

# Tooele County

## FORM B - SUBSTANCE USE DISORDER TREATMENT BUDGET NARRATIVE

### 3 Year Plan (2024-2026)

**Local Authority:** Tooele County

**Instructions:**

In the cells below, please provide an answer/description for each question. **PLEASE CHANGE THE COLOR TO BLUE, OF SUBSTANTIVE NEW LANGUAGE INCLUDED IN YOUR PLAN THIS YEAR!**

**1) Early Intervention**

*Program Manager*

**Holly Watson**

**Describe local authority efforts you propose to undertake over the three year period to provide for individuals convicted of driving under the influence, a screening; an assessment; an educational series; and substance abuse treatment as required in Utah Code § 17-43-201(5)(m).**

The Local Authority supports and encourages services to individuals convicted/charged with DUI. Thus, Optum Tooele County provides a wide range of outpatient services and prevention services aimed at the DUI client. Prime for Life educational series is taught; counseling services provided, and Plea in Abeyance is offered at the justice court level thus allowing clients to receive an assessment and subsequent education or treatment commensurate with their needs.

**Identify evidenced-based strategies designed to intervene with youth and adults who are misusing alcohol and other drugs.**

School based education and prevention services are offered as well as center-related services on an outpatient basis. Various providers utilize testing and educational materials as well as assessments that are criminal justice approved.

Prevention Services has only used curricula developed by the Prevention Research Institute for indicated services. This has included their Prime for Life 16-hr curriculum for adults 18 and older. Prime for Life 8-hr ('exploring unit') or THC curriculum ('exploring unit' only, 8hrs) for High School referrals of MIP or impairment infractions.

**Describe work with community partners to implement brief motivational interventions and/or supportive monitoring in healthcare, schools and other settings.**

Optum Tooele County through its varied providers does provide motivational interviewing training to direct service staff.

In the Tooele County School District, there are three free Mental Health screening sessions offered during the school year to identify issues of concern, including substance use, to be addressed. In mental health treatment agencies, they are also assessing for substance use issues to monitor and make appropriate treatment referrals. In health care there are some limitations with how it is addressed

or monitored due to 42 CFR, but Bonneville Family Practice is an integrated primary care practice that can provide monitoring and implement brief motivational interventions to engage in the SUD treatment component of the practice.

**Describe any outreach and engagement efforts designed to reach individuals who are actively using alcohol and other drugs.**

Telephone contacts and other engagement strategies are encouraged. It is expected individuals be assessed further during these engagements to determine if a higher level of care or other services are needed to intervene with the ongoing use.

**Describe effort to assist individuals with enrollment in public or private health insurance directly or through collaboration with community partners (healthcare navigators or the Department of Workforce Services) to increase the number of people who have public or private health insurance.**

Optum has collaborated with the Utah Health Policy Project (UHPP) and Take Care Utah to have a presence in Tooele County to support enrollment in both public and private health insurance. Optum will continue to identify opportunities to include UHPP as a resource for the county. Additionally, the Department of Workforce Services works in collaboration with county providers and other resource departments for referrals to support health insurance enrollment. Optum is co-chair of the Tooele County Human Services Advisory Council where efforts to support access to resources is discussed and DWS participates indicating how they can be a partner to help meet enrollment needs.

The referrals for enrollment services are also part of utilizing non-Medicaid funds. Those who are unfunded and indicated to utilize non-Medicaid funds with support from the provider need to be screened for insurance eligibility and enrolled if they qualify. If the provider cannot support this through case management, then they would be referred to resources mentioned above to complete the process.

**Describe activities to reduce overdose.**

- 1. educate staff to identify overdose and to administer Naloxone;**
- 2. maintain Naloxone in facilities,**
- 3. Provide Naloxone kits, education and training about overdose risk factors to individuals with opioid use disorders and when possible to their families, friends, and significant others.**

All employees of Prevention Services have received Naloxone training annually.

All contracted SUD providers are maintaining Naloxone at their facilities. This also extends to crisis services and Tooele MCOT having it on hand as well.

Valley Behavioral Health, Odyssey House, Clinical Consultants, and Bonneville Family Practice all provide the kits along with instructions to clients, family, and friends when indicated.

**Describe how you measure or determine success of these programs or services? Please identify and define measures and benchmarks you are working to achieve.**

Optum reviews Utilization Management data on a monthly basis to identify trends, gaps and quality of care improvement areas. Optum looks at complex member cases where there is a co-occurring SUD diagnosis to find trends of multiple treatment episodes and utilization of higher levels of care.

2) Ambulatory Care and Withdrawal Management (Detox) ASAM IV-D, III.7-D, III.2-D, I-D or II-D) Shanel Long

**Describe the activities you propose to undertake over the three year period to assist individuals prevent/alleviate medical complications related to no longer using, or decreasing the use of, a substance. For each service, identify whether you will provide services directly or through a contracted provider. Please list all contracted providers.**

Optum Tooele County Medicaid members have access to inpatient detoxification which is a covered service under their ACO plan. In the continuum of care there is residential level of care with 3.5 and 3.1 where interventions can be used including medication assisted treatment (MAT) to address withdrawal management and other substance use treatment needs while working toward recovery. Further down the continuum of care 2.5, 2.1 and 1.0 levels of care are available that also include access to MAT other substance use treatment needs while working toward recovery. These levels of care and MAT are offered through contracted providers including Valley Behavioral Health Tooele, Odyssey House, Bonneville Family Practice, Clinical Consultants, and [Tranquility Place](#). [Bonneville Family Practice also offers a methadone clinic.](#)

**If this service is not provided by the Local Authority, where are individuals accessing this level of care when needed? Who in your community provides this service? How is the service paid for?**

NA

3) Residential Treatment Services: (ASAM III.7, III.5, III.3, III.1)

Shanel Long

**Describe the activities you propose to undertake over the three year period and identify where services will be provided. Identify whether you will provide services directly or through a contracted provider. Please list all contracted providers and identify the population served (Men, Women, Youth).**

Optum Tooele County Medicaid members have access to 3.5 and 3.1 levels of care for residential treatment for men, women, and adolescents. These services are provided through contracted providers in the network including Valley Behavioral Health (3.5 and 3.1 LOC for men and women) and Odyssey House (3.5 and 3.1 LOC for men, women and adolescents).

Optum Tooele County also has the ability to engage in Single Case Agreements as clinically indicated.

4) Treatment for Opioid Use Disorder (OTP-Methadone)

VaRonica Little

**Describe the activities you propose to undertake over the three year period and identify where services will be provided. Identify whether you will provide services directly or through a contracted provider. Please list all contracted providers and summarize the services they will provide for the local authority. If you plan to use SOR funding please identify how you will implement GPRA initial, 6-month and discharge requirements.**

Optum Tooele County currently does have a provider in the network ([Tranquility Place](#)) providing outpatient methadone treatment. [Bonneville Family Practice](#) is in the final stages of finishing the set up

and credentialing of a Methadone clinic that will open in early FY24.

Methadone treatment is not being provided under the SOR funding. Refer to section 5) for the GPRA reporting.

**Describe how you measure or determine success of these programs or services? Please identify and define measures and benchmarks you are working to achieve.**

Optum reviews Utilization Management data on a monthly basis to identify trends, gaps and quality of care improvement areas. Optum looks at complex member cases where there is a co-occurring SUD diagnosis to find trends of multiple treatment episodes and utilization of higher levels of care.

**5) Medications for Opioid Use Disorder-(Vivitrol, Naltrexone, Buprenorphine) VaRonica Little**

**Describe activities you propose to undertake over the three year period to ensure community members have access to MOUD treatment, specific types of treatment and administration, and support services for each? If you plan to use SOR funding please identify how you will implement GPRA initial, 6-month and discharge requirements for these services.**

Office based Opioid treatment (vivitrol, naltrexone, buprenorphine) is offered through the Optum Tooele County contracted provider network with Valley Behavioral Health Tooele, Bonneville Family Practice, Odyssey House, and Clinical Consultants. Specific to Valley Behavioral Health members referred through the criminal justice system or family, friends or self-referred will all be assessed for MAT (medication assisted treatment) of all kinds. VBH offers medication services on site with a full time APRN (Advanced Practice Registered Nurse). Vivitrol, Naltrexone, as well as Suboxone and other medications that aid in recovery are all prescribed on site. Medical staff meet weekly with clinical staff to update client care and assure best practices as well as specific medication protocols are being followed and all aspects of recovery are being addressed.

The SOR non-Medicaid funding is allocated to Valley Behavioral Health and the plan is to continue to do so. VBH and Optum have been trained in GPRA reporting. VBH, with the support of Optum, completes the GPRA initial, 6-month and discharge requirements.

**Describe how you measure or determine success of these programs or services? Please identify and define measures and benchmarks you are working to achieve.**

Optum reviews Utilization Management data on a monthly basis to identify trends, gaps and quality of care improvement areas. Optum looks at complex member cases where there is a co-occurring SUD diagnosis to find trends of multiple treatment episodes and utilization of higher levels of care.

**6) Outpatient (Non-methadone – ASAM I)**

**Shanel Long**

**Describe the activities you propose to undertake over the three year period and identify where services will be provided. For each service, identify whether you will provide services directly or through a contracted provider. Please list all contracted providers.**

Optum Tooele County has contracted with providers to deliver ASAM 2.5, 2.1 and 1.0 level of care outpatient substance use treatment. The contracted providers are Valley Behavioral Health Tooele, Clinical Consultants, Odyssey House, Bonneville Family Practice and Aspen Ridge Counseling.

### 7) Intensive Outpatient (ASAM II.5 or II.1)

Shanel Long

**Describe the activities you propose to undertake over the three year period and identify where services will be provided. For each service, identify whether you will provide services directly or through a contracted provider. Please list all contracted providers.**

Optum Tooele county contracts with providers to deliver ASAM 2.5 and 2.1 levels of care.

VBH provides an intensive outpatient Level II.1 program according to the ASAM criteria. The program consists of evening groups, day groups, women's and men's groups which incorporate education; cognitive behavioral therapy, restructuring of thinking errors and behaviors which can trigger substance use, implementation of relapse prevention plans, motivational interventions, and solution focused therapy.

Odyssey House in Salt Lake County is contracted with Optum Tooele County Medicaid to provide ASAM 2.5 and 2.1 levels for care.

Clinical Consultants, in Tooele County, is contracted with Optum to provide ASAM 2.1 level of care.

### 8) Recovery Support Services

Thom Dunford

**Describe the activities you propose to undertake over the three year period and identify where services will be provided. For each service, identify whether you will provide services directly or through a contracted provider. For a list of RSS services, please refer to the following link: <https://sumh.utah.gov/services/recovery-supports/recovery-resources>**

The delivery of Recovery Support Services is done in collaboration with treatment providers and county supported programs.

Optum Tooele County, through its provider network, endeavors to provide the following services:

- Screening
- Assessment
- Psychiatric Diagnostic evaluation
- Urinalysis Testing
- Individual-Continuing Care/Recovery Management
- Group-Continuing Care/Recovery Management
- Case Management
- Peer Support Services
- Transportation Services
- Medical Prescription Services (including MAT)
- Physical Healthcare-Medical and dental services
- Education Assistance programs
- Life Skills Services
- Employment assistance
- Optum Tooele County has a relationship with Tooele County Housing Authority and/or TCRC for provision of the following:
  - Residence Housing
  - Rental Assistance
  - Emergency Housing Assistance
  - Short Term Supportive Housing (homeless and transition clients)

Optum Tooele County supports all community recovery programs such as AA, NA, LDS Recovery, etc. and encourages all clients to participate in these programs as an adjunct to formal treatment as a foundation in these programs assure ongoing support for recovery.

Optum Tooele County utilizes DWS employment specialists for the purpose of assisting clients with employment opportunities [and also makes referrals through LDS Employment Services when applicable.](#)

Clinical Consultants [opened a men's \(10 bed\) and women's \(7 beds\) sober living facility in Tooele and offer recovery support services.](#)

**Describe how you measure or determine success of these programs or services? Please identify and define measures and benchmarks you are working to achieve.**

Optum reviews Utilization Management data on a monthly basis to identify trends, gaps and quality of care improvement areas. Optum looks at complex member cases where there is a co-occurring SUD diagnosis to find trends of multiple treatment episodes and utilization of higher levels of care.

#### 9) Peer Support Services-Substance Use Disorder

Thom Dunford

**Describe the activities you propose to undertake over the three year period to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

Providing and receiving peer support stands as an integral component of rehabilitation and recovery. Optum is dedicated to the Peer Support Specialist Program and is working to expand the peer workforce in Tooele County.

Optum Tooele County contracts with Valley Behavioral Health Tooele offering peer support services. The need is identified through assessment and over the course of treatment as additional support needs are recognized. The New Reflections House also identifies members that may need extra support with peer support. Peer support provides client driven care from a peer perspective so that clients are able to identify with the Recovery Model that offers hope and understanding that a person can continue in their recovery. Peer Support Specialists are a valuable part of the team as the clients see the Recovery Model working with a person's ability to function in the workplace and they generally have the ability to provide a role model of what recovery may look like.

Within the Optum Tooele County team there are Certified peer support specialists that are available to engage with members on a limited basis to support them in their recovery goals and identify the services to meet those goals.

**Describe how clients are identified for Peer Support Specialist services. How is the effectiveness of the services measured?**

Referrals are made to the Optum Peer Support Specialists via providers, community stakeholders and internal Optum staff and committees. Optum educates our providers and expects them to identify when PSS services could be beneficial. If providers do not offer this service in-house, they refer the case to Optum.

Additionally, when these needs are identified via various clinical staffings and/or committees, Optum

ensures that PSS services are offered, either through our provider network, or directly through Optum CPSS staff.

The effectiveness of services is measured through reporting by the PSS offering services to members.

## 10) Quality & Access Improvements

Shanel Long

**Describe how you will increase access to treatment services. Is there a waiting list for certain levels of care? What interim or contingency services are available to individuals who may be on a wait list?**

Optum Tooele County has already added and will continue to add SUD treatment providers to the network. This will be an ongoing process to ensure members have timely access to SUD treatment services. There have been waiting lists indicated for residential level of care. Those on the waiting list can be offered the same service at another provider without a waiting list and if that is not available, the highest level of care available will be offered in the interim until the originally prescribed level of care is available.

If the person is unfunded, non-Medicaid funds have been allocated to Optum Tooele County to provide SUD treatment using these funds and support access to treatment. VBH, [Bonneville Family](#) and Clinical Consultants have been contracted to utilize non-Medicaid funds to provide SUD services for unfunded individuals.

**Please describe policies for improving cultural responsiveness across agency staff and in services, including “Eliminating Health Disparity Strategic Plan” goals with progress. Include efforts to document cultural background and linguistic preferences, incorporate cultural practice into treatment plans and service delivery, and the provision of services in preferred language (bilingual therapist or interpreter).**

See TCo\_Form A\_Attachment 1\_Valley TCo- Health Disparities Goals and Action Plan

**Service Capacity: Systemic approaches to increase access in programs for clients, workforce recruitment and retention, Medicaid and Non-Medicaid funded individuals, client flow through programming. Please describe how the end of the Public Health Emergency and subsequent unwinding is expected to impact the agency’s services and funding.**

Optum continues to assess network gaps and community needs based on Geomaps, feedback from members and providers, and community stakeholders. Optum holds multi-disciplinary meetings semi-monthly to review network needs and requests to join the Medicaid network for TCo. As reported above, Optum has added MAT providers to our Medicaid network, in the past year. We understand that with the Medicaid “unwinding” there will be a shift in Medicaid eligibility and possible increased movement to non-Medicaid. Providers will be encouraged to support continued care for members and to work with non-Medicaid providers if Medicaid eligibility is lost during this time. Providers have also been made aware of supports through Take Care Utah who can answer questions and provide assistance as needed.

**Describe efforts to respond to community feedback or needs. Describe your participation with key community partners (e.g.: Multi-Agency Coordinating Committees, Regional Advisory Councils, High Fidelity Wraparound teams, Local Interagency Councils, Local Recovery Community, Local Homeless Coordinating Committees, Peer Advocacy Groups, County Attorney, Law Enforcement, Local Education Agencies, Courts, Regional Healthcare Coalitions,**

**and other partnership groups relevant in individual communities) shall occur consistently.**

Since obtaining the contract to manage the behavior health services for Tooele County, Optum has responded to the community's top requests/needs as highlighted below:

- Spanish speaking behavioral health services in the local school district and expansion of outpatient services throughout the county by the Multicultural Counseling Center.
- Behavioral health screenings at local schools
- Assistance with insurance application and referral to PCPs covered by insurance with support from Take Care Utah and with The Utah Health Policy Project.
- Behavioral health integration within a medical practice through the addition of Bonneville Family Practice offering mental health and substance use disorder treatment
- Methadone treatment program through Bonneville Family Practice expected to open in FY24. MCOT to fidelity crisis services offered through Valley Behavioral Health
- Worked with the Tooele Opioid Response Network to collaborate on service enhancements and resources.
- Clinical Consultants, [Bonneville Family Practice](#) and VBH [are](#) contracted to utilize non-Medicaid funds to expand services for this population in the county.

Optum participates with and is co-chair in the Tooele County Human Services Advisory Council. This council includes representation from DWS, Tooele County Jail and police department, Tooele County Court, Tooele County School District, JJS, Tooele Youth Services, the Health Department, the Tooele County Resource Center, Aging Services, Natsu Healthcare, the Local Housing Authority, Mountain West Medical Center, Clinical Consultants, Valley Behavioral Health and MCOT. This council is designed as a platform to discuss community issues and needed responses.

**What evidence-based practices do you provide (you may attach a list if needed)? Describe the process you use to ensure fidelity?**

See [TCo\\_Form\\_A\\_Attachment\\_A\\_Evidence Based Practices MH – Narrative](#).

**Describe your plan and priorities to improve the quality of care.**

Optum has created a system whereby all ASAM LOCs greater than 1.0 must seek preauthorization and be reviewed based on the standards set forth by [OSUMH](#) and Medicaid. Optum Care Advocates review preauthorization and concurrent authorization requests following the [OSUMH mandated timelines for ASAM treatment plan review](#).

These [Optum](#) clinicians ensure the documentation supports the LOC requested, discharge planning occurs throughout treatment, and individuals receive additional recovery support services as needed.

In addition, when providers are audited, a comprehensive treatment record review is conducted to ensure the level of care is clinically justified using ASAM criteria, and the services rendered facilitate treatment progress. Optum [collaborated](#) with Tooele County Human Services to develop a data driven audit plan to efficiently monitor the network of providers for quality and compliance. [Optum will present the provider monitoring plan to Tooele County for approval on an annual basis](#).

**Describe your agency plan in utilizing telehealth services. How will you measure the quality of services provided by telehealth?**

See response to same question in Form A MH – Narrative

**What outcome measures does your agency use to address substance use services? How often**



does your agency review data and outcome measures? How do you identify if services are effective, efficient and improving lives? I.e., How much did we do? (Quality), How well did we do? (Quality) and Is anyone better off? (Impact).

Optum reviews Utilization Management data on a monthly basis to identify trends, gaps and quality of care improvement areas. Optum looks at complex member cases where there is a co-occurring SUD diagnosis to find trends of multiple treatment episodes and utilization of higher levels of care.

**11) Services to Persons Incarcerated in a County Jail or Correctional Facility** Thomas Dunford

**Describe the activities you propose to undertake over the three year period and identify where services will be provided. For each service, identify whether you will provide services directly or through a contracted provider, and how you will coordinate with the jail to ensure service delivery is adequate.**

Optum Tooele County contracts with Valley Behavioral Health who provide services in the jail. Services include three group sessions per week, in addition to a therapist scheduled for 4 hours a week to address mental health and substance use issues as requested by inmates. VBH responds to crisis situations as they arise in the jail. VBH meets with the jail commander regularly to get feedback on additional services and supports needed in the jail. VBH works collaboratively with Optum Tooele County, the Third District Court, Justice Courts and Adult Probation and Parole and private probation to meet with referred individuals while incarcerated for screening to determine risk level with the use of the Risk and Needs Triage (RANT) and or the LS/RNR to assist in successful and safe transition back to the community. High risk Individuals will continue to receive treatment, Medicaid assistance, Medical Assisted Treatment (MAT) ongoing case management i.e., assist in employment search, time management, transportation, treatment and recovery support following their release.

**Describe any significant programmatic changes from the previous year.**

No significant program changes.

**Describe current and planned activities to assist individuals who may be experiencing withdrawal (including distribution of Naloxone) while incarcerated or any efforts to use Medication-assisted treatment within a county jail or Prison. Identify all FDA approved medications currently provided within the jail(s).**

This service is provided by the jail medical staff and is not reported to Optum Tooele County. In FY23 the Tooele County Jail was awarded funds by the Tooele County Department of Human Services from the opioid settlement to purchase Sublocade to support MAT treatment in the jail. These funds will go into FY24 and the jail will have the opportunity to apply for additional funds into the following fiscal years.

**The SAPT block grant regulations limit SAPT expenditures for the purpose of providing treatment services in penal or correctional institutions of the State. Please identify whether your County plans to expand SAPT block grant dollars in penal or correctional institutions of the State.**

We don't plan to expend SAPT or block grant dollars in penal or correctional institutions.

**12) Integrated Care**

Shanel Long

**Describe your partnerships with local Health Departments, accountable care organizations (ACOs), federally qualified health centers (FQHCs) and other physical health providers. Please include a list of community agencies you partner with to provide integrated services.**

Optum Tooele County added Bonneville Family Practice to the network to provide integrated care for co-occurring issues. Bonneville Family Practice can provide MAT and other medication needs as the primary care physician. There are therapists on site who work with both the SUD and mental health issues with the member while seeing the doctor in the same clinic.

Optum Tooele County partners with the Tooele County Health Department and the Health Department Director sits as a member of the Tooele [County Human Services](#) Advisory Council which is composed of local agency directors to assess and meet the integrated needs of Tooele residents.

Optum Tooele County will also coordinate with Mountain West Medical Center (MWMC) to meet the crisis needs of Tooele County members.

When necessary, Optum Tooele County Care Advocates will request a signed ROI from the member to collaborate with their ACO.

Odyssey House has the Martindale Clinic that can provide medical care for clients.

[Optum Tooele County will continue to work to add integrated model providers as available. We are having conversations with Families First Pediatrics about possibly coming into the network in Tooele County. \(Awaiting their review of Medicaid and State requirements\).](#)

**Describe your efforts to integrate care and ensure that children, youth and adults have both their physical and behavioral health needs met, including screening and treatment and recovery support. Identify what you see are the primary barriers to implementing integrated care at your agency and your efforts to overcome those barriers. Please also describe how you will provide education and referrals to individuals regarding physical health concerns (i.e., HIV, TB, Hep-C, Diabetes, Pregnancy).**

See above. In addition, we contract with two SUD providers (VBH and Odyssey House) to provide ASAM dual diagnosis enhanced services. VBH provides our largest service delivery for dual diagnosed individuals. They have multiple locations, serving individuals with co-occurring psychiatric and substance use related disorders. VBH provides treatment to these individuals at all levels of care, including having a residential facility for dual diagnosed adult males (Co-Occurring Residential and Empowerment, CORE Program) and females (CORE 2). Odyssey House has both a women's and men's co-occurring program. [Bonneville Family Practice is an integrated clinic offering primary care and SUD specific services.](#)

Our Clinical Operations Team works with a variety of community partners to coordinate care. The Optum Clinical Operations Team currently has an Integration and Care Coordination Specialist who collaborates with the ACOs to coordinate mental health care, substance use disorder treatment and health care for clients who are in need. The partnership between the ACOs and Optum has led to improved coordination of services offered and real time discussions regarding the management of challenging individuals.

**Describe your efforts to incorporate wellness and wellness education into treatment plans for children, youth and adults. Please consider social determinants of health in your response.**

Optum Tooele County encourages all providers to integrate discussion of physical health and behavioral health needs into the treatment planning process after the initial assessment. It is also encouraged that release of information be completed with the provider to communicate and coordinate care with the member's primary care or other medical care provider. Optum Tooele County Care Advocates notify the member's ACO directly about physical health concerns that come up over the course of care management so they are addressed to support full recovery.

**Describe your plan to reduce tobacco and nicotine use in SFY 2024, and how you will maintain a nicotine free environment at direct service agencies and subcontracting agencies. For ongoing engagement, it is recommended to use an evidence-based nicotine dependence tool such as the Fagerstrom scale. SUD Target= reduce nicotine use to 4.8 in 2021 in TEDs.**

Optum Tooele County supports the Statewide Recovery Plus initiative by encouraging that all providers maintain a 'smoke free' environment. Smoking cessation interventions and resources are offered to members who indicate to their provider that they wish to stop smoking. These interventions can be offered by the provider directly or members can be referred to the county health department for tobacco cessation and prevention resources. [Optum Tooele County through the Recovery and Resiliency department facilitated the Dimensions Training for providers in Tooele County. These trainings will continue in FY 24 and beyond.](#)

**Quality Improvement: What education does your staff receive regarding health and wellness for client care including children, youth and adults?**

Optum care advocates receive education around integrating health care and the social determinants of health when supporting ongoing treatment needs and discharge planning when working with members and/or providers. For example, when a member is [discharged from](#) inpatient their ACO is contacted to support physical health related needs.

**Describe how you measure or determine success of these programs or services? Please identify and define measures and benchmarks you are working to achieve**

[Optum reviews Utilization Management data on a monthly basis to identify trends, gaps and quality of care improvement areas. Optum looks at complex member cases where there is a co-occurring SUD diagnosis to find trends of multiple treatment episodes and utilization of higher levels of care.](#)

### 13) Women's Treatment Services

Rebecca King

**Describe the evidence-based services provided for women including gender-specific substance use disorder treatment and other therapeutic interventions that address issues of trauma, relationships, sexual and physical abuse, vocational skills, networking, and parenting.**

Optum Tooele County, through its agreements with Valley Behavioral Health, provides women specific treatment, and pregnant substance users are given priority status. VBH provides individual and group therapy with a focus on evidenced based practices that are specific to women's issues, i.e., Seeking Safety. VBH provides trauma informed care and has some new groups that address trauma, relationships, sexual and physical abuse, and parenting. Vocational skills are generally through a referral to the Division of Rehabilitation but also through the New Reflections. There are evidence-based groups with the Nurturing Parent Program and Shame Resilience that are offered. Part of the Recovery Program includes sharing their personal story with their peers, teaching a class on some type of wellness or relapse prevention topic, and sharing their recovery with others. This appears

to be a great form of networking among those in recovery. Additionally, Valley Phoenix is a women and children specific SUD program offering all levels of care focusing on addressing the co-occurring issues, addressing needs areas like housing or vocation and offering parenting skill development while the child is with them in treatment.

Optum Tooele county contracts with Odyssey house who offer a women's co-occurring residential program addressing substance use, mental health, trauma and recovery support services.

Optum Tooele County has, also, engaged in a couple of Single Case Agreements with House of Hope and will continue to do this as needed and consider bringing them into the network if needed.

**Describe the therapeutic interventions for children of clients in treatment that addresses their developmental needs, their potential for substance use disorders, and their issues of sexual and physical abuse and neglect. Describe collaborative efforts with DCFS for women with children at risk of, or in state custody.**

Optum Tooele County, through its agreements with Valley Behavioral Health, offers therapeutic interventions including assessment, Care Planning that would incorporate the Family Systems Model which would often focus on the entire family as a whole. A Nurturing Parent group is also offered. The goal is that parents learn from one another and from the State Certified Program ways to bond and attach, communicate, and improve their relationships with their children. Currently there are two therapists who are coordinating care with DCFS, have monthly staffings, review Court orders, write progress reports and provide the treatment to clients who are involved with Third District Court and DCFS. There are team meetings that include the prescriber, treatment providers and Family Resource Facilitators to wrap the family with as much support as possible. This is offered at both an outpatient level of care and residential level of care with Valley Phoenix.

In addition, the contracted provider Odyssey House has components to offer services that address family issues/parenting and the family system to support whole recovery.

**Describe the case management, child care and transportation services available for women to ensure they have access to the services you provide.**

When women are assessed for services within the Optum Tooele County network, especially women who score high on the OQ<sup>®</sup> and/or RANT, they are often referred for case management services which may include transportation. Parents can be linked to licensed childcare providers in the area through information and referral resources. Pregnant women who may have identified substance use disorders, receive priority services with VBH.

**Describe any significant programmatic changes from the previous year.**

No significant program changes.

**Residential Women & Children's Treatment (WTX) (Salt Lake, Weber, Utah Co & Southwest Only)**

**Rebecca King**

**Identify the need for continued WTX funding in light of Medicaid expansion and Targeted Adult**

<b>Medicaid.</b>
NA
<b>Please describe the proposed use of the WTX funds</b>
NA
<b>Describe the strategy to ensure that services provided meet a statewide need, including access from other substance abuse authorities</b>
NA
<b>Submit a comprehensive budget that identifies all projected revenue and expense for this program by email to: bkelsey@utah.gov</b>
NA
<b>Please demonstrate out of county utilization of the Women and Children's Residential Programs in your local area. Please provide the total number of women and children that you served from other catchment areas and which county they came from during the last fiscal year.</b>
NA

**14) Adolescent (Youth) Treatment**

**Shanin Rapp**

<b>Describe services provided for adolescents and families. Please identify the ASAM levels of care available for youth.</b>
<p>Optum Tooele county is contracted with Clinical Consultants and Odyssey House who offer substance use disorder treatment for adolescents. Odyssey House has ASAM levels of care 3.5, 3.1, 2.5, 2.1 and 1.0. Clinical consultants have ASAM 2.1 and 1.0 levels of care. Each program incorporates services that support the family system including family therapy to address parent child relational problems or other family issues affecting the recovery environment.</p> <p>Additionally, the Tooele County Health Department provides prevention services with the Potvin's Life Skills Training for school aged youth in grades 7 through 12. This is an evidence-based substance use and violence prevention program taught in the Tooele County School District.</p> <p>Optum Tooele County, through its agreements with VBH, has implemented an evidenced -based approach. An FRF will also be assigned to adolescents in treatment to connect resources and to coordinate wrap-around services. The following groups are a part of the Tooele Adolescent Substance Abuse Program. Individuals that are not at high risk, should not participate in these groups. Further information can be taken from the manuals and or from the national registry of evidence-based treatments.</p> <p>DBT Skills Group: This group works on mindfulness which helps individuals to be aware and able to use other skills, emotional regulation, distress tolerance, and relationship effectiveness.</p>

MRT Group: This group is designed to reduce criminal thinking, and to help individuals to develop and integrate an identity as a sober law-abiding individual.

Matrix Early Recovery Skills Group: This group is designed to help individuals to gain early skills to be sober.

Matrix Social Support Group: The group is there to help provide more long-term skills development specific to maintaining sobriety.

In addition, we have incorporated the following treatment initiatives:

Community contacts: As treatment is reduced naturally and community support should increase. These contacts are there to provide motivation to reach out to community [contacts](#) that are sober. This could be any group that is legitimately sober and supportive and not family or friends such as support groups, sports clubs, or church.

Relapse Prevention Plan in: A relapse prevention plan should be a fluid plan to help individuals to stay sober and should be a part of the duration of treatment. Presentation is there to help each individual to publicly take accountability and responsibility for his or her own sobriety.

ASAM levels of care available for youth at VBH is 1.0. If ASAM level is below 1.0, clients would be referred to our Prevention Services.

**Describe efforts to engage, educate, screen, recruit, and [refer](#) youth. Identify gaps in the youth treatment referral system within your community and how you plan to address the gaps.**

Tooele County Human Services Advisory Council is a resource that hears from community partners about gaps they are seeing in youth treatment or issues that require attention. HSAC serves as a conduit to all agencies that can influence/encourage youth participation in services.

The Utah State University Needs Assessment Survey evaluates services and focuses on community response to those needs and can identify gaps.

The OSUMH SHARPS Study also provides data that can be used to see if current efforts to engage youth are meeting the needs in Tooele County.

The Tooele County School District offers mental health screenings at high schools three times over the course of the school year. This supports students and families to identify treatment needs and get connected to services. Optum Tooele County partners with the school district to provide resources to support access to treatment.

**Describe collaborative efforts with mental health services and other state child serving agencies (DCFS, DJJS, SOC, DSPD, Juvenile Court) and any significant programmatic changes from the previous year.**

Optum Tooele County will continue to provide services through its range of providers. Groups are available according to fluctuating needs. Optum actively communicates with juvenile probation officers, [Youth Services Center \(JJYS\)](#), DCFS caseworkers, and other referring agents to provide timely information and coordination of care.

**15) Drug Court**

**Shanel Long**

**Describe the Drug Court eligibility criteria for each type of specialty court (Adult, Family, Juvenile Drug Courts, etc). Please provide an estimate of how many individuals will be served in each certified drug court in your area.**

Tooele County Third District Court admits defendants charged with felony and class A misdemeanor level drug offenses. In FY2019, the program had a cap of 45 clients, with others being placed on a waiting list. In 2021, the cap was moved to 70 to be able to assist the needs of the growing court and to cut down on the wait time for new clients.

Tooele County Drug Court is a minimum of 52 weeks with 180 days of clean drug screens before completion. Drug Court provides a courtroom environment where a judge is actively involved in the progress of the clients. Clients enter a Plea-In-Abeyance which is held until successful completion. Clients undergo treatment and counseling and make regular appearances before the judge. They submit to frequent, random drug testing, and are monitored closely by case management staff.

All Drug Court clients MUST live in Tooele County with Felony or Class A misdemeanor charges. They **must be high risk, high need and** cannot have a history of violence or weapon charges. Drug Courts are specifically designed to achieve a reduction in recidivism and substance use among substance abusing offenders and to increase the offender's likelihood of successful recovery through treatment, drug testing, supervision, and the use of appropriate sanctions and services. The use of graduated sanctions, including jail time, are imposed for program noncompliance. Upon graduation the guilty plea is withdrawn, and the criminal charges are decreased or dismissed. ASAM is used to assess appropriate levels of care. The program begins with clients participating in phases starting with intensive outpatient services (IOP) and phasing down to general outpatient (GOP) and then aftercare before graduating. IOP consists of at least 9 hours of treatment per week. The GOP consists of at least 3 hours of treatment per week. After care consists of 1.5 hours of treatment per week. Treatment consists of group therapy and individual therapy.

**Describe Specialty Court treatment services. Identify the services you will provide directly or through a contracted provider for each type of court (Adult, Family, Juvenile Specialty Courts, DUI). Describe your efforts to have Certified Peer Support specialists working with Drug Courts? How will you engage and assist individuals with Medicaid enrollment throughout their episode of care.**

Drug court clients have access to all levels of care available through Optum Tooele County's chosen provider, currently VBH. This includes access to 2.1 Intensive Outpatient Program, Standard Outpatient program and assisting with TAM waiver Medicaid while in jail. Prior to release, services that are medically assisted are offered, as well as MAT and residential treatment with EPIC or the Atherton Community Treatment Center. These services provide a full continuum of care either through VBH or contracted agencies. In the event that our drug court clients are dually diagnosed we offer enhanced community based and wrap around services as well. VBH provides all services on site. The goal of the Tooele County Drug Court is to get the clients the recovery tools to move from 2.1 IOP and have them scale to 1.0 GOP and become a responsible member of the community.

**Describe the MAT services available to Specialty Court participants. Please describe policies or procedures regarding use of MAT while in specialty court or for the completion of specialty court. Will services be provided directly or by a contracted provider (list contracted providers).**

It is the goal of VBH to assist with Medication Assisted Treatment (MAT), including opioid treatment

programs (OTP). VBH combines behavioral therapy and medications to treat substance use disorders. In many cases the use of suboxone can be used for a replacement for opiate addiction. All clients are required to see a VBH prescriber and all testing for levels of the drug is done by the HSSC lab. Clients have access to MAT including buprenorphine, vivitrol, suboxone, naltrexone and, if appropriate and medically necessary, will be referred to a provider contracted for methadone. VBH has prescribers on site who are trained and certified to provide MAT with their local APRN provider.

**Describe your drug testing services for each type of court including testing on weekends and holidays for each court. Identify whether these services will be provided directly or through a contracted provider. (Adult, Family, Juvenile Specialty Courts, etc).**

VBH conducts drug testing services 5 days per week and a minimum of one random Saturday or Sunday per month, as well as random holidays. These tests are administered at the VBH Tooele main office. All services are provided directly by VBH staff and are completely random. Drug testing is mandatory for all individuals referred to VBH through the legal system and results are shared/reported to the referring entity.

All clients referred for drug testing services are provided written notification that any test showing a 'positive' result may request the test be sent out to a lab for a breakdown of positive substances if they wish to contest the results of the onsite test. This will result in an additional fee to which the client is informed. A refund of the additional fee will be given should the contested urine screen be deemed a false positive. The Division of Child and Family Services refers individuals for testing when abstinence is an identified need of their respective service plans.

Tests are administered randomly with the required number of test days determined by their level of risk for relapse determined by the therapist at the time of assessment. An exception to this would be a court order for a specific number of days per week. Individuals mandated to submit drug tests call in daily to determine if it is a required test day for the group to which they are assigned during the initial intake.

**List all drug court fees assessed to the client in addition to treatment sliding scale fees for each type of court (Adult, Family, Juvenile Specialty Courts, etc).**

For Drug court and some court ordered clients VBH fills out a TAM waiver at the start of the program (most of the time in the jail) so most of those are covered by TAM then later in the program we move those to Optum Medicaid, some have private insurance that is billed, some are on a sliding scale fee and some are covered under un-funded.

## 16) Justice Services

Thomas Dunford

**Describe screening to identify criminal risk factors.**

The local JRI Implementation team currently consists of an Administrative Coordinator from VBH, local law enforcement, AP&P, drug court representation, as well as representation from local district courts from multiple jurisdictions and local justice courts. Also prosecuting attorneys, public defenders and the Tooele County Sheriff's Office is represented. We are consistently seeking additions of JRI members in order to support the local JRI project but feel we have a great partnership and support in our local community. The Risk and Need Triage (RANT) instrument and/or the LSI-RNR tool are evidence-based screening instruments that the courts rely on.

**Identify the continuum of services for individuals involved in the justice system. Identify strategies used with low risk offenders. Identify strategies used with high risk offenders to**



**reduce criminogenic risk factors.**

The initial focus for VBH will be in the area of training and collaboration with community entities to develop a system wide method for addressing recidivism in the community. The Risk and Need Triage (RANT) or LS-RNR tool; serve as screening instruments that the courts and law enforcement utilize for criminal justice involvement. The purpose of this assessment is to facilitate appropriate placement for treatment and other needs based on the risk for recidivism and serve to separate high risk offenders from those at lower risk for recidivism. VBH will work to determine criminogenic needs identified in the Level of Service Inventory (LSI), or the LSI revised (LSI-R). Identification of 'needs' prior to release will assist in a successful transition back to the community as it may be possible to begin addressing some barriers prior to release. VBH will offer two treatment groups per week in the Tooele Adult Detention Center. Referrals for the initial screening and group participation may come from various entities but most are expected from the Corrections and Judicial system.

VBH clinical staff will receive training in evidence-based treatment practices. Such practices include: Mind Body Bridging, MRT, Thinking for Change Curriculum, DBT- for those with both MH and SUD issues. CBT interventions will be emphasized for treatment of substance abuse issues that may be prevalent within this population and a primary factor in recidivism. In addition, VBH will ensure ongoing training of individualized treatment planning (goals and objectives) specific to addressing identified criminogenic 'risks' and 'needs.'

Prevention efforts will focus with administration of the RANT and/or LS/RNR to all clients referred to VBH through the legal system in order to appropriately address and tailor treatment plans including group assignment according to risk level. This is intended to prevent lower risk offenders from progressing to a higher risk of incarceration.

**Identify a quality improvement goal to better serve individuals involved in the criminal justice system. Your goal may be based on the recommendations provided by the University of Utah Criminal Justice Center in SFY 2020.**

VBH-TC will increase the number of Case Managers/Therapists involved in serving the criminal justice population that are incarcerated.

**Identify coalitions, planning groups or councils (or other efforts) at the county level working to improve coordination and outcomes for adults involved in the justice system.**

Optum Tooele County, through its broad panel of providers, reaches out to various agencies and stakeholders to engage in planning to help with coordination and better outcomes for adults in the justice system. The Human Services Advisory Council will be an effective voice for justice related programs. Agencies include DWS, Tooele County Health Department, the local housing authority, the domestic violence shelter, and the Tooele County Resource Center.

**Identify efforts as a community stakeholder for children and youth involved with the juvenile justice system, local DCFS, DJJS, Juvenile Courts, and other agencies.**

Optum Tooele County, through its broad panel of providers, reaches out to various agencies and stakeholders, including the schools, to engage in planning for coordination and better outcomes for youth. Communities That Care, HOPE Squads, Mountain West Hospital, the local police/sheriff

and community input is invited to assist DCFS, JJYS, Optum, and other providers of children's services to succeed.

**Describe how you measure or determine success of these programs or services? Provide data and outcomes used to evaluate Justice Services. Please identify and define measures and benchmarks you are working to achieve**

The justice involved staff of VBH continually monitors the outcomes, for all clients, the following areas of tracking for the justice system: Attendance, Drug and Alcohol testing, Graduation, how long in the program, any technical violations, and new arrests VBH also tracks the outcome of the clients after they leave the program and are beginning to look and monitor whether members of disadvantaged groups complete the programs at equivalent rates to other participants.

**17)Suicide Prevention, Intervention & Postvention (ONLY COMPLETE IF NOT COMPLETED ON FORM A)**

**Describe all current activities in place in suicide prevention, including evaluation of the activities and their effectiveness on a program and community level. Please include a link or attach your localized suicide prevention plan for the agency.**

See Form A [MH Narrative](#)

**Describe all currently suicide intervention/treatment services and activities including the use of evidence based tools and strategies. Describe your policies and procedures for suicide screening, risk assessment, and safety planning as well as suicide specific treatment and follow up/care transition services. Describe how clients are identified for suicide specific services. How is the effectiveness of the services measured?**

See Form A [MH Narrative](#)

**Describe all current strategies in place in suicide postvention including any grief supports. Please describe your current postvention response plan, or include a link or attach your localized suicide postvention plan for the agency and/or broader local community.**

See Form A [MH Narrative](#)

**Describe your plan for coordination with Local Health Departments and local school districts to identify roles and support implementation of a community postvention plan in alignment with the state Community Postvention Toolkit.**

See Form A [MH Narrative](#)

**For Local Authorities participating in the Garrett Lee Smith State Youth Suicide Prevention and Early Intervention Grant Program summarize your implementation plans for implementing skill based programming, gatekeeper training, community or school based screening activities, and crisis follow up services after inpatient or emergency department visits. (note: this can be done in the box below, or by linking/attaching your most current report).**

**For those not participating in this grant program, please indicate "N/A" in the box below.**

See Form A [MH Narrative](#)

**For Local Authorities participating in the Comprehensive Suicide Prevention grants describe your implementation plans for primary prevention programs, suicide intervention supports including gatekeeper training, and community postvention planning. (note: this can be done in the box below, or by linking/attaching your most current report).**

**If any of the following project deliverables are currently available, please link them here or attach them to your submission.**

- 1. By year 2, funding recipients shall submit a written comprehensive suicide prevention plan that is in alignment with the [Utah Suicide Prevention State Plan](#) and by year 2, funding recipients shall submit a written postvention response plan and communication protocol for their organization.**
- 2. By year 3 funding recipients shall submit a written community postvention response plan.**

**For those not participating in this project, please indicate, "N/A" below.**

See Form A [MH Narrative](#)

**For Local Authorities receiving mini grant funding for the Live On Utah statewide suicide prevention campaign, summarize your implementation and sustainability plans for the implementation of culturally appropriate suicide prevention messaging in your area.**

**For those not participating in this project, please indicate, "N/A" below.**

See Form A [MH Narrative](#)