Rankings & Roadmaps	Block Grant:\$16,660 State General Fund:\$4,094 Discretionary:\$88	Increase citations issued on purchasing alcohol for minors				
		25% of EASY Compliance Checks resulted in underage sales	Establish schedule with local law enforcement to have quarterly Compliance Check days	Universal	Enhanced enforcement of laws prohibiting alcohol sales to minors	Block Grant:\$16,660 State General Fund:\$4,094 Discretionary:\$88	Increase number of EASY Compliance Checks				
Measures & Sources	13.6% of 10th grade students perceive easy availability of drugs or alcohol, SHARP 2021	1. 57.1% of 10th grade students report getting alcohol from someone they know over 21, ARP 2021 2. 34.8% of 10th grade students report giving someone else money to buy for them, SHARP 3. Four EASY Compliance Checks completed in FY23, FCCBH	Key informant interview with Sheriff Jeff Wood April 2023. Law enforcement has seen an uptick in underage DUIs and does not currently participate in a "shoulder tap" program. They would be open to a program in the future. Along with working together to find/create and enforce a "Social Host Ordinance".			2024 Law Enforcement Data	2027 SHARP Survey Data	2031 SHARP Survey Data			
Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes					
						Short (process)	Medium (3 to 5 years)	Long (10 years)			
Logic	Parental Approval	Parents providing alcohol at home	Parents Empowered	Universal	Utah EBW Tier 3: Link	Block Grant: \$16,660 State General Fund: \$4,094 Discretionary: \$88	Reduce 10th grade students getting alcohol at home with parent permission by 2%	Parents communicating Clear NO drinking expectations will increase by 10% from 30.8% in 2021 to 40.8% in 2027	Underage Drinking in 10th Grade students will decrease to 3%		
		Parents not setting clear expectations of no alcohol use					Increase parents communicating No Alcohol use by 10%				
Measures & Sources	Only 30.8% of parents communicate No drinking expectations, SHARP 2021	25.6% of all 10th graders report getting alcohol at home with parent approval, SHARP 2021				2024 Youth Focus Group	2027 SHARP Survey	2031 SHARP Survey			
Problem Behavior Goal		Reduce Underage Drinking of 8th Grade Students By 3%									
Measures & Sources		5.4% of 8th grade students in Carbon County report past 30 day Alcohol use, SHARP Survey 2021									
FCCBH		C.A.R.E. Coalition									

	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Short (process)	Medium (3 to 5 years)	Long (10 years)	
Logic	Low Commitment to School	Students don't feel recognized by teachers at school	Why Try	Universal	Why Try-an evidence based SEL program	Block Grant: State General Fund: Discretionary: \$8,073	Increase 8th grade students reporting that they are praised by teachers when they work hard in school by 8% from 58.3% in 2021 to 66.3% in 2025	Increase 8th grade students commitment to school by 5% from 50.7% in 2021 to 55.7% in 2027	Reduce Underage Drinking of 8th grade students by 3%	
Measures & Sources	50.7% of 8th grade students reported a low commitment to school, SHARP 2021	8th grade students reporting that they are praised by teachers when they work hard in school has decreased from 72.8% in 2019 to 58.3% in 2021, SHARP						SHARP 2025	SHARP 2027	SHARP 2031

Provide a Logic Model by coalition and/or agency for each problem behavior being addressed funded by Block Grant, PFS, SOR, SPF Rx, or State General Funds. Make a copy of the blank one and paste below for each additional logic model needed.

Problem Behavior Goal		Reduce 30 Day Alcohol Use in All Grades by 2%								
Measures & Sources		7.4% of students report using alcohol in the past 30 days from SHARP 2021								
Agency/Coalition		Four Corners Community Behavioral Health								
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes			
							Short (process)	Medium (3 to 5 years)	Long (10 years)	
Logic	Availability: Retail	Retailers are not consistently being checked and continue selling to minors	EASY Compliance Checks	Universal	County Health Rankings & Roadmaps	Block Grant: State General Fund: \$9183 Discretionary:	Increase number of compliance checks conducted and retailers passing checks	Retail availability will decrease	All grades past 30 day alcohol use will decrease by 2% from 7.4% to 5.4%	
Measures & Sources	21.5% of students perceive easy availability of drugs or alcohol, SHARP 2021	4 compliance checks were completed in FY23 with a 25% failure rate, Law Enforcement Data					2024 Law Enforcement Data	SHARP 2027	SHARP 2031	
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes			
							Short (process)	Medium (3 to 5 years)	Long (10 years)	
Logic	Parental attitudes favorable to drug use	Parents provide alcohol at home	Parents Empowered	Universal	Utah EBW Tier 3: Link	Block Grant: State General Fund:\$9183 Discretionary:	Decrease in number of students that report drinking alcohol at home with parents permission by 5% from 28.9% to 23.9%	Parental attitudes favorable to drug use will decrease by 5% from 28.9% to 23.9%	All grades past 30 day alcohol use will decrease by 2% from 7.4% to 5.4%	
Measures & Sources	18.2% of students perceive that their parents feel it is not wrong for them to drink alcohol, SHARP 2021	28.9% of students reported getting alcohol from home with parents permission, SHARP 2021					SHARP 2025	SHARP 2027	SHARP 2031	
Problem Behavior Goal		Reduce 30 Day Alcohol Use in 8th by 2%								
Measures & Sources		4.6% of 8th grade students report using alcohol in the past 30 days from SHARP 2021								
Agency/Coalition		Four Corners Community Behavioral Health								
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes			
							Short (process)	Medium (3 to 5 years)	Long (10 years)	
Logic	Low Commitment to School	Students do not feel school is important or meaningful	Why Try	Universal & Selective	Why Try-an evidence based SEL program	Block Grant: State General Fund: \$9183 Discretionary:	Increase 8th grade students reporting they are being rewarded for prosocial involvement in the school domain by 6% from 59% to 65%	8th grade students low commitment to school will decrease from 55.2% to under 50%	8th grade students past 30 day alcohol use will decrease by 2% from 4.6% to 2.6%	

Measures & Sources	1. 55.2% of 8th graders report having low commitment to school, SHARP 2. Why Try Pre-Test	36.6% of students feel that school is important, SHARP 2021		SHARP 2025	P 2027 2. Why Try Post-Test	SHARP 2031
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Provide a Logic Model by coalition and/or agency for each problem behavior being addressed funded by Block Grant, PFS, SOR, SPF Rx, or State General Funds. Make a copy of the blank one and paste below for each additional logic model needed.

Problem Behavior Goal		Reduce Number of Opioid Related Deaths from 38.5 per 100,000 deaths to 32.5 per 100,000 deaths in Carbon, Emery and Grand Counties								
Measures & Sources		Southeast Utah IBIS Data 2021								
Agency/Coalition		Four Corners Community Behavioral Health								
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes			
							Short (process)	Medium (3 to 5 years)	Long (10 years)	
Logic	Availability	High rates of opioids being prescribed	Know Your Script DEA National Take Back Day	Universal	Utah EBW Tier 3: Link County Health Rankings & Roadmaps	Block Grant: State General Fund: \$16,529 Discretionary: \$11,048	Increase the number of community members that know the importance of asking questions before filling prescriptions Increase the amount of medications safely disposed and increase the number of drop box locations	Reduce the percentage of students in all grades that perceive easy availability of drugs or alcohol by 5% from 21.5% in 2021 to 16.5% in 2027	Reduce Number of Opioid Related Deaths from 38.5 per 100,000 deaths to 32.5 per 100,000 deaths in Carbon, Emery and Grand Counties	
Measures & Sources	21.5% of students perceive easy availability of drugs or alcohol, SHARP 2021	DEA Data 2014						1. Attendance records from community involvement events and pharmacies were Know Your Script materials are distributed 2. Law Enforcement Data - weight of medications collected from Take Back Days and Drop Box locations	SHARP 2027	Southeast Utah IBIS Data 2021-2031

