

**Davis County**

**3 Year Plan (2024-2026)**

**FORM C - SUBSTANCE USE PREVENTION NARRATIVE**

With the intention of helping every community in Utah to establish sustainable [Community Centered Evidence Based Prevention](#) efforts, fill in the following table per the instructions below.

Not every community will be at optimal readiness nor hold highest priority. This chart is designed to help you articulate current prevention activities and successes as well as current barriers and challenges. Please work with your Regional Director if you have questions about how to best report on your communities. For instructions on how to complete this table, please see the [Community Coalition Status Tool](#) here.

List every community in your area defined by one of the following:

1. serving one of the [99 Small Areas](#) within Utah
2. serving the communities that feed into a common high school
3. any other definition of community with OSUMH approval.

\*All "zero" or "no priority" communities may be listed in one row

CCEBP Community	CCEBP Community Coalition Status (see tool here)	Priority High Medium Low	Notes/Justification of Priority	List of Programs Provided (if applicable)	Evidence Based Operating System (e.g. CTC, CADCA Coalition Academy, PROSPER)	Links to community strategic plan
North Davis CTC (Syracuse & Clearfield cones)	E8/9	High	Phase 5: Finalized strategic plan and implementing strategies	BBBS, COSP, L2B, SFP	Coordinator has been trained in CADCA Academy and is working w/ CTC Coach	<a href="#">North Davis Communities That Care 2022 Action Plan</a>
Layton CTC (Layton & Northridge cones)	E7/8	High	Phase 4: Developing a community action plan and implementing strategies	BBBS, COSP, L2B, SFP	Coordinator has been trained in CADCA Academy and is working w/ CTC Coach	
Central Davis CTC (Davis & Farmington)	5a	High	Phase 2: Building coalition capacity	L2B	Coordinator will be trained in CTC and will work with a CTC Coach	
South Davis CTC (Bountiful, Viewmont, and Woods Cross cones)	E8/9	High	Phase 5: Finalized strategic plan and implementing strategies	BBBS, COSP, L2B, SFP	Coordinator has been trained in CADCA Academy and is working w/ CTC Coach	<a href="#">South Davis CTC Action Plan Link</a>

**Area Narrative:** Over the next three years, what will the LSAA do to support/enhance community driven evidence-based prevention? What are the goals or expected outcomes for the LSAA and how will they be reached?

**#1** DBH supports 4 Prevention Specialists to coordinate the CTC framework in all Davis County cities. DBH will continue to provide support to the CTCs in each phase of their process through leadership and training, and regular meetings with the CTC coach, and will participate in the development and implementation of a local area plan.

**#2** DBH will support the Prevention Specialists in offering high-fidelity programs through creation of a full-time Program Manager, and securing funding and resources for evidence-based prevention programming.

**#3** DBH will continue to sustain and grow the prevention system in Davis County by advocating for funding, additional support staff, professional development opportunities, and space and resources, as appropriate. DBH will also provide annual reporting to our key stakeholders regarding the work being done, maintain updated website with accurate information, and collaborate with county-wide partners.

**#4** DBH supports a full-time Diverse Communities Prevention Specialist to guide DEI prevention efforts in our county. DBH will support the individual as they work through the Strategic Prevention Framework to assess the needs of Latinx community in Davis County, and develop a plan to prevent youth substance use in this population.

**Please provide logic models on the Logic Models Tab**

**Year 2 Updates**

Year 3 Updates

Provide a Logic Model by coalition and/or agency for each problem behavior being addressed funded by Block Grant, PFS, SOR, SPF Rx, or State General Funds. Make a copy of the blank one and paste below for each additional logic model needed.

Agency/Coalition		South Davis CTC							
Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes			
						Short (process)	Medium (3 to 5 years)	Long (10 years)	
Logic	Family conflict		Strengthening Families Program	Universal	<a href="#">Blueprints: Link</a>	Block Grant: State General Fund: Discretionary: \$7250	Parents who attend the program will show increase in knowledge related to listening and communication skills	Family conflict will decrease by 2% from 27% to 25% from 2021 to 2025	E-Cigarette use will decrease by 1% from 5.6% to 4.6% from 2021 to 2031
			Big Brothers Big Sisters of Utah	Selective	<a href="#">Blueprints: Link</a>	Block Grant: State General Fund: Discretionary: \$1950	Youth who participate in the program will show an increase in knowledge of building skills such as teamwork, communication, and coping with and expressing feelings		
Measures & Sources	27% of 6-12 grade--2021 SHARP Survey						1. Pre/post test scores 2. Pre/post mentorship evaluations	2025 SHARP survey	2031 SHARP survey
Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes			
						Short (process)	Medium (3 to 5 years)	Long (10 years)	
Logic	Family attachment		Strengthening Families Program	Universal	<a href="#">Blueprints: Link</a>	Block Grant: State General Fund: Discretionary: \$7250	Parents who attend the program will show increase in knowledge related to using love and limits, and communication skills	Family attachment will increase by 2% from 75% to 77% from 2021 to 2025	E-Cigarette use will decrease by 1% from 5.6% to 4.6% from 2021 to 2031
			Circle of Security Parenting	Universal	Under review with the EBW	Block Grant: State General Fund: Discretionary: 783.33	Parents who attend the program will show increase in knowledge related to secure attachment		
Measures & Sources	75% of 6-12 grade -- 2021 SHARP Survey						1. Pre/post test scores 2. Pre/post test scores	2025 SHARP survey	2031 SHARP survey
Problem Behavior Goal		Reduce E-Cigarette Use By 1%.							

Measures & Sources		5.6% of youth in grades 6-12 report using e-cigarettes in the past 30-days as measured on the 2021 SHARP survey								
Agency/Coalition		South Davis CTC								
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective	Evidence Based: Link to Program	Cost	Outcomes			
							Short (process)	Medium (3 to 5 years)	Long (10 years)	
Logic	Depressive symptoms	Felt sad or hopeless for two weeks or more in a row during the past year	Learning to Breathe	Universal	<a href="#">Case: Link Under review with the EBW</a>	Block Grant: State General Fund: Discretionary: \$70600	Participants who attend the program will gain tools that will help in reducing symptoms of anxiety & depression, regulate difficult emotions, and strengthen attention	Depressive symptoms will decrease by 2% from 39.5% to 37.5% from 2021 to 2025	E-Cigarette use will decrease by 1% from 5.6% to 4.6% from 2021 to 2031	
			EveryDay Strong	Universal	Under review with the EBW?	Block Grant: State General Fund: Discretionary: \$5,000	Participants who attend the workshop will gain a new approach in reducing symptoms of anxiety & depression for the kids in their lives			
Measures & Sources	39.5% of 6-12 grade -- 2021 SHARP Survey	1. 29.3% of 6-12 grade -- 2021 SHARP survey					1. Pre/post test scores 2. Pre/post test scores	2025 SHARP survey	2031 SHARP survey	
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective	Evidence Based: Link to Program	Cost	Outcomes			
							Short (process)	Medium (3 to 5 years)	Long (10 years)	
Logic	Family attachment		Strengthening Families Program	Universal	<a href="#">Blueprints: Link</a>	Block Grant: State General Fund: Discretionary: \$7250	Parents who attend the program will show increase in knowledge related to using love and limits, and communication skills	Family attachment will increase by 2% from 75% to 77% from 2021 to 2025	E-Cigarette use will decrease by 1% from 5.6% to 4.6% from 2021 to 2031	
			Circle of Security Parenting	Universal	Under review with the EBW	Block Grant: State General Fund: Discretionary: \$783.33	Parents who attend the program will show increase in knowledge related to secure attachment			
Measures & Sources	75% of 6-12 grade -- 2021 SHARP Survey						1. Pre/post test scores 2. Pre/post test scores	2025 SHARP survey	2031 SHARP survey	
Problem Behavior Goal		Reduce Underage Drinking By 1%								
Measures & Sources		3.4% of youth in grades 6-12 report drinking alcohol in the past 30-days as measured on the 2021 SHARP survey								
Agency/Coalition		South Davis CTC								
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective	Evidence Based: Link to Program	Cost	Outcomes			
							Short (process)	Medium (3 to 5 years)	Long (10 years)	



			Big Brothers Big Sisters of Utah	Selective	<a href="#">Blueprints: Link</a>	Block Grant: State General Fund: Discretionary: \$1950	Youth who participate in the program will show an increase in knowledge of building skills such as teamwork, communication, and coping with and expressing feelings												
Measures & Sources	27% of 6-12 grade--2021 SHARP Survey						1. Pre/post test scores 2. Pre/post mentorship evaluations	2025 SHARP survey	2031 SHARP survey										
	<b>Risk/Protective Factor</b>	<b>Local Conditions</b>	<b>Strategies</b>	<b>Focus Population: Universal</b>	<b>Evidence Based: Link to Program</b>	<b>Cost</b>	<b>Outcomes</b>												
							<b>Short (process)</b>	<b>Medium (3 to 5 years)</b>	<b>Long (10 years)</b>										
Logic	Family attachment		Strengthening Families Program	Universal	<a href="#">Blueprints: Link</a>	Block Grant: State General Fund: Discretionary: \$7250	Parents who attend the program will show increase in knowledge related to using love and limits, and communication skills	Family attachment will increase by 2% from 75% to 77% from 2021 to 2025	E-Cigarette use will decrease by 1% from 5.6% from 2021 to 2031										
			Circle of Security Parenting	Universal	Under review with the EBW	Block Grant: State General Fund: Discretionary: 783.33	Parents who attend the program will show increase in knowledge related to secure attachment												
Measures & Sources	75% of 6-12 grade -- 2021 SHARP Survey						1. Pre/post test scores 2. Pre/post test scores	2025 SHARP survey	2031 SHARP survey										

<b>Problem Behavior Goal</b>	Reduce past 12-month suicide attempts 29% for youth in Layton / South Weber by 2027									
<b>Measures &amp; Sources</b>	5.9%, SHARP Davis county profile 2021									
<b>Agency/Coalition</b>	<b>Davis Behavioral Health / Layton CTC</b>									
	<b>Risk/Protective Factor</b>	<b>Local Conditions</b>	<b>Strategies</b>	<b>Focus Population: Universal</b>	<b>Evidence Based: Link to Program</b>	<b>Cost</b>	<b>Outcomes</b>			
							<b>Short (process)</b>	<b>Medium (3 to 5 years)</b>	<b>Long (10 years)</b>	
Logic	<b>Depressive symptoms</b>		<b>Learning to Breathe</b>	<b>Universal</b>	<a href="https://pg.casel.org/learning-to-breathe/#:~:text=Learning%20to%20Breathe%20provides%20a%20a%20effectiveness%20at%20grades%2010%2D12.">https://pg.casel.org/learning-to-breathe/#:~:text=Learning%20to%20Breathe%20provides%20a%20a%20effectiveness%20at%20grades%2010%2D12.</a>	Block Grant: State General Fund: Discretionary:\$17360	<b>6th grade student participants will have the skills necessary to regulate difficult emotions</b>	<b>Reduce depressive symptoms 5% by 2027</b>	<b>Reduce past 12-month suicide attempts 59.2% by 2031</b>	









			<b>Big Brothers, Big Sisters of Utah</b>	<b>Selective</b>	<a href="https://www.blueprintsprograms.org/programs/8999999/big-brothers-big-sisters-of-america/">https://www.blueprintsprograms.org/programs/8999999/big-brothers-big-sisters-of-america/</a>	Block Grant: State General Fund: Discretionary:\$789.03	<b>Youth who are matched will have increased relationships and bonding to parents and family</b>		<b>Davis County SHARP profile 2031</b>
Measures & Sources	<b>75.0% SHARP Davis County profile 2021</b>						<b>Program pre/post assessments</b>		<b>Davis County SHARP profile 2027</b>

Note on data, measures & sources:

\*\*\*All SHARP data reported on this logic model is the public LSAA profile. Actual data used in the action plan is proximal to our target area, and may differ from the numbers reported here. All goal percentages are reflected as relative increases/decreases.

**Problem Behavior Goal** Reduce past 30-day alcohol use 30% for youth in Layton / South Weber by 2027

**Measures & Sources** 3.4%, Davis County SHARP profile

**Agency/Coalition** **Davis Behavioral Health / Layton CTC**

Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective	Evidence Based: Link to Program	Cost	Outcomes			
						Short (process)	Medium (3 to 5 years)	Long (10 years)	
Logic	<b>Depressive symptoms</b>		<b>Learning to Breathe</b>	<b>Universal</b>	<a href="https://pg.casel.org/learning-to-breathe/#:~:text=Learning%20to%20Breathe%20provides%20a,effectiveness%20at%20grades%2010%2D12.">https://pg.casel.org/learning-to-breathe/#:~:text=Learning%20to%20Breathe%20provides%20a,effectiveness%20at%20grades%2010%2D12.</a>	Block Grant: State General Fund: Discretionary:\$17360	<b>8th grade student participants will have the skills necessary to regulate difficult emotions</b>	<b>Reduce depressive symptoms 5% by 2027</b>	<b>Reduce past 30-day alcohol use 60% by 2031</b>
			<b>Learning to Breathe (L2B)</b>	<b>Universal</b>	<a href="https://pg.casel.org/learning-to-breathe/#:~:text=Learning%20to%20Breathe%20provides%20a,effectiveness%20at%20grades%2010%2D12.">https://pg.casel.org/learning-to-breathe/#:~:text=Learning%20to%20Breathe%20provides%20a,effectiveness%20at%20grades%2010%2D12.</a>	Block Grant: State General Fund: Discretionary:\$972	<b>Adult participants will have the skills necessary to regulate difficult emotions and model for their youth healthy emotion coping strategies</b>		
			<b>Big Brothers, Big Sisters of Utah</b>	<b>Selective</b>	<a href="https://www.blueprintsprograms.org/programs/8999999/big-brothers-big-sisters-of-america/">https://www.blueprintsprograms.org/programs/8999999/big-brothers-big-sisters-of-america/</a>	Block Grant: State General Fund: Discretionary:\$789.03	<b>Youth who are matched will have increased quality in their relationships, and report decreased symptoms relating to depression</b>		

Measures & Sources **29.3% SHARP Davis County profile 2021**

Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective	Evidence Based: Link to Program	Cost	Outcomes			
						Short (process)	Medium (3 to 5 years)	Long (10 years)	
Logic	<b>Low commitment to school</b>		<b>Big Brothers, Big Sisters of Utah</b>	<b>Selective</b>	<a href="https://www.blueprintsprograms.org/programs/8999999/big-brothers-big-sisters-of-america/">https://www.blueprintsprograms.org/programs/8999999/big-brothers-big-sisters-of-america/</a>	Block Grant: State General Fund: Discretionary:\$789.03	<b>Youth who are matched will have increased attachment and commitment to school and education aspirations</b>	<b>Reduce Low commitment to school 5.8% by 2027</b>	<b>Reduce past 30-day alcohol use 60% by 2031</b>

Measures & Sources **Davis County SHARP profile 2027**

Measures & Sources **Davis County SHARP profile 2031**





Logic	Family attachment		<u>Circle of Security Parenting Program</u>	<u>Universal</u>	<a href="https://www.cebc4cw.org/program/circle-of-security-parenting/">https://www.cebc4cw.org/program/circle-of-security-parenting/</a>	Block Grant: State General Fund: Discretionary: \$1302	<u>Increased caregiver reflection on their own and their child's thoughts, feelings and impact on behaviour</u>	<u>Increase family attachment 5.5% by 2027</u>	<u>Reduce past 30-day alcohol use 60% by 2031</u>
			<u>Strengthening Families Program (SFP) 10-14</u>	<u>Universal</u>	<a href="https://www.blueprintsprograms.org/programs/18999999/strengthening-families-10-14/">https://www.blueprintsprograms.org/programs/18999999/strengthening-families-10-14/</a>	Block Grant: State General Fund: Discretionary: 1516.92	<u>Youth participants will report increased family bonding</u>		
			<u>Big Brothers, Big Sisters of Utah</u>	<u>Selective</u>	<a href="https://www.blueprintsprograms.org/programs/89999999/big-brothers-big-sisters-of-america/">https://www.blueprintsprograms.org/programs/89999999/big-brothers-big-sisters-of-america/</a>	Block Grant: State General Fund: Discretionary: \$789.03	<u>Youth who are matched will have increased relationships and bonding to parents and family</u>		
Measures & Sources	<u>75.0% SHARP Davis County profile 2021</u>						<u>Program pre/post assessments</u>	<u>Davis County SHARP profile 2027</u>	

**Note on data, measures & sources:**

**\*\*\*All SHARP data reported on this logic model is the public LSAA profile. Actual data used in the action plan is proximal to our target area, and may differ from the numbers reported here. All goal percentages are reflected as relative increases/decreases.**

**Problem Behavior Goal** Reduce past 30-day marijuana use 25% for youth in Layton / South Weber by 2027

**Measures & Sources** 4.1%, Davis County SHARP profile 2021

**Agency/Coalition** Davis Behavioral Health / Layton CTC

	<u>Risk/Protective Factor</u>	<u>Local Conditions</u>	<u>Strategies</u>	<u>Focus Population: Universal/Selective</u>	<u>Evidence Based: Link to Program</u>	<u>Cost</u>	<u>Outcomes</u>		
							<u>Short (process)</u>	<u>Medium (3 to 5 years)</u>	<u>Long (10 years)</u>
Logic	<u>Depressive symptoms</u>		<u>Learning to Breathe</u>	<u>Universal</u>	<a href="https://pg.casel.org/learning-to-breathe/#:~:text=Learning%20to%20breathe%20provides%20a,effectiveness%20at%20grades%2010%2D12.">https://pg.casel.org/learning-to-breathe/#:~:text=Learning%20to%20breathe%20provides%20a,effectiveness%20at%20grades%2010%2D12.</a>	Block Grant: State General Fund: Discretionary: \$17360	<u>6th grade student participants will have the skills necessary to regulate difficult emotions</u>	<u>Reduce depressive symptoms 5% by 2027</u>	<u>Reduce past 30-day marijuana use 50% by 2031</u>
			<u>Learning to Breathe (L2B)</u>	<u>Universal</u>	<a href="https://pg.casel.org/learning-to-breathe/#:~:text=Learning%20to%20breathe%20provides%20a,effectiveness%20at%20grades%2010%2D12.">https://pg.casel.org/learning-to-breathe/#:~:text=Learning%20to%20breathe%20provides%20a,effectiveness%20at%20grades%2010%2D12.</a>	Block Grant: State General Fund: Discretionary: \$972	<u>Adult participants will have the skills necessary to regulate difficult emotions and model for their youth healthy emotion coping strategies</u>		
			<u>Big Brothers, Big Sisters of Utah</u>	<u>Selective</u>	<a href="https://www.blueprintsprograms.org/programs/88999999/big-brothers-big-sisters-of-america/">https://www.blueprintsprograms.org/programs/88999999/big-brothers-big-sisters-of-america/</a>	Block Grant: State General Fund: Discretionary: \$789.03	<u>Youth who are matched will have increased quality in their relationships, and report decreased symptoms relating to depression</u>		













\*\*\*All SHARP data reported on this logic model is the public LSAA profile. Actual data used in the action plan is proximal to our target area and may differ from the numbers reported here. All goal percentages are reflected as relative increases/decreases.

Problem Behavior Goal		Reduce Underage Drinking by 1%							
Measures & Sources		3.4% of youth in grades 6-12 report drinking alcohol in the past 30-days as measured on the 2021 SHARP survey							
Agency/Coalition		Davis Behavioral Health/ North DavisCommunities That Care							
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective	Evidence Based: Link to Program	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Family Conflict		Strengthening Families Program	Universal	<a href="#">Blueprints: Link</a>	Block Grant: State General Fund: Discretionary: \$8681.25	Parents who attend will increase their knowledge on how to work together as a family and have conversations with their children.	Family conflict will decrease by 2% from 27% to 25% from 2021 to 2025	Underage drinking will decrease by 1% from 3.4% to 2.4% from 2021 to 2031
Measures & Sources	27% of 6-12 grade--2021 SHARP Survey					Block Grant: State General Fund: Discretionary:	1. Pre/post test scores 2. Number of families graduating from the program 3. SHARP Survey	2025 SHARP survey	2031 SHARP survey
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective	Evidence Based: Link to Program	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Reward for Prosocial Involvement in the Family		Strengthening Families Program	Universal	<a href="#">Blueprints: Link</a>	Block Grant: State General Fund: Discretionary: \$8681.25	Increase in # of students reporting parents give compliments or recognize them for chores or following the rules.	Rewards for prosocial involvement in the family will increase by 2% from 67.6% to 69.6% from 2021 to 2025	Underage drinking will decrease by 1% from 3.4% to 2.4% from 2021 to 2031
			Social Development Strategy	Universal	<a href="#">Brief Social Development Strategy</a>	Block Grant: State General Fund: Discretionary: \$1800	Parents who attend the program will learn how to provide consistent specific praise and recognition for effort, improvement, and achievement.		

Measures & Sources	67.6 % of 6-12 grade -- 2021 SHARP Survey						1. Pre/post test scores 2. Number of families graduating from the program 3. SHARP Survey 4. Number of adults attending the SDS workshop	2025 SHARP survey	2031 SHARP survey
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**Problem Behavior Goal** Reduce Youth Marijuana Use by 1%

**Measures & Sources** 4.1% of youth in grades 6-12 report marijuana use in the past 30-days as measured on the 2021 SHARP survey

**Agency/Coalition** Davis Behavioral Health/ North DavisCommunities That Care

	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective	Evidence Based: Link to Program	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Family Conflict		Strengthening Families Program	Universal	<a href="#">Blueprints: Link</a>	Block Grant: State General Fund: \$8681.25  Block Grant: State General Fund: Discretionary:	Parents who attend will increase their knowledge on how to work together as a family and have conversations with their children.	Family conflict will decrease by 2% from 27% to 25% from 2021 to 2025	Underage drinking will decrease by 1% from 3.4% to 2.4% from 2021 to 2031

Measures & Sources	27% of 6-12 grade--2021 SHARP Survey						1. Pre/post test scores 2. Number of families graduating from the program 3. SHARP Survey	2025 SHARP survey	2031 SHARP survey
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	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective	Evidence Based: Link to Program	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Depressive Symptoms		Learning to Breathe	Selective	<a href="#">CASEL: Link</a>	Block Grant: State General Fund: Discretionary: \$38500	Increase # of 6th grade students who are able to regulate their emotions.	Depressive Symptoms will decrease by 2% from 39.5% to 37.5% from 2021 to 2025	Marijuana past 30-day use will decrease by 1% from 4.1% to 3.1% from 2021 to 2031
			Circle of Security Parenting	Universal	<a href="#">CEBC: Link</a>	Block Grant: State General Fund: Discretionary: 3000	Parents who attend the program can identify and respond to there child's needs for support to explore and for comfort and contact.		

Measures & Sources	39.5 % of 6-12 grade -- 2021 SHARP Survey						1. Pre/post test scores 2. Number of families graduating from the program 3. SHARP Survey	2025 SHARP survey	2031 SHARP survey
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**Problem Behavior Goal** Reduce Youth Vaping by 1%

**Measures & Sources** 5.6% of youth in grades 6-12 report using e-cigarettes in the past 30-days as measured on the 2021 SHARP survey

**Agency/Coalition** Davis Behavioral Health/ North DavisCommunities That Care

	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective	Evidence Based: Link to Program	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Family Attachment		Strengthening Families Program	Universal	<a href="#">Blueprints: Link</a>	Block Grant: State General Fund: \$8681.25	Parents who attend will increase their knowledge on how to work together as a family and have conversations with their children.	Family attachment will increase by 2% from 75% to 77% from 2021 to 2025	Vaping will decrease by 1% from 5.6% to 4.6% from 2021 to 2031
			Social Development Strategy	Universal	<a href="#">Brief: Social Development Strategy</a>	Block Grant: State General Fund: Discretionary: \$1800	Parents who attend the workshop will know how to put the SDS framework into action and create a connection with their child.		
Measures & Sources	75% of 6-12 grade--2021 SHARP Survey						1. Pre/post test scores 2. Number of families graduating from the program 3. SHARP Survey	2025 SHARP survey	2031 SHARP survey
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective	Evidence Based: Link to Program	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Depressive Symptoms		Learning to Breathe	Selective	<a href="#">CASEL: Link</a>	Block Grant: State General Fund: Discretionary: \$38500	Increase # of 6th grade students who are able to regulate their emotions.	Depressive Symptoms will decrease by 2% from 39.5% to 37.5% from 2021 to 2025	Marijuana past 30-day use will decrease by 1% from 4.1% to 3.1% from 2021 to 2031
			Circle of Security Parenting	Universal	<a href="#">CEBC: Link</a>	Block Grant: State General Fund: Discretionary: 3000	Parents who attend the program can identify and respond to there child's needs for support to explore and for comfort and contact.		
Measures & Sources	39.5 % of 6-12 grade -- 2021 SHARP Survey						1. Pre/post test scores 2. Number of families graduating from the program 3. SHARP Survey	2025 SHARP survey	2031 SHARP survey
<b>Problem Behavior Goal</b>		Reduce Lifetime E-cig Use by 2%							
<b>Measures &amp; Sources</b>		Lifetime E-cig use will decrease in all grades from 12.2% in 2021 to 10.2% in 2031							
Agency/Coalition		Davis Behavioral Health							
Measures & Sources	Pre-test							Pre-/post-test	SHARP 2031
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective	Evidence Based: Link to Program	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)





Logic	Family Conflict		Strengthening Families	Universal	<a href="#">Blueprints: Link</a>	Block Grant: State General Fund:	Participants will have increased knowledge of	Family Conflict in all grades will decrease from 27% in 2021 to 25% in 2025	Lifetime E-cig use will decrease in all grades from 12.2% in 2021 to 10.2% in 2031
			Communities that Care	Universal	<a href="https://www.blueprintsprograms.org/communities-that-care-ctc/">https://www.blueprintsprograms.org/communities-that-care-ctc/</a>	Block Grant: State General Fund: Discretionary: \$27062.50	CSAP Prevention Strategy: Community-based process		
Measures & Sources	2021 SHARP						1) Pre-/post-tests 2) Meeting agendas and minutes, program and event logs	2025 SHARP	2031 SHARP

**Problem Behavior Goal** Reduce Lifetime Alcohol Use by 2%

**Measures & Sources** Lifetime Alcohol Use will decrease in all grades from 11.4% in 2021 to 9.4% in 2031

Agency/Coalition Davis Behavioral Health

Measures & Sources Pre-test Pre-/post-test SHARP 2031

Logic	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selection	Evidence Based: Link to Program	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Family Attachment		Strengthening Families	Universal	<a href="#">Blueprints: Link</a>	Block Grant: State General Fund: Discretionary: \$5,000	Participants will have increased knowledge of positive parenting strategies, how to work together as a family, and have more skillful and meaningful conversations with their children	Family Attachment in all grades will increase from 75% in 2021 to 77% in 2025	Lifetime Alcohol Use will decrease in all grades from 11.4% in 2021 to 9.4% in 2031
			Circle of Security Parenting	Universal	Under review with the EBW	Block Grant: State General Fund: Discretionary: \$12,000	Parents who attend the program will show increase in knowledge related to secure attachment and will learn to identify and respond to their child's needs for support.		
			Social Development Strategy	Universal	<a href="#">Social Development Strategy</a>	Block Grant: State General Fund:	Participants will learn how to provide: 1)		
			Communities that Care	Universal	<a href="https://www.blueprintsprograms.org/communities-that-care-ctc/">https://www.blueprintsprograms.org/communities-that-care-ctc/</a>	Block Grant: State General Fund: Discretionary: \$27062.50	CSAP Prevention Strategy: Community-based process		
Measures & Sources	2021 SHARP							2025 SHARP	2031 SHARP

Logic	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selection	Evidence Based: Link to Program	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Rewards for prosocial involvement		Social Development Strategy	Universal	<a href="#">Social Development Strategy</a>	Block Grant: State General Fund:	Participants will learn how to provide: 1)	Rewards for prosocial involvement will increase in all grades from 59.4% in 2021 to 61.4% in 2025	Lifetime Alcohol Use will decrease in all grades from 11.4% in 2021 to 9.4% in 2031
			Communities that Care	Universal	<a href="https://www.blueprintsprograms.org/communities-that-care-ctc/">https://www.blueprintsprograms.org/communities-that-care-ctc/</a>	Block Grant: State General Fund: Discretionary: \$27062.50	CSAP Prevention Strategy: Community-based process		
Measures & Sources	2021 SHARP							2025 SHARP	2031 SHARP

Logic	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selection	Evidence Based: Link to Program	Cost	Outcomes		
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	Factor	Conditions		Population: Universal Selective	Based: Link to Program	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Prosocial Involvement		Social Development Strategies	Universal	<a href="#">Social Development Strategy</a>	Block Grant: State General Fund: \$27062.50	Participants will learn how to provide: 1) CSAP Prevention Strategy: Community-based process	Prosocial involvement will increase in all grades from 48.2% in 2021 to 50.2% in 2031	Lifetime Alcohol Use will decrease in all grades from 11.4% in 2021 to 9.4% in 2031
Measures & Sources	2021 SHARP		Communities that Care	Universal	<a href="https://www.blueprintsprograms.org/communities-that-care-ctc/">https://www.blueprintsprograms.org/communities-that-care-ctc/</a>	Block Grant: State General Fund: Discretionary: \$27062.50	1) Pre-/post-tests 2) Meeting agendas and minutes, program and event logs	2025 SHARP	2031 SHARP
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective	Evidence Based: Link to Program	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Depressive Symptoms		EveryDay Strong	Universal	Under review with the EBW	Block Grant: State General Fund: Discretionary: \$3004.50	Participants will learn a new approach in reducing symptoms of anxiety & depression	Depressive Symptoms will decrease in all grades from 39.5% in 2021 to 37.5% in 2025	Lifetime Alcohol Use will decrease in all grades from 11.4% in 2021 to 9.4% in 2031
			Learning to Breathe	Universal	Tier Level 2: emerging Program	Block Grant: State General Fund: Discretionary: \$6500	Participants will gain tools that will help in reducing symptoms of anxiety & depression, regulate difficult emotions, strengthen attention, develop gratitude and self-compassion		
			Mindfulness-based Stress Reduction (MBSR)	Selective	Submitted application to EBW	Block Grant: State General Fund: Discretionary: \$12500	Participants will gain tools that will help in reducing symptoms of anxiety & depression, regulate difficult emotions, strengthen attention, develop self-compassion		
			Communities that Care	Universal	<a href="https://www.blueprintsprograms.org/communities-that-care-ctc/">https://www.blueprintsprograms.org/communities-that-care-ctc/</a>	Block Grant: State General Fund: Discretionary: \$27062.50	CSAP Prevention Strategy: Community-based process		
Measures & Sources	2021 SHARP						1) Pre-/post-tests 2) Meeting agendas and minutes, program and event logs	Pre-/post-test 2025 SHARP	2031 SHARP
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective	Evidence Based: Link to Program	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Poor Family Management		Parents Empowered	Universal	CADCA environmental strategy #1	Block Grant: State General Fund:	Parents who view the messaging will	Poor Family Management in all grades will	Lifetime Alcohol Use will decrease in all



Problem Behavior Goal		Reduce Underage Drinking By 5%							
Measures & Sources		25% of youth in grades 6-12 report drinking alcohol in the past 30-days as measured on the 2021 SHARP survey							
Agency/Coalition		Coalition XYZ							
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Parental attitudes favorable to antisocial behavior	Parents don't set appropriate boundaries	Guiding Good Choices	Universal	<a href="#">Blueprints: Link</a>	Block Grant: <b>\$25,000</b> State General Fund: Discretionary:	Parents who attend program will show increase in knowledge related to setting appropriate boundaries	Prenatal attitudes favorable to antisocial behavior will decrease by 5% from 40% to 35% from 2021 to 2025	Underage drinking will decrease by 5% from 25% to 20% from 2021 to 2031
			Parents Empowered	Universal	<a href="#">Utah EBW Tier 3: Link</a>	Block Grant: State General Fund: Discretionary: <b>\$20,000</b>	Increase in # of students reporting parents communicate about no alcohol use		
		Parents providing alcohol at home				Decrease in number of students reporting getting alcohol at home with permission			
Measures & Sources	40% of 6-12 grade--2021 SHARP Survey	1. 20% of parents communicate about no alcohol use 2021 SHARP 70% of parents don't know what rules to set--2020 focus groups 2. 45% of youth that drink report getting alcohol from home with permission--2021 SHARP					1. Pre/post test scores 2. Social media likes/shares, materials distributed, # of people at events SHARP Survey 3. SHARP Survey	2025 SHARP survey	2031 SHARP Survey
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level Not Evidence Based	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Availability: Retail	Retail outlets have no consequences for selling to minors	EASY Compliance Checks	Universal	<a href="#">Link to What Works for Health Registry</a>	Block Grant: <b>\$23,000</b> State General Fund: Discretionary:	Increase in # of compliance checks conducted	Retail availability will decrease	Underage drinking will decrease by 5% from 25% to 20% from 2021 to 2031

Measures & Sources	2021 focus groups--youth report it is easy to buy alcohol	No EASY checks conducted--2022 law enforcement data		2023 Law enforcement data	2025 focus groups	2031 SHARP Survey
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