

FORM C - SUBSTANCE USE PREVENTION NARRATIVE

Local Authority: San Juan

With the intention of helping every community in Utah to establish sustainable [Community Centered Evidence Based Prevention](#) efforts, fill in the following table per the instructions below.

Not every community will be at optimal readiness nor hold highest priority. This chart is designed to help you articulate current prevention activities and successes as well as current barriers and challenges. Please work with your Regional Director if you have questions about how to best report on your communities. For instructions on how to complete this table, please see the Community Coalition Status Tool [here](#).

List every community in your area defined by one of the following:

1. serving one of the 99 Small Areas within Utah
2. **serving the communities that feed into a common high school**
3. any other definition of community with OSUMH approval.

*All “zero” or “no priority” communities may be listed in one row

CCEBP Community	CCEBP Community Coalition Status (see tool here)	Priority High Medium Low	Notes/ Justification of Priority	List of Programs Provided (if applicable)	Evidence Based Operating System (e.g. CTC, CADCA Coalition Academy, PROSPER)	Links to community strategic plan
Monticello Monticello High School (MHS)	A3, A4, A5 Community Readiness Assessment planned for 2022-2023	Medium	Monticello has a fairly active youth group - as a part of the San Juan County youth coalition that works under the SJCPAC Coalition umbrella but does not currently have enough capacity for a stand-alone coalition.	Let's Do This (Parents Empowered) Campaign Strengthening Families / Guiding Good Choices		

			Supporting their county youth coalition involvement is planting seeds for a local prevention coalition in the future.			
Blanding San Juan High School (SJHS)	E7, E8 Community Readiness Assessment planned for 2022-2023	High	Blanding has been the hub of the county-wide coalition (SJCPAC Coalition) for several years. Plans are to continue moving toward starting and supporting other local coalitions in other county communities. Supporting youth coalition building and activities	Let's Do This (Parents Empowered) Campaign Strengthening Families / Guiding Good Choices	CTC, SPF	
White Mesa (This community feeds into SJHS in Blanding)	A3, A4, A5	Low	Limited connection with White Mesa but working to support them in prevention strategies and efforts. Works with SJCPAC Coalition to raise capacity for future coalition involvement	Let's Do This (Parents Empowered) Campaign Strengthening Families / Guiding Good Choices		
Bluff (This community feeds into San Juan	A3, A4, A5	Low	Very unique population, many retired and many new move-ins. Only one elementary school	Let's Do This (Parents Empowered) Campaign Strengthening		

High School (SJHS) in Blanding, as well as Whitehorse High School (WHS) in Montezuma Creek.			<p>- with no secondary school in the community area.</p> <p>Continue to raise capacity for future coalition involvement</p>	Families / Guiding Good Choices		
<p>Montezuma Creek / Aneth area</p> <p>These communities feed into Whitehorse High school (WHS)</p>	Community Readiness Assessment planned for 2022-2023	Medium	<p>High School UNITY (United National Indian Tribal Youth) Club works in tandem with SJ County youth coalition - beginning to gather steam for youth coalition work in the community.</p> <p>Supporting county youth coalition involvement to continue to plant seeds for a local prevention coalition.</p> <p>Works with SJCPAC Coalition</p>	<p>Let's Do This (Parents Empowered) Campaign</p> <p>Strengthening Families / Guiding Good Choices</p> <p>Looking to train a couple more class facilitators so these EB strategies can be made available to area families.</p>		
<p>Monument Valley / Oljato / Mexican Hat area</p> <p>These communities feed into Monument Valley High School (MVHS)</p>	<p>A3, A4, A5</p> <p>Community Readiness Assessment planned for 2022-2023</p>	Medium	<p>Recently Hired a Prevention Specialist from Monument Valley. We are so excited to have her supporting coalition and prevention strategies in that area of the county. We are hopeful this will help bring a prevention coalition to the area in the</p>	<p>Let's Do This (Parents Empowered) Campaign</p> <p>Strengthening Families / Guiding Good Choices</p> <p>Looking to train a couple more class facilitators so</p>		

			<p>near future.</p> <p>High School UNITY (United National Indian Tribal Youth) Club works in tandem with SJ County youth coalition - beginning to gather steam for youth coalition work in the community.</p> <p>Supporting county youth coalition involvement to continue to plant seeds for a local prevention coalition.</p> <p>Works with SJCPAC Coalition</p>	these EB strategies can be made available to area families.		
<p>Navajo Mountain area</p> <p>Navajo Mountain High School (NMHS)</p> <p>The elementary school age children in this area are not a part of the San Juan School District but attend a BIA school.</p>	A1, A5	Low	<p>Trying to support county youth coalition involvement and development. The remote geographical barriers make accessibility and involvement difficult for youth and community members. We are hopeful with the hiring of new prevention staff in MV - we can continue to plant seeds for community coalition work in the future.</p>	We are working on having virtual options for GGC & SF classes for families in this area to take.		

Area Narrative

Monticello is part of the San Juan Prevention Action Collaboration (SJCPAC) Coalition. We have a school counselor and several youth that are very involved in our San Juan County Youth Coalition (SJCYC) and are helping build our youth coalition in their community, which is planting seeds for a larger prevention coalition in the future. We are strengthening and building up the youth coalition at **MHS** through training and recruitment efforts. We have planned various youth campaigns for the coming year, which tie directly to risk factors identified from the SHARP Survey and Community Assessment. We also plan to have a Prevention Week sponsored by MHS, SJCPAC Coalition and the SJCYC to help raise prevention awareness and capacity within this community. We are working in all communities to launch a new campaign - "Let's Do This" / "Stoodis" - based on Parents Empowered messaging - but delivered in a more culturally relevant package that resonates with San Juan County families.

Blanding is the center for SJCPAC Coalition monthly meetings. We have various key leaders involved in coalition work groups and prevention efforts.

We are strengthening and building up the youth coalition at **SJHS** through training and recruitment efforts. We have planned various youth campaigns for the coming year, which tie directly to risk factors identified from the SHARP Survey and Community Assessment.

We also plan to have a Prevention Week sponsored by SJHS, SJCPAC Coalition and the SJCYC to help raise prevention awareness and capacity within this community.

We are working in all communities to launch a new campaign - "Let's Do This" / "Stoodis" based on Parents Empowered messaging - but delivered in a more culturally relevant package that resonates with San Juan County families.

White Mesa (*Ute Mountain Ute Reservation*) has one semi-active leader in our SJCPAC Coalition. White Mesa has shown interest in Parents Empowered messaging in their community center after seeing it in area high school gyms. Working with R&R we were able to install the requested messaging and will continue to work from that energy and excitement to generate prevention awareness in a community that has been challenging to engage with in the past. We will also work with our FASD work group to hold another educational night for women and girls in the area to discuss the importance of understanding the impact of alcohol on the developing fetus and brain. We are working in all communities to launch a new campaign - "Let's Do This" / "Stoodis" based on Parents Empowered messaging - but delivered in a more culturally relevant package that resonates with San Juan County families.

Bluff would justify geographically as its own community, however there is not a high school there and at this time it makes sense to combine Bluff with the Blanding or Montezuma Creek communities. We are working in all communities to launch a new campaign - "Let's Do This" / "Stoodis" based on Parents Empowered messaging - but delivered in a more culturally relevant package that resonates with San Juan County families.

Montezuma Creek / Aneth (*Navajo Nation*) Area has several community members on our SJCPAC Coalition. Our plan is to establish a new coalition here within a few years. We are currently looking for a champion. We are strengthening and building up the youth coalition at **WHS** through training and recruitment efforts, and working in tandem with the United National Indian Tribal Youth (UNITY) Club. We have planned various youth campaigns for the coming year, which tie directly to risk factors identified from the SHARP Survey and Community Assessment. We also plan to have a Prevention Week sponsored by WHS, SJCPAC Coalition and the SJCYC to help raise prevention awareness and capacity within this community. We are working in all communities to launch a new campaign - "Let's Do This" / "Stoodis" - based on Parents Empowered messaging - but delivered in a more culturally relevant package that resonates with San Juan County families.

Monument Valley / Oljato / Mexican Hat (*Navajo Nation*) Area has several community members on our SJCPAC Coalition. Our plan is to establish a new coalition here within a few years. We are hopeful that with the recent hiring of a part-time prevention staff, we will continue to build and support prevention strategies in the community and build up to establishing a new coalition within a couple of years. We are currently looking for a champion. We are strengthening and building up the youth coalition at **MVHS** through training and recruitment efforts, and working in tandem with the United National Indian Tribal Youth (UNITY) Club. We have planned various youth campaigns for the coming year, which tie directly to risk factors identified from the SHARP Survey and Community Assessment. We also plan to have a Prevention Week sponsored by MVHS, SJCPAC Coalition and the SJCYC to help raise prevention awareness and capacity within this community. We are working in all communities to launch a new campaign - "Let's Do This" / "Stoodis" - based on Parents Empowered messaging - but delivered in a more culturally relevant package that resonates with San Juan County families.

Navajo Mountain (*Navajo Nation*) is a very small and remote community in the corner of San Juan County. Monument Valley coalition members try very hard to support that community in its prevention efforts. With the recent hiring of a part-time prevention specialist in Monument Valley, we hope to add to the support of coalition strategies and youth involvement efforts. We are currently looking for a champion. We are strengthening and building up the youth coalition at **NMHS** through training and recruitment efforts, and working in tandem with the United National Indian Tribal Youth (UNITY) Club. We have planned various youth campaigns for the coming year, which tie directly to risk factors identified from the SHARP Survey and Community Assessment. We also plan to have a Prevention Week sponsored by NMHS, SJCPAC Coalition and the SJCYC to help raise prevention awareness and capacity within this community. We are working in all communities to launch a new campaign - "Let's Do This" / "Stoodis" - based on Parents Empowered messaging - but delivered in a more culturally relevant package that resonates with San Juan County families.

Create a Logic Model for each program or strategy funded by Block Grant Dollars, PFS, SOR, SPF Rx or State General Funds.

NOTE: Baseline data is from 2019 SHARPS. Data taken in 2021 was not credible enough to be a good baseline, due to COVID restrictions and complete shutdown of several of our schools, causing very low engagement rates for the survey in all Abajo Mountain area schools, and was non-existent in our River Region (tribal land) schools.

Program Name				Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse	
COALITION WORK (SJCPAC Coalition)				Block Grant Funds: State General Funds: Discretionary Funds: \$72,020		YES (CTC Blueprints)	
				Total: \$72,020			
Agency/Coalition				Tier Level:			
San Juan County Prevention Action Collaboration (SJCPAC) Coalition				3			
	Goal	Factors	Focus Population: U/S/I		Strategies	Outcomes	
			Universal/Selective/Indicated			Short	Long
Logic	Reduce Marijuana Use	Academic Failure Rewards for Prosocial Involvement (Community Domain)	Universal Indirect Local organizations, key leaders and community partners will participate in our county-wide SJCPAC Coalition. Participation is open to community members of all socio-economic and ethnic backgrounds. SJCPAC Coalition meets monthly. Specific work groups meet as needed throughout the month depending on what strategies they are working to plan and implement. SJCPAC Coalition’s mission is to collaborate with community partners and agencies to strengthen local youth and their families against substance abuse and suicide in San Juan County.		Will continue efforts to train coalition members, key leaders and community members in prevention science as we help them learn to identify and address local issues. Will provide and support more opportunities for youth coalition involvement and prosocial activities. Support College and Career Readiness days with the school district to raise prevention awareness and capacity within area	Reduce Academic Failure in grade 12 from 58.3% in 2019 to 55% in 2025. Rewards for Family Prosocial Involvement in grade 12 will report an increase from 37.9% in 2019 to 41% in 2025.	Reduce Lifetime Use of Marijuana in the 12th grade from 26% in 2019 to 23% in 2027.

				high schools. Implement pilot program of the Good Behavior Game in select school classes in San Juan School Distrit		
Measures & Sources	SHARP Survey 2019	SHARP Survey 2019	SJCPAC Coalition attendance rolls	SJCPAC Coalition Meeting Minutes	SHARP Survey 2025	SHARP Survey 2027

Program Name				Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse	
YOUTH COALITION WORK				Block Grant Funds: State General Funds: Discretionary Funds: \$11,500		YES	
				Total: \$11,500			
Agency/Coalition				Tier Level:			
San Juan County Youth Coalition (SJCYC) & SJCPAC Coalition							
	Goal	Factors	Focus Population: U/S/I		Strategies	Outcomes	
			Universal/Selective/Indicated			Short	Long
Logic	Reduce Marijuana Use	Perceived Risk of Drug Use Reduce Depressive Symptoms	Universal Indirect Youth in middle and high schools throughout San Juan County.		Will form and strengthen existing youth coalitions / clubs in area high schools to help raise prevention awareness and efforts with youth throughout San Juan County. Work to train Youth in prevention science, advocacy & policy work and leadership skills. Hold a prevention week at each area high school to help educate students and their families about the importance of Prevention in their community and school.	Perceived Risk of Drug Use as reported in grade 12 - will Increase from 52.1% in 2019 to 60% in 2027. Reduce Depressive Symptoms - as reported by 12th grade - from 40.7% in 2019 to 37% in 2025.	Reduce Lifetime Use of Marijuana in the 12th grade from 26% in 2019 to 23% in 2027.
Measures & Sources	SHARP Survey 2019	SHARP Survey 2019	Meeting minutes and rolls		Roster of Youth Involvement and participation logs at prevention activities and meetings.	SHARP Survey 2025 Survey 2027	SHARP Survey 2027

Program Name				Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse	
PARENTS EMPOWERED (Let’s Do This / Stoodis campaign)				Block Grant Funds: State General Funds: Discretionary Funds: \$5,000		YES (Utah EB Work Group)	
				Total: \$5,000			
Agency/Coalition				Tier Level:			
San Juan County Prevention Action Collaboration (SJCPAC) Coalition				3			
	Goal	Factors	Focus Population: U/S/I	Strategies	Outcomes		
			Universal/Selective/Indicated		Short	Long	
Logic	Reduce Underage Drinking	Parent Attitudes Favorable to ASB Increase Family Attachment	Universal Indirect Directed to parents in San Juan County	Parents Empowered Campaign (adapted to resonate with San Juan County families through delivery and messaging) Family Mealtime Campaign Family Prevention Night Messaging Implementation of “Let’s Do This” or “Stoodis” campaign - talking about Family Bonding.	Parent Attitudes Favorable to ASB will decrease from 26.8% in 2019 to 24% in 2025 - as reported by grade 12. Family Attachment will increase from 51.3% in 2019 to 55% in 2025 as reported by grade 12.	Reduce Lifetime Use of Alcohol as reported by grade 12 from 16.3% in 2019 to 12% in 2027.	
Measures & Sources	SHARP Survey 2019	SHARP Survey 2019	Newspaper ads (county reach numbers) Online reach with Facebook and SJCPAC.com Swag Distribution Count	Promotion of PE Campaign “Let’s Do This” videos - filmed locally - will be played at local ballgames, movie theater and community events.	SHARP Survey 2025	SHARP Survey 2027	

Program Name			Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse	
GUIDING GOOD CHOICES			Block Grant Funds: \$1,000 State General Funds: Discretionary Funds: \$1,000		YES (Blueprints)	
			Total: \$2,000			
Agency/Coalition			Tier Level:			
San Juan County Prevention Action Collaboration (SJCPAC) Coalition			3			
	Goal	Factors	Focus Population: U/S/I	Strategies	Outcomes	
			Universal/Selective/Indicated		Short	Long
Logic	Reduce Lifetime Use of Vaping	Reduce Family Conflict	Universal Direct Youth, ages 9-14 and their families	Guiding Good Choices classes - weekly for five weeks Looking at the possibility of training more class facilitators to meet demand to fidelity	Percent in Grade 12 reporting Family Conflict will decrease from 22.1% in 2019 to 19% in 2025.	Reduce Lifetime Use of Vaping from 22.3% in 2019 to 19% in 2027 - as reported by grade 12.
Measures & Sources	SHARP Survey 2019	SHARP Survey 2019	Attendance Records Pre and Post Testing	Various county locations	SHARP Survey 2025	SHARP Survey 2027

Program Name			Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse	
STRENGTHENING FAMILIES			Block Grant Funds: \$2,000 State General Funds: Discretionary Funds: \$3,000		YES (Blueprints)	
			Total: \$5,000			
Agency/Coalition			Tier Level:			
San Juan County Prevention Action Collaboration (SJCPAC) Coalition			3			
	Goal	Factors	Focus Population: U/S/I	Strategies	Outcomes	
			Universal/Selective/Indicated		Short	Long
Logic	Reduce Lifetime Use of Vaping	Reduce Family Conflict	Universal Direct Youth, ages 10-14, and their parents residing in San Juan County. Hoping to reach a minimum of 20 families.	Strengthening Families 10-14 - weekly classes for parents and youth for seven weeks. Currently working to train more class facilitators to meet demand to fidelity	Percent in Grade 12 reporting Family Conflict will decrease from 22.1% in 2019 to 19% in 2025.	Reduce Lifetime Use of Vaping from 22.3% in 2019 to 19% in 2027 - as reported by grade 12.
Measures & Sources	SHARP Survey 2019	SHARP Survey 2019	Attendance Records Pre and Post Testing	Various county locations	SHARP Survey 2025	SHARP Survey 2027