# FORM C - SUBSTANCE USE PREVENTION NARRATIVE

**Local Authority:** Central Utah Counseling Center

With the intention of helping every community in Utah to establish sustainable <u>Community</u> <u>Centered Evidence Based Prevention</u> efforts, fill in the following table per the instructions below.

Not every community will be at optimal readiness nor hold highest priority. This chart is designed to help you articulate current prevention activities and successes as well as current barriers and challenges. Please work with your Regional Director if you have questions about how to best report on your communities. For instructions on how to complete this table, please see the Community Coalition Status Tool <a href="here">here</a>.

List every community in your area defined by one of the following:

- 1. serving one of the 99 Small Areas within Utah
- 2. serving the communities that feed into a common high school
- 3. any other definition of community with OSUMH approval.

\*All "zero" or "no priority" communities may be listed in one row

CCEBP Community	CCEBP Community Coalition Status (see tool here)	Priority High Medium Low	Notes/ Justification of Priority	List of Programs Provided (if applicable)	Evidence Based Operating System (e.g. CTC, CADCA Coalition Academy, PROSPER)	Links to community strategic plan
Gunnison	G	High	Key leader board established, CB established, Community assessment complete, area plan completed.	Guiding Good Choices, Prime for Life, EASY Compliance Checks, DEA 360, Know Your Script media campaign, Parents Empowered Media Campaign, and	The coordinator has been trained in CADCA Academy and has attended the CTC facilitator training, and is working w/CTC Coach	Gunnison Strategic Plan

				Community Family Nights Out.		
North Sanpete	E-7	Medium	Key leader board established, CB established, Community assessment complete, working on completing strategic plan and area plan	Guiding Good Choices, Prime for Life, EASY Compliance Checks, DEA 360, Know Your Script media campaign, Parents Empowered Media Campaign,	The coordinator has been trained in CADCA Academy and has attended the CTC facilitator training, and is working w/CTC Coach	North Sanpete Strategic Plan
Delta	F	High	Key leader board established, Community Assessment complete, Area Plan complete.	Guiding Good Choices, Prime for Life, EASY Compliance Checks, Community Family Nights Out, Parents Empowered Media Campaign, Know Your Script media campaign, DEA 360.WHY TRY after school program	CADCA Model	Strategic Plan for Community First
South Sanpete	G	High	Key leader board established, CB established,	Guiding Good Choices,	The coordinator has been trained in CADCA	Strategic plan for South

			Community assessment complete, area plan complete, working on implementation	Prime for Life, EASY Compliance Checks, DEA 360, Know your script media campaign, Parents Empowered Media Campaign, and community family nights out	Academy and has attended the eCTC facilitator training, and is working w/ CTC Coach	Sanpete
East Millard	G	High	Key leader board established, CB established, area plan complete, strategic plan complete.	Guiding Good Choices, Prime for Life, EASY Compliance Checks, Community Family Nights Out, Parents Empowered Media Campaign, Know your script media campaign, DEA 360.	The coordinator has been trained in CTC and is working with a CTC Coach.	EMPC Strategic Plan
Juab	D-7	Medium	Key Leader Board established. CB established, They have been finding new ways to gather data and have completed the area plan.	Guiding Good Choices, Prime for Life, EASY Compliance Checks, Community Family Nights Out, Parents	Coordinator trained in CTC and working with CTC Coach Facilitator trained in CTC and working with CTC Coach	Strategic Plan JUMP

				Empowered Media Campaign, Know Your Script media campaign, DEA 360.		
Sevier	F	Med	Key Leader Board established. They have completed the area assessment and are completing the area plan.	Guiding Good Choices, Prime for Life, EASY Compliance Checks, Community Family Nights Out, Parents Empowered Media Campaign, Know Your Script media campaign, DEA 360.	Facilitator trained in CTC and working with CTC Coach	Strategic Plan Sevier
Wayne	В	Low	We need to increase capacity by having a part-time person for this county.	None		
Piute	A	Low	We need to increase capacity by having a part-time person for this county.	None		

### **Area Narrative**

Community: South Sanpete

South Sanpete is identified as a G and a high Priority. This coalition is all of the towns in Sanpete County that feed into Manti High School. These communities are Ephraim, Manti, and Sterling. Central Utah Counseling Center and the Coalition have completed the Community Assessment and identified the following risk and protective factors to be addressed: Low

neighborhood attachment, family management, low commitment to the school. The coalition also identified rewards for prosocial behavior as a protective factor to increase.

Central Utah Counseling Center will work with the Sanpete Cares Coalition to increase readiness by working with key leaders to raise awareness of prevention efforts and increase reach to more areas in the community. This effort will increase awareness of programs in the area and the importance of prevention efforts in the south Sanpete Area. Central Utah Counseling will continue to offer evidence-based programs to the community taught to fidelity. The Sanpete Cares Coalition has collaborated with the South Sanpete School District to provide evidence-based programming on school grounds. This collaboration also helps the Sanpete Cares Coalition increase the school district's capacity by providing training on evidence-based prevention practices and policy. Central Utah Counseling will continue to work with local authorities to increase EASY compliance checks. Central Utah Counseling will continue to increase capacity by training members of the Sanpete Cares Coalition in prevention science and cultural competency. The Counseling Center will also evaluate programming to ensure that programs are taught to fidelity and ensure that programming effectively reduces the risk factors and increases protective factors.

By adhering to these guidelines, Central Utah Counseling expects to see a reduction in the risks previously identified and an increase in rewards for prosocial involvement among youth. Central Utah Counseling also expects to see a decrease in lifetime alcohol use among adolescents, e-cigarette use among youth, and opioid overdose deaths.

#### Community: North Sanpete

North Sanpete is identified as a E-7 and a medium priority. This coalition is all of the towns in Sanpete County that feed into North Sanpete High School. These communities are Mt Pleasant, Moroni, Wales, Spring City, Fairview, Chester, Milburn, and Indianola. Central Utah Counseling Center and the Coalition have completed the Community Assessment and identified the following risk and protective factors to be addressed: Low neighborhood attachment, family conflict, and low commitment to the school. The coalition also identified rewards for prosocial behavior as a protective factor to increase. The coalition has completed the area plan. North Sanpete Cares Coalition is working to improve readiness by working with local cities to advance prevention. This area is a challenge as the towns are spread out, and there is no central meeting place. Central Utah has chosen to focus programming and prevention efforts in the Mt pleasant and Moroni area around the Middle and High schools. The coalition is working to increase capacity and bring services to the Fairview Indianola and Fountain Green areas. Travel to current programming and events can take up to an hour in drive time.

Central Utah Counseling Center will work with the North Sanpete Cares Coalition to increase readiness by working with key leaders to raise awareness of prevention efforts and increase reach to more areas in the community. This effort will increase awareness of programs in the area and the importance of prevention efforts in the North Sanpete Area. Central Utah Counseling will continue to offer evidence-based programs to the community taught to fidelity. The North Sanpete Cares Coalition has collaborated with the North Sanpete School District to provide evidence-based programming on school grounds. This collaboration also helps the North Sanpete Cares Coalition increase the school district's capacity by providing training on

evidence-based prevention practices and policy. Central Utah Counseling will continue to work with local authorities to increase EASY compliance checks. Central Utah Counseling will continue to increase capacity by training members of the North Sanpete Cares Coalition in prevention science and cultural competency. The Counseling Center will also evaluate programming to ensure that programs are taught to fidelity and ensure that programming effectively reduces the risk factors and increases protective factors.

By adhering to these guidelines, Central Utah Counseling expects to see a reduction in the risks previously identified and an increase in rewards for prosocial involvement among youth. Central Utah Counseling also expects to see a decrease in lifetime alcohol use among adolescents, e-cigarette use among youth.

#### Community: Gunnison

Gunnison is identified as a G and a high priority. This coalition is all of the towns in Sanpete County that feed into Gunnison Valley High School. These communities are Gunnison, Centerfield, Mayfield, and Fayette. Central Utah Counseling Center and the Gunnison Cares Coalition have completed the Community Assessment and identified the following risk and protective factors to be addressed: Low neighborhood attachment, family management, low commitment to the school. The coalition also identified rewards for prosocial behavior as a protective factor to increase. The coalition has completed the area plan and has implemented the plan. The Gunnison Cares coalition is working on the evaluation of that plan to ensure that the programs implemented are having the desired effect in the community. Gunnison Cares Coalition is working to improve readiness by working with local leaders to increase awareness among adults of the dangers posed by e-cigarettes to youth. E-cigarette use among adolescents is higher in Gunnison Valley than in Sevier County and surrounding counties.

Central Utah Counseling Center will work with the Gunnison Cares Coalition to increase readiness by working with key leaders to raise awareness of prevention efforts and increase reach to more areas in the community. This effort will increase awareness of programs in the area and the importance of prevention efforts in the Gunnison Valley Area. Central Utah Counseling will continue to offer evidence-based programs to the community taught to fidelity. The North Sanpete Cares Coalition has collaborated with the South Sanpete School District to provide evidence-based programming on school grounds. This collaboration also helps the North Sanpete Cares Coalition increase the school district's capacity by providing training on evidence-based prevention practices and policy. Central Utah Counseling will continue to work with local authorities to increase EASY compliance checks. Central Utah Counseling will continue to increase capacity by training members of the Gunnison Cares Coalition in prevention science and cultural competency. The Counseling Center will also evaluate programming to ensure that programs are taught to fidelity and ensure that programming effectively reduces the risk factors and increases protective factors.

By adhering to these guidelines, Central Utah Counseling expects to see a reduction in the risks previously identified and an increase in rewards for prosocial involvement among youth. Central Utah Counseling also expects to see a decrease in e-cigarette use among youth, marijuana use, and opioid overdose deaths.

Community: East Millard

East Millard is identified at Readiness G and a high priority, this coalition is all of the towns in East Millard that feed into Millard High School. These communities are Kanosh, Holden, Scipio, Meadow, Hatton, and Flowell. Central Utah Counseling Center and the Coalition have completed the Community Data Assessment and identified the following risk and protective factors to be addressed: Parental attitudes favorable towards problem behavior, Low commitment to school, and attitudes favorable to drug use. The coalition also identified rewards for prosocial behavior as a protective factor to increase. The coalition has completed a data assessment and has completed the area plan. The East Millard Prevention coalition is working on the implementation stage.

Central Utah Counseling Center will work with the East Millard Prevention Coalition to increase readiness by working with key leaders to raise awareness of prevention efforts and increase reach to more areas in the community. This effort will increase awareness of programs in the area and the importance of prevention efforts in the East Millard Area. Central Utah Counseling will continue to offer evidence-based programs to the community taught to fidelity. The East Millard Prevention Coalition has collaborated with the Millard School District to provide evidence-based programming on school grounds. This collaboration also helps the East Millard Prevention Coalition increase the school district's capacity by providing training on evidence-based prevention practices and policy. Central Utah Counseling will continue to work with local authorities to increase EASY compliance checks. Central Utah Counseling will continue to increase capacity by training members of the East Millard Prevention Coalition in prevention science and cultural competency. The Counseling Center will also evaluate programming to ensure that programs are taught to fidelity and ensure that programming effectively reduces the risk factors and increases the protective factors for the area.

By adhering to these guidelines, Central Utah Counseling expects to see a reduction in the risks previously identified and an increase in rewards for prosocial involvement among youth. Central Utah Counseling also expects to see a decrease in lifetime alcohol use among adolescents, e-cigarette use among youth, marijuana use, and opioid overdose deaths.

#### Community: Juab

Because Juab is identified at ReadinessD-7 and a medium Priority, Central Utah Counseling will increase data collection needed to make this community a High priority. This coalition is all of the towns in Juab County that feed into Juab, Tintic, and Callao High Schools. These communities are Rocky Ridge, Mona, Levan, Nephi, Tintic, Callao, and Trout Creek. Central Utah Counseling Center and the coalition have completed the Community Data Assessment and identified the following risk and protective factors to be addressed: Perceived availability of drugs, low commitment to school, family conflict, and depressive symptoms. The coalition will be focused on generating a School District-based SHARPS Survey rather than a community one. They will also be working on a Community Assessment Report.

Central Utah Counseling Center will work with the Juab School District to have the SHARP survey given at the school and not at a community level. Bringing the SHARP survey to Juab at a school rather than at a community level in Central Utah will help the JUMP coalition with the data needed to move the coalition along through the phases of CTC. The coalition is

having difficulty gathering enough data to form a complete community assessment without the SHARPS. Due to lack of data for youth, the coalition focuses on Opioid use and has chosen the risk and protective factors to focus on based on the Community level SHARPS. The drawback to the Community level data is that it does not have as random sampling as you would get in the school. Central Utah hopes to get the survey done on a school level for the 2023 Survey and then move Juab to a high priority.

By adhering to these guidelines, Central Utah Counseling expects to see a reduction in the risks previously identified and an increase in rewards for prosocial involvement among youth. Central Utah Counseling also expects to see a decrease in opioid overdose deaths.

#### Community: Delta

Because Delta is identified as F and a high Priority, this coalition is all of West Millard County that feeds into Delta High School. These communities are Hinkley, Sutherland, Oak City, Lynndyl, Leamington, Delta, and Abraham. Central Utah Counseling Center and the coalition have completed the Community Assessment and identified the following risk and protective factors to be addressed: Parental attitudes favorable towards problem behavior, Low commitment to school, and attitudes favorable to drug use. The coalition also has identified rewards for prosocial behaviors as a protective factor to increase. The coalition has completed a Community Data Assessment and area plan. The coalition is working on the implementation and evaluation of approved programming in the area.

Central Utah Counseling Center will work with the Delta First Coalition to increase readiness by working with key leaders to raise awareness of prevention efforts and increase reach to more areas in the community. This effort will increase awareness of programs in the area and the importance of prevention efforts in the Delta Area. Central Utah Counseling will continue to offer evidence-based programs to the community taught to fidelity. The Delta First Coalition has collaborated with the Millard School District to provide evidence-based programming on school grounds. This collaboration also helps the Delta First Coalition increase the school district's capacity by providing training on evidence-based prevention practices and policy and the after school program. Central Utah Counseling will continue to work with local authorities to increase EASY compliance checks. Central Utah Counseling will continue to increase capacity by training members of the North Delta First Coalition in prevention science and cultural competency. The Counseling Center will also evaluate programming to ensure that programs are taught to fidelity and ensure that programming effectively reduces the risk factors and increases protective factors.

By adhering to these guidelines, Central Utah Counseling expects to see a reduction in the risks previously identified and an increase in rewards for prosocial involvement among youth. Central Utah Counseling also expects to see a decrease in lifetime alcohol use among adolescents, e-cigarette use among youth, marijuana use.

#### Community: Wayne

We do not currently have enough staff members to cover this area well. Central Utah does offer Wayne County the programming provided in Sevier. There is no central meeting place in the County where programming can be available to all residents without considerable

travel by up to an hour or more. This issue has posed a challenge in the past with offering services to this area. We are currently trying to locate grant funding to see if we can hire a staff member who resides in Wayne county to start a coalition to address substance use in Wayne County that may also reduce the issues mentioned above. We feel that it is essential to hire someone who resides in that community that knows and understands the divides and relationships to serve the community better. The new hire in Wayne county can begin to build trust with key leaders in the community, who can then create a community board to form a CTC coalition in the area. When This happens, Wayne will move to a medium Priority community until the coalition can become established and complete a community assessment.

#### Community: Piute

We do not currently have enough staff members to cover this area well Central Utah does offer Piute County the programming provided in Sevier. Piute also has a travel issue: the small towns are not close together, and the community does not attend services. Travel between communities may even exceed an hour when trying to find a gathering place for services. We are currently trying to locate grant funding to see if we can hire a staff member that resides in Piute county to start a coalition to address substance use in Piute County. We feel that it is crucial to hire someone who lives in that community that knows and understands the divides and relationships to serve the community better. The new hire in Piute county can begin to build trust with key leaders in the community, who can then create a community board to form a CTC coalition in the area. When This happens, Piute will move to a medium Priority community until the coalition can become established and complete a community assessment.

#### Community: Sevier

Sevier is identified as an F and a Med Priority. This coalition is all of the towns in Sevier County and feeds into three schools, North Sevier, Richfield, and Monroe. These communities are Redmond, Salina, Aurora, Sigurd, Venice, Glenwood, Richfield, Elsinore, Central, Annabella, Austin, Monroe, Joseph, and Sevier. Central Utah Counseling Center and the Coalition have completed the Community Assessment and identified the following risk and protective factors to be addressed: law and norms favorable to drug use, low-income family management, and parent attitudes favorable to antisocial behavior. The coalition also identified rewards for prosocial behaviors as a protective factor to increase. The coalition is working on an area plan. Central Utah Prevention Coalition is working to improve readiness by working with local cities to advance prevention. This area is a challenge because they are a community that wants to see change, but it's hard to convince them they need to put forth the effort and be united to make the change happen.

Central Utah Counseling Center will work with the Central Utah PreventionCoalition to increase readiness by working with key leaders to raise awareness of prevention efforts and increase reach to more areas in the community. This effort will increase awareness of programs in the area and the importance of prevention efforts in the south Sevier County Area. Central Utah Counseling will continue to offer evidence-based programs to the community taught to fidelity. The Central Utah Prevention Coalition has collaborated with the Sevier School District to provide evidence-based programming on school grounds. This collaboration also helps the

Central Utah Prevention Coalition increase the school district's capacity by providing training on evidence-based prevention practices and policy. Central Utah Counseling will continue to work with local authorities to increase EASY compliance checks. Central Utah Counseling will continue to increase capacity by training members of the Central Utah Prevention Coalition in prevention science and cultural competency. The Counseling Center will also evaluate programming to ensure that programs are taught to fidelity and ensure that programming effectively reduces the risk factors and increases protective factors.

By adhering to these guidelines, Central Utah Counseling expects to see a reduction in the risks previously identified and an increase in rewards for prosocial involvement among youth. Central Utah Counseling also expects to see a decrease in lifetime alcohol use among adolescents, marijuana use, and opioid overdose deaths.

## <u>Create a Logic Model for each program or strategy funded by Block Grant Dollars, PFS, SOR, SPF Rx or State General Funds.</u>

Program Name	)			Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse	
CTC Com	CTC Community Coalitions				ck Grant Funds: e General Funds: cretionary Funds:	Blueprints	
			Tota	al:50,000			
Agency/Coalition					Level:		
Central Utah Counseling Center			Pro	mising 1			
	Goal	Factors	Focus Population: U/S/I		Strategies	Outcomes	
			Universal/Selection /Indicated	ctive		Short	Long
Logic	Reduce Lifetime Alcohol Use in grades 6-12 SHARPS: 2021 was 14.4% Reduce Lifetime Marijuana use in grades 6-12	Attitudes Favorable toward Antisocial behavior in grades 6-12 SHARPS: 2021 was 36.7%  Reduce Low Neighborhoo d Attachment SHARPS:	Key Leaders ar stakeholders in sanpete county community.  *Below are logi models for each individual community coalition*	the	Central Utah Copusnleing center will sponsor CTC coalitions throughout the six county area each coalition will work to address one or more of the identified problem behaviors by follow the milestones and benchmarks outlined in the Communities that Care model. To allow the Coalition to collaborate with stakeholders in the community	Reduce Attitudes Favorable toward Antisocial behavior in grades 6-12 SHARPS: 2021 was 36.7% reduce to 35% by 2023 Reduce Reduce	Reduce Lifetime Alcohol Use in grades 6-12 SHARPS: 14.4% in 2021reduce to 13.2% in 2023 SHARPS and reduced to; 12.1% in 2025 reduced further to 11% in 2027  Reduce Lifetime

	SHARPS: 2019 was 9.2% Reduce lifetime E cigarette use SHARPS: 2019 was 16.9%	2021: 33.1%  Reduce Parental Attitudes Favorable toward ASB  SHARPS 2021: 40.9%		*Existing coalitions will receive training as needed or upon request in the CTC model of prevention to better identify risk and protective factors and plan strategies for local issues.  *Hold trainings and provide training.  *Complete and/or update Community Readiness Survey, Resource Assessment and area plan	Low Neighborho od Attachment  SHARPS: 2021 was 33.1% reduce to 31% by 2023  Reduce Parental Attitudes Favorable toward ASB  SHARPS: 2021 was 40.9% 2023 reduce to 35%	Marijuana use in grades 6-12  SHARPS: 2021 was 9.2% 2023 reduce to 8.5; to 8 in 2025; to 7.5 in 2027  Reduce lifetime E cigarette use  SHARPS: 2021 was 16.9 2023 reduce to 15.1; to 14.6 in 2025; to 13.1 in 2027
Measures & sources	Central SHARPS 2021	Central SHARPS 2021	Coalition throught the six county area using attendance records and minutes	Referrals from Key leaders in each area	Central SHARPS 2021 2023 2025	Central SHARPS 2021 2023 2025 2027

Program Name			Cost of Program	m	Identify OSUMH approved Evidence Based Clearinghouse		
CTC Coalitions - South Sanpete Cares			Block Grant Funds: State General Funds: Discretionary Funds:		Blueprints		
			Total:				
Agency/Coalition			Tier Level:				
Central Utah C	ounseling Center			Promising 1			
	Goal	Factors	Focus Popu	lation: U/S/I	Strategies	Outco	mes
			Universal/Sele	ctive/Indicated		Short	Long
Logic	Reduce Lifetime Alcohol Use in grades	Attitudes Favorable Toward Antisocial	Key Leaders ar in the sanpete of community.		Sanpete CARES Coalition will follow the milestones and	Reduce Attitudes Favorable toward	Reduce Lifetime Alcohol Use in

	6-12 SHARPS:; 2021: 15.3%	behavior in grades 6-12 SHARPS: 2021: 31.4%		benchmarks outlined in the Communities that Care model. To allow the Coalition to collaborate with stakeholders in the community  All residents of Sanpete County will be included and encouraged to attend as part of this strategy.  update Community Readiness Survey, Resource Assessment and area plan	Antisocial behavior in grades 6-12 SHARPS: 2021: 31.4% reduce to 29.5% by 2023 SHARPS	grades 6-12 Was 15.3% in 2021 reduce to in 14.5 in 2023; to 14 in 2025; to 13.5 in 2027 to 13 in 2029
Measures & Sources	South Sanpete SHARPS 2021	South Sanpete SHARPS 2021	Coalition held at Ephraim City Building track participation with coalition attendance records and minutes	Referrals from Key Leaders in Sanpete County	South Sanpete SHARPS 2021 2023 2025	South Sanpete SHARPS; 2021; 2023; 2025 2027 2029

Program Name	ŭ				am	Identify OSUMH approved Evidence Based Clearinghouse		
CTC Coal	CTC Coalitions _ North Sanpete Cares				Block Grant Funds: State General Funds: Discretionary Funds:		Blueprints	
			Total:					
Agency/Coalition				Tier Level:				
Central Utah C	ounseling Center			Promising 1				
	Goal	Factors	Focus Popu	lation: U/S/I	Strategies	Outo	omes	
			Universal/Selec	ctive/Indicated		Short	Long	
Logic	Reduce Lifetime Alcohol Use in grades 6-12	Early Initiation of Antisocial behavior in grades 6-12	Key Leaders and stakeholders in the sanpete county community. track participation with coalition attendance records and minutes		North Sanpete CARES Coalition will follow the milestones and benchmarks outlined in the Communities that	Reduce Early Initiation of Antisocia	Reduce Lifetime Alcohol Use in grades 6-12	

	SHARPS:; 2021 13.8%	SHARPS: 2021: 26.0%		Care model. To allow the Coalition to collaborate with stakeholders in the community  All residents of Sanpete County will be included and encouraged to attend as part of this strategy.  update Community Readiness Survey, Resource Assessment and area plan	behavior in grades 6-12 SHARPS 2021:26. 0% reduce to 24.5% 2023 SHARPS	2021 was 13.8% 2023 Reduce to 13% 2025 reduce to 12.5% 2027 reduce to 12% 2029 reduce to 11.5%
Measures & Sources	North Sanpete SHARPS 2021	North Sanpete SHARPS 2021	Coalition held at Mt Pleasant City Building track participation with coalition attendance records and minutes	Referrals from Key Leaders in Sanpete County	North Sanpete SHARPS 2021 2023 2025	North Sanpete SHARPS 2021; 2023; 2025 2027 2029

Program Name	Program Name				am	Identify OSUMH approved Evidence Based Clearinghouse	
CTC Cola	tions - Gun	nison Valley	y Cares	Block Grant F State General Discretionary	Funds:	Blueprints	
			Total:				
Agency/Coalition				Tier Level:			
Central Utah C	Central Utah Counsleing Center			Promising 1			
	Goal	Factors	Focus Population: U/S/I		Population: U/S/I Strategies		omes
			Universal/Sele	ctive/Indicated		Short	Long
Logic	Reduce lifetime E cigarette use SHARPS: 2021 22.0%	Precived Availibilty of drugs in grades 6-12 SHARPS: 2021 29.6%	Key Leaders and stakeholders in the sanpete county community.		Gunnison CARES Coalition will follow the milestones and benchmarks outlined in the Communities that Care model. To allow the Coalition to collaborate with stakeholders in the	Reduce Perceived Availability of Drugs SHARPS was: 29.6% in 2021 reduce to to 28% in	Reduce lifetime E cigarette use SHARPS: 2021 was 22.0; reduce to 19 in 2023; to

				community  All residents of Sanpete County will be included and encouraged to attend as part of this strategy.  update Community Readiness Survey, Resource Assessment and area plan	2023	18 in 2025 't0 17.5 in 2027
Measures & Sources	Sanpete SHARPS 2021	Sanpete SHARPS 2021	Coalition held at Gunnison City Building track participation with coalition attendance records and minutes	Referrals from Key Leaders in Sanpete County	Sanpete SHARPS 2021 2023 2025	Sanpete SHARPS 2021; 2023; 2025 2027

Program Name			a		Identify OSUMH approved Evidence Based Clearinghouse		
CTC Community Coalitions (JUMP- Juab Unites Motivating Prevention		Block Grant Funds: State General Funds: Discretionary Funds:		Blueprints			
				Total:			
Agency/Coalitie	on			Tier Level:			
Central Utah C	ounseling Center			Promising 1			
	Goal	Factors	Focus Population: U/S/I		Strategies	Outco	omes
			Universal/Selec	ctive/Indicated		Short	Long
Logic	Juab: Opioid Overdose Deaths deaths CHNA CVMC 2019 26.2 per 100,000	Rewards for ASB	Universal/Selective/Indicated  Local organizations, key community leaders, and agencies participate in coalitions within the communities of Central Utah. Coalition participation is open to community members of all socio-economic and ethnic backgrounds. Existing Coalitions include Delta Community First, Sanpete LIC, Central Utah Prevention		*Existing coalitions will receive training as needed or upon request in the CTC model of prevention to better identify risk and protective factors and plan strategies for local issues.  *Hold trainings and provide training.	Reduce rewards for ASB from by 5% from the 2021 SHARPS to the 2023 SHARPS also look at youth focus	JUAB: Reduce Opioid deaths from 26.2 per 100,000 in 2019 to 22.5 in 2027

			Coalition, Juab Coalition, Youth Coordinating Councils inSevier, Sanpete, Millard. An estimated total of participants in above coalitions/LIC and YCC is 100.	*Complete and/or update Community Readiness Survey and Resource Assessment. CFNO to address SDS & target 7th grade students & families for GGC	group informatio n to provide additional informatio n for the JUAB area	
Measures & Sources	CHNA CVMC 2019 Opioid Misuse & Abuse Needs Asmt 4/2019	CHNA CVMC 2013, Youth Focus Groups/Youth Coalition members, SHARPS 2021 was 40%	Coalition rolls and key leader survey results, meeting minutes and attendance rosters.	Coalition agenda, minutes/attendance roster, continued trainings	CHNA CVMC 2013, Youth Focus Groups/Yo uth Coalition members, SHARPS 2021	Opioid Misuse & Abuse Needs Asmt 4/2017; 2019; 2023 2027

Program Name			Cost of Progra	am	Identify OSI approved E Based Clea	vidence	
CTC Coalitions- (EMPC- East Millard Prevention Coalition)			Block Grant Funds: State General Funds: Discretionary Funds:		Blueprints		
				Total:			
Agency/Coalition	on			Tier Level:			
Central Utah C	ounseling Center			Promising 1			
	Goal	Factors	Focus Popu	lation: U/S/I	Strategies	Outco	omes
			Universal/Sele	ctive/Indicated		Short	Long
Logic	Reduce Lifetime Marijuana use in grades 6-12 SHARPS: 2021: 20.7%	Reduce Perceived Availability of Drugs SHARPS: 2021: 27.7%	Key Leaders ar stakeholders in Millard county	the East	East Millard Prevention Coalition will follow the milestones and benchmarks outlined in the Communities that Care model. To allow the Coalition to collaborate with stakeholders in the community  All residents of East Millard County will be included and encouraged to attend as part of this strategy.	Reduce Perceived Availabilit y of Drugs SHARPS: 2021: 27.7% Reduce to 27% in 2023	Reduce LifetimeM arijuana use in grades 6-12 SHARPS: 2021: 20.7% reduce to 19.5% 2023 to 19% 2025 To 18.5% 2027

Measures & Sources	Millard SHARPS 2021	Millard SHARPS 2021	Coalition held a Fillmore, Millard Sheriff's Office track participation with coalition attendance records and minutes	Referrals from Key Leaders in East Millard County	Millard SHARPS 2021 2023	Millard SHARPS 2021; 2023; 2025 2027
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Program Name			Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse		
CTC Coal	itions- Delta	a First		Block Grant F State General Discretionary	Funds:	Blueprints	
				Total:			
Agency/Coalitic	on			Tier Level:			
Central Utah Co	ounseling Center			Promising 1			
	Goal	Factors	Focus Popul	ation: U/S/I	Strategies	Outco	omes
			Universal/Selec	ctive/Indicated		Short	Long
Logic	Reduce lifetime E cigarette use SHARPS: 2021: 30.6%	Parental Attitudes Favorable toward Antisocial behavior in grades 6-12 SHARPS: 2021: 42.1%	Universal/Selective/Indicated  Key Leaders and stakeholders in the East Millard county community.		East Millard Prevention Coalition will follow the milestones and benchmarks outlined in the Communities that Care model. To allow the Coalition to collaborate with stakeholders in the community  All residents of East Millard County will be included and encouraged to attend as part of this strategy.	Reduce Parental Attitudes Favorable toward Antisocial behavior in grades 6-12 SHARPS: 2021: 42.1% reduce to 41% in 2023	Reduce lifetime E cigarette use SHARPS: 2021: 30.6% reduce to 30% in 2023 to 29.5% in 2025 to 29% in 2027
Measures & Sources	Millard SHARPS 2021	Millard SHARPS 2021	Coalition held a Millard Sheriff's participation wit attendance recominutes	Office track th coalition	Referrals from Key Leaders in East Millard County	Millard SHARPS 2021 2023	Millard SHARPS 2021; 2023; 2025 2027

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Program Name			Cost of Progra	am	Identify OS approved E Based Clea		
	CTC Community Coalitions- Central Utah Prevention Coalition			Block Grant For State General Discretionary	Funds:	Blueprints	
				Total:			
Agency/Coalitic	on			Tier Level:			
Central Utah C	ounseling Center			Promising 1			
	Goal	Factors	Focus Popul	ation: U/S/I	Strategies	Outo	omes
			Universal/Selec	ctive/Indicated		Short	Long
Logic	Reduce Lifetime Alcohol Use in grades 6-12 SHARPS: 2021 was 18.8	Reduce Family Conflict SHARPS 2021 was 29.3	Universal/Selective/Indicated  Key Leaders and stakeholders in the sanpete county community.		Central Utah Prevention Coalition will follow the milestones and benchmarks outlined in the Communities that Care model. To allow the Coalition to collaborate with stakeholders in the community  All residents of Sevier County will be included and encouraged to attend as part of this strategy.	Reduce Family Conflict SHARPS: 2021was 29.3 2023 reduce to 27%	Reduce Lifetime Alcohol Use in grades 6-12 SHARPS: 2021 was 18.8 reduce to 17.5;in 2023 to 16.5 in 2025; to 15.5 in 2027; to 15 in 2029
Measures & sources	Sevier HARPS 2013; 2015; 2017	Sevier HARPS 013; 2015; 2017	Coalition held a Health Departm participation wir attendance recominutes	nent.track th coalition	Referrals from Key eaders in Sevier County	Sevier HARPS 2021 2023	Sevier ARPS 2021 2023 2025 2027 2029

Program Name	Cost of Program	Identify OSUMH approved Evidence Based Clearinghouse
CTC Youth Coalitions/ Central	Block Grant Funds: State General Funds:	Blueprints

				Discretionary F	- unds:		
			Total10,000				
Agency/Coalitie	on			Tier Level:			
Central U	tah Counse	eling Center	r	Promising 1			
	Goal	Factors	Focus Popu	lation: U/S/I	Strategies	Outo	omes
			Universal/Sele	ctive/Indicated		Short	Long
Logic	Reduce Lifetime vaping use in grades 10-12	Early Initiation of ASB	Universal/Selective/Indicated  Grades 10-12 school-based Youth Coalition follows the CTC coal;ition model to improve the school and community environment within Juab, Millard, Sanpete Sevier, Wayne, and Piute schools  Below are logic models for each individual youth coalition in the six county area*		*Students will participate in the Youth Prevention Summit to provide training to reduce early initiation of Anti-Social Behaviors using their local data.  *Students will participate with local Coalitions to educate, evaluate and change policies, procedures, and practices in each area.	Reduce early initiation of ASB from 19.6 in 2021 to 18 in 2023	Reduce lifetime vaping use in 10th-12th grades from 28.2 in 2021 to 26.5 in 2023 and 24.5 in 2025
Measures & Sources	CU SHARPS 2021 28.2	CU SHARPS 2021: 19.6	School Youth of membership repermission slip participating his	ecords and es for each	Youth Summit attendance lists, coalition meeting min,	Central Utah SHARPS 2021, 2023, 2025	Central Utah SHARPS 2021, 2023, 2025

Program Name	Cost of Program	Identify OSUMH approved Evidence Based Clearinghouse	
Youth Coalition/ Juab	Block Grant Funds: State General Funds: Discretionary Funds: Total: 1,000	Blueprints	
Agency/Coalition	Tier Level:		
JUMP Coalition	Promising 1		

	Goal	Factors	Focus Population: U/S/I	Strategies	Outco	omes
			Universal/Selective/Indicated		Short	Long
Logic	Reduce Lifetime Alcohol Use in grades 10-12	Reduce Attitudes Favorable Toward ASB	Students in the Juab School District who desire to make positive change in their community will be invited to be involved with the JUMP Coalition as Youth Leadership and JUMP's efforts to reduce risk factors for the Juab community. They will also have the opportunity to attend Youth Leadership Prevention Training at Snow College. To include a minimum of 5 students yearly.	JUMP Coalition holds Coalition monthly meetings, using the CTC model, holds community events to educate and change policies, practices, & procedures to reduce rewards for ASB and increase rewards for Prosocial Involvement to our youth and its citizens.  Have Youth Leadership attend Youth Prevention Summit at Snow College for training.  Any student interested will be included to participate.	Reduce rewards for ASB  SHARPS: 2017 was 37.8% Reduce in 2019 to 36.8%; and to 35.8% in 2021	Reduce Lifetime Alcohol Use in grades 6-12 from 8.9% in 2017 to 8.4% in 2019 to 7.9% in 2021 and 7.4% in 2023; then 6.8% in 2025
Measures & Sources	Central SHARPS 14.4% (2021)	Central SHARPS 36.7% (2021)	GYC; Youth Leadership Groups;Hope Squads; Youth JUMP Coalition Members	Referrals: Agencies, chools, Churches, JUMP Coalition members	Central SHARPS 2021 2023 2025	Central SHARPS 2021 2023 2025

Program Name	Cost of Program	Identify OSUMH approved Evidence Based Clearinghouse
CTC - Youth Coalition Leadership - DELTA	Block Grant Funds: State General Funds: Discretionary Funds: Total: 1,000	Blueprints
Agency/Coalition	Tier Level:	
Delta Community First Coalition	Promising 1	

	Goal	Factors	Focus Population: U/S/I	Strategies	Outco	omes
			Universal/Selective/Indicated		Short	Long
Logic	Reduce Lifetime Alcohol Use in grades 10-12 SHARPS: 2013 was 25.9% 2015 was 31.1% 2017 was 26.5% 2019 was 19.6%	Reduce rewards for ASB in grades 10-12 SHARPS: 2013 was 15.6 2015 was 49.0 2017 was 24.9 2019 was 24.7%	Students from Delta High School who want to make positive change in their community will work with the Delta First Coalition in their efforts to reduce risk factors identified through data in their community. To include a minimum of 5 students yearly.	Students will be part of the Delta Community First Coalition and collaborate to hold community events to educate and change practices, policies, and procedures to reduce rewards for ASB and increase rewards for prosocial involvement to our youth and its citizens.  Youth Leadership will attend Youth Prevention Summit at Snow College for training.  Any student interested will be included to participate.	Reduce rewards for ASB in grades 10-12 SHARPS: 2013 was27.8 %; in 2015 was 30.8%; in 2017 was 25.2%; to 24% in 2019; and 23% in 2021	Reduce Lifetime Alcohol Use in grades 10-12 From 25.9% in 2013; to 31.1% in 2015; to 26.5% in 2017; to 25.5% in 2019; to 24% in 2021; and 23% in 2023; and 22% in 2025
Measures & Sources	Delta SHARPS 2013; 2015; 2017 ,2019	Delta SHARPS 2013; 2015; 2017, 2019	GYC; Youth Leadership Groups; Hope Squads; Delta Community First Coalition Youth Members	Referrals: Agencies, Schools, Churches, JUMP Coalition members	Delta SHARP 2017, 2019, 2021	Delta SHARPS ; 2017; 2019; 2021; 2023; 2025

Youth Coa	ilition/ Juab			Block Grant Funds: State General Funds: Discretionary Funds:		Blueprints	
				Total: 1,000			
Agency/Coalitic	on			Tier Level:			
JUMP Coalition	1			Promising 1			
	Goal	Factors	Focus Popul	lation: U/S/I	Strategies	Outcomes	
			Universal/Selective/Indicated			Short	Long
Logic	Reduce	Reduce	Students in the	Juab School	JUMP Coalition	Reduce	Reduce

	Lifetime Alcohol Use in grades 10-12	Attitudes Favorable Toward ASB	District who desire to make positive change in their community will be invited to be involved with the JUMP Coalition as Youth Leadership and JUMP's efforts to reduce risk factors for the Juab community. They will also have the opportunity to attend Youth Leadership Prevention Training at Snow College. To include a minimum of 5 students yearly.	holds Coalition monthly meetings, using the CTC model, holds community events to educate and change policies, practices, & procedures to reduce rewards for ASB and increase rewards for Prosocial Involvement to our youth and its citizens.  Have Youth Leadership attend Youth Prevention Summit at Snow College for training.  Any student interested will be included to participate.	rewards for ASB  SHARPS: 2017 was 37.8% Reduce in 2019 to 36.8%; and to 35.8% in 2021	Lifetime Alcohol Use in grades 6-12 from 8.9% in 2017 to 8.4% in 2019 to 7.9% in 2021 and 7.4% in 2023; then 6.8% in 2025
Measures & Sources	Central SHARPS 14.4% (2021)	Central SHARPS 36.7% (2021)	GYC; Youth Leadership Groups;Hope Squads; Youth JUMP Coalition Members	Referrals: Agencies, chools, Churches, JUMP Coalition members	Central SHARPS 2021 2023 2025	Central SHARPS 2021 2023 2025

Program Name				Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse	
CTC Youtl	n Coalition	East Millard	I	Block Grant Funds: State General Funds: Discretionary Funds:		Blueprints	
				Total:			
Agency/Coalition				Tier Level:			
East Millard Pre	evention Coalition	า		Promising 1			
	Goal	Factors	Focus Popul	ation: U/S/I	Strategies	Outco	omes
			Universal/Selective/Indicated			Short	Long
Logic	Reduce Lifetime Alcohol Use in grades	Attitudes Favorable towardr ASB in grades	Students from I School who wa positive change community will	nt to make in their	Students will be part of the East Millard Prevention Coalition and collaborate to	Reduce Attitudes Favorabl e towardr	Reduce Lifetime Alcohol Use in

	10-12 SHARPS: 2021: 22.4%	10-12 SHARPS: 2013 was 53.5% in 2021	Delta First Coalition in their efforts to reduce risk factors identified through data in their community. To include a minimum of 5 students yearly.	hold community events to educate and change policies, practices, and procedures to reduce rewards for ASB and increase pro-social rewards for our youth and its citizens.  Youth Leadership will attend Youth Prevention Summit at Snow College for training.  Any student interested will be included to participate.	ASB in grades 10-12  From 53.5% in 2021; to 50.6% in 2023	grades 10-12 From 22.4% in 2021; to 21.4% in 2023; to 20.5% in 2025; to 20% in 2027
Measures & Sources	Millard SHARPS 2021	Millard SHARPS 2021	GYC; Youth Leadership Groups; Hope Squads; East Millard Prevention Coalition	Referrals: Agencies, Schools, Churches, JUMP Coalition members	Millard SHARPS 2021 2023	Millard SHARPS 2021; 2023; 2025 2027

Program Name	•			Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse	
CTC Youth ( SANPETE	Coalition Lead	dership - NOR	RTH	Block Grant Funds: State General Funds: Discretionary Funds:		Blueprints	
				Total:			
Agency/Coalitio	on			Tier Level:			
North Sanpete	Cares Coalition			Promising 1			
	Goal	Factors	Focus Popula	ation: U/S/I	Strategies	Outco	omes
			Universal/Selective/Indicat ed			Short	Long
Logic	Reduce Lifetime Alcohol Use in grades 6-12	Reduce Early Initiation of Antisocial behavior in grades 6-12	Students From North Sanpete High School who would like to make a change in their school the Coalition is available to all		North Sanpete Youth Coalition will be held in North Sanpete High School. Our goal is to serve	Reduce Early Initiation of Antisocial	Reduce Lifetime Alcohol Use in grades

	SHARPS:; 2021 was 15.4%	SHARPS: 2021 27.7	students attending North Sanpete High School	approx. 10 people per year.  Referrals will be from school resource officers and school counselors to target youth willing to work on prevention.  All students will be included and encouraged to attend as part of this strategy.	behavior in grades 6-12 SHARPS: Was 27.7% in 2021 reduce to 26.0 in 2023	6-12 2021 was 15.4 reduce to in 15.0 in 2023; to 14.5 in 2025; to 14 in 2027; and 13.5 in 2029
Measures & Sources	NS SHARPS 2021	NS SHARPS 2021	Coalition held at North Sanpete High School	Referrals from school resource officer and school counselor enrolment open to all students of North Sanpete High School	NS SHARPS 2021 2023	NS SHARPS 2021; 2023; 2025 2027

Program Name	e			Cost of Progra	am	Identify OSUMH approved Evidence Based Clearinghouse	
CTC Yout	h Coalition	MANTI		Block Grant Funds: State General Funds: Discretionary Funds:		Blueprints	
Agency/Coalition				Tier Level:			
South Sanpete	South Sanpete Cares			Promising 1			
	Goal	Factors	Focus Population: U/S/I Strategies		Outc	omes	
			Universal/Selec	ctive/Indicated		Short	Long
Logic	Reduce Lifetime Alcohol Use in grades 6-12 SHARPS: 2021 was 20.1	Reduce Early Initiation of Antisocial behavior in grades 6-12 SHARPS: 2021 27.2	Students from Manti High School who would like to make a change in their school the Coalition is available to all students attending North Sanpete High School		Manti Youth Coalition will be held at Manti High School. Our goal is to serve approx.25 people per year.  All students will be included and encouraged to attend	Reduce Early Initiation of Antisocia I behavior in grades 6-12 SHARPS :2021	Reduce Lifetime Alcohol Use in grades 6-12 2021; was 20.1 reduce to 19.5 in 2023; to

				as part of this strategy.	27.2 Reduce to 25.5 by 2023	19 in 2025; to 18.5 in 2027
Measures & Sources	Manti SHARPS 2021	Manti SHARPS 2021	Coalition held at Manti High School	Referrals from school resource officer and school counselor enrolment open to all students of Manti High School	Manti SHARPS 2021 2023	Manti SHARPS 2021; 2023; 2025 2025

Program Name	Program Name				Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse	
CTC Youth Coalition Gunnison				Block Grant Funds: State General Funds: Discretionary Funds:		Blueprints		
Agency/Coalition	on			Tier Level:				
Gunnison Valle	y Cares Coalitior	1		Promising 1				
	Goal	Factors	Focus Popul	ation: U/S/I	Strategies	Outco	mes	
			Universal/Selec	ctive/Indicated		Short	Long	
Logic	Reduce Lifetime Alcohol Use in grades 6-12 SHARPS:; 2021 was 19.1	Reduce Early Initiation of Antisocial behavior in grades 6-12 SHARPS: 2021: 29.7	This coalition is all Students fro High School.		Gunnison Youth Coalition will be held in Gunnison High School. Our goal is to serve approx. 10 people per year.  School administration will encourage participation from youth who would be a positive influence on peers. School resource officers and school counselors will target youth willing to work on prevention.  All students will be	Reduce Early Initiation of Antisocial behavior in grades 6-12 SHARPS: 2021 was 29.7% reduce to 27.0% in 2023	Reduce Lifetime Alcohol Use in grades 6-12 2021 was 19.1 reduce to to 18.5% in 2023 to 18% in 2025 to 17.5% 2027	

				included and encouraged to attend as part of this strategy.		
Measures & Sources	Gunnison SHARPS 2021	Gunnison SHARPS 2021	Coalition held at Gunnison High School	Referrals from school resource officer and school counselor enrolment open to all students of Gunnison High School	Gunnison SHARPS 2021 2023	Gunnison SHARPS 2021; 2023; 2025 2027

Program Name	)			Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse	
CTC Youtl	n Coalition-	NORTH SE	EVIER	Block Grant Funds: State General Funds: Discretionary Funds:		Blueprints	
				Total:			
Agency/Coalitio	on			Tier Level:			
CUPC				Promising 1			
	Goal	Factors	Focus Popul	ation: U/S/I	Strategies	Outco	omes
			Universal/Selec	ctive/Indicated		Short	Long
Logic	Reduce Lifetime Alcohol Use in grades 6-12 SHARPS: Was 18.8% in 2021	Reduce Early Initiation of Antisocial behavior in grades 6-12 SHARPS: 2021 was 22.1%	Students from I High School wh to make a chan school the Coa available to all attending North School	no would like age in their lition is students	North Sevier Youth Coalition will be held in North Sevier High School. Our goal is to serve approx. 8 people per year.  Referrals will be from school resource officers and school counselors to target youth willing to work on prevention.  All students will be included and encouraged to attend as part of this strategy.	Reduce Early Initiation of Antisocial behavior in grades 6-12 SHARPS: 2021 was 22.1% reduce to 21% by 2023	Reduce Lifetime Alcohol Use in grades 6-12 SHARPS 2021 was 18.8% reduce to 18% 2023 To 17.5% 2025 to 17% 2027

Measures & Sources	North Sevier SHARPS 2021	North Sevier SHARPS 2021	Coalition held at North Sevier High School	Referrals from school resource officer and school counselor enrolment open to all students of North Sevier High School	North Sevier SHARPS 2021 2023	North Sevier SHARPS 2021; 2023; 2025 2027
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Program Name	Program Name			Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse	
CTC Youth Coalition -RICHFIELD			Block Grant F State General Discretionary	Funds:	Blueprints		
			Total:				
Agency/Coalition				Tier Level:			
CUPC				Promising 1			
	Goal	Factors	Focus Popul	lation: U/S/I	Strategies	Outco	omes
			Universal/Selec	ctive/Indicated		Short	Long
Logic	Reduce Lifetime Alcohol Use in grades 6-12 SHARPS: 2021 was 19.7%	Reduce Early Initiation of Antisocial behavior in grades 6-12 SHARPS: 2021 was 22.4%	Students from Richfield High School who would like to make a change in their school the Coalition is available to all students attending Richfield High School		Richfield Youth Coalition will be held in Richfield High School. Our goal is to serve approx. 20 people per year.  Referrals will be from school resource officers and school counselors to target youth willing to work on prevention.  All students will be included and encouraged to attend as part of this strategy.	Reduce Early Initiation of Antisocial behavior in grades 6-12 SHARPS: 2021 was 22.4% reduce to 21% in 2023	Reduce Lifetime Alcohol Use in grades 6-12 SHARPS: 2021 was 19.7% reduce to 19% in 2023 to 18.5% in 2025 to 18%in 2027
Measures &	Richfield	Richfield	Coalition held a	at Richfield	Referrals from	Richfield	Richfield

Sources	SHARPS 2021	SHARPS 2021	High School	school resource officer and school counselor enrolment open to all students of Richfield High School	SHARPS 2021 2023	SHARPS 2021; 2023; 2025 2027
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Program Name	)			Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse	
CTC Youth Coalition -Monroe			Block Grant F State General Discretionary	Funds:	Blueprints		
			Total:				
Agency/Coalition				Tier Level:			
CUPC				Promising 1			
	Goal	Factors	Focus Popul	lation: U/S/I	Strategies	Outc	omes
			Universal/Selec	ctive/Indicated		Short	Long
Logic	Reduce Lifetime Alcohol Use in grades 6-12 SHARPS: 2021 was 17.8%	Reduce Early Initiation of Antisocial behavior in grades 6-12 SHARPS: 2021 was 19.0	Students from S High School wh to make a chan school the Coa available to all a attending South School	no would like age in their lition is students	South Sevier Youth Coalition will be held in South Sevier High School. Our goal is to serve approx. 9 people per year.  Referrals will be from school resource officers and school counselors to target youth willing to work on prevention.  All students will be included and encouraged to attend as part of this strategy.	Reduce Early Initiation of Antisocia I behavior in grades 6-12 SHARPS : 2015 was 33.2 2017 was 20.0 Reduce in 2019 was 19.0 Reduce to18.1 in 2021	Reduce Lifetime Alcohol Use in grades 6-12 SHARPS: 2015 was 33.5 2017 was 28.6 2019 was 26.8 Reduce to 24.7 in 2021; to 23.5 in 2023; to 22 in 2025
Measures & Sources	South Sevier SHARPS 2021	South Sevier SHARPS 2021	Coalition held a Sevier High Sci		Referrals from school resource officer and school counselor enrolment open to all students of South Sevier High School	South Sevier SHARPS 2021 2023	South Sevier SHARPS 2021 2023 2025 2027

Program Name				Cost of Progra	am	Identify OS approved E Based Clea	Evidence
Guiding Good Choices			Block Grant F State General Discretionary	Funds:	Blueprints		
				Total:25,000			
Agency/Coalitic	on			Tier Level:			
Central Utah Co	ounseling Center			Promising 1			
	Goal	Factors	Focus Popul	lation: U/S/I	Strategies	Outc	omes
			Universal/Selec	ctive/Indicated		Short	Long
Logic	Reduce 30 day alcohol use in grades 6 through 12 SHARPS: 2021 was 5.4%	*Poor Family Management SHARPS: 2021 was 25.8%	Parents referred and/or self-refer to parenting classes in the Six County area primarily when & where there is a gap in parenting class services from other agencies A minimum of one class (up to 2 yearly determined by participants) will be offered in Delta, Fillmore, Gunnison, Wayne, Piute, Richfield, North and South Sevier, Ephraim, and Nephi Estimated attendance in each class is 6 – 15 adults and children		Guiding Good Choices will be offered in Juab, Wayne, Piute, Sanpete, Millard and Sevier Counties. GGC is a family competency training for parents of children in grade and middle schools. Instruction includes identification of risk factors for ATOD abuse, strategies to enhance protective family processes and reduce depressive symptoms.	Poor family manage ment will indicate improve ment • GGC post-test s of 15% improve ment over pre-tests • Poor family manage ment will decrease from 25.8% in 2021 to 25% in 2023	Reduce 30 day alcohol use in grades 6 through 12 from 5.4% in 2021 to 5% in 2023 4.5% in 2025 To 4% 2027
Measures & Sources	SHARPS 2021	Pre/post GGC surveys SHARPS 2021	Program Attend Records	dance	Program Participation Records/Referrals	GGC Pre/post surveys; SHARPS 2021 2023	SHARPS 2021 2023 2025 2027

Program Name				Cost of Progra	am	Identify OSU	MH
1 Togram Name						approved Evidence Based Clearinghouse	
Good Beh	avior Game	Э		Block Grant Funds: State General Funds: Discretionary Funds:		Blueprints	
				Total:10,000			
Agency/Coalitic	on			Tier Level:			
Central Utah Counseling Center/ NSSD/ SSSD/ MSD/JSD/TSD/WSD/ PSD				Promising			
	Goal	Factors	Focus Population: U/S/I		Strategies	Outco	mes
			Universal/Selec	ctive/Indicated		Short	Long
Logic	Reduce lifetime alcohol use in all grades 6-12  Reduce Lifetime vaping numbers in grades 6-12	*Early Initiation of ASB  Low commitment to school  Reduce disciplinary problems in Elementary School	Students in First and Second Grade classrooms will implement the Good Behavior Game in their classrooms.		Train staff to implement the Good Behavior game.  Trainers and coaches will also be trained.  Fidelity checks will be done for all teachers implementing the game.	Early initiation of ASB will reduce by .5 % points  Low Commitme nt to School will be reduced by 0.5% points  A 2% reduction in disciplinary problems at the elementary schools	Reduce lifetime alcohol use in all grades 6-12 from 15.75 in 2019; to 15.0 in 2021; 14.5 in 2023; and 14 in 2025  As vaping rates continue to rise we would like to se a reduction by 0.5% points
Measures & Sources	SHARPS (2021)	SHARPS (2021) central  School Number of discipline problems  Teacher before and after survey	Fiedelity check Coach check in		Teacher before and after survey  Training attendance list  Fiedelity check information	SHARPS (2021), (2023) and (2025) central  School Number of discipline problems  Teacher before and after survey	SHARPS (2021), (2023) and (2025) central

Program Name	Program Name			Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse	
WHY TRY	WHY TRY- afterschool program			Block Grant Funds: State General Funds: Discretionary Funds:		Blueprints	
			Total:5,000				
Agency/Coalition				Tier Level:			
Central Utah Counseling Center				Promising 1			
	Goal	Factors	Focus Popul	ation: U/S/I	Strategies	Outcomes	
			Universal/Selec	ctive/Indicated		Short	Long
Logic	Reduce lifetime alsochol use in 10-12 grade SHARPS 14.4% 2021	Early Initiation of ASB SHARPS was 21.8%	Youth in 10-12 grade that show low academic performance.		Students who are showen to have low academic performance will be invited to the WHY TRY afterschool program	Reduce Early Initiation of ASB SHARPS was 21.8%in 2021 reduce to 21% in 2023	Reduce lifetime alsochol use in 10-12 grade  SHARPS 14.4% 2021 Reduce to 14% in 2023 to 13.5% in 2025 To 13% in 2027
Measures & Sources	SHARPS: 2021	SHAPRS: 2021	Attendance she and post tests	eets and pre		SHARPS : 2021 2023	SHARPS: 2021 2023 2025 2027

Program Name	Cost of Program	Identify OSUMH approved Evidence Based Clearinghouse
Media Campaigns/Collaboration Parents Empowered/ Know your Script/ Grey matters	Block Grant Funds:yes and PFS State General Funds: Discretionary Funds:	CSAP-6
	Total:10,000	
Agency	Tier Level:	

Central Utah Co	unseling Ce	nter	Education	n dissemination			
	Goal	Factors	Focus Population: U/S/I	Strategies	Outcomes		
			Universal/Selective	1	Short	Long	
Logic	Reduce 30 day alcohol use in grades 6 through 12	Parental Attitudes Favorable to drug use	General Population and parents of children ages 10 – 19 within the communities of Central Utah's Six Counties. Campaig components will also be offered in panish where needed. Estimated number served – 72,000.	Articles, PSA's and/or ads will be placed in local newspapers, other media outlets, and community events focusing on ATOD use and risks to include Parents Empowered collateral in all areas and garbage truck wraps in Sevier, Wayne, and Piute. Use Only as Directed, National Take Back, DEA 360; Don'tDrive Stupid, Stop Underage Drinking and Way to Quit campaigns to increase awareness of issues regarding ATOD and ASB. Estimated number served is 21,000.	Decrease grade 6 – 12 parental Attitudes favorable to drug use in 2021 from 12.6% to 10.5 in 2023	Reduce 30 day alcohol use in 2013 grades 6 to 12 from 5.4 in 2021 to 5 in 2023 to 4.5 in 2025 to 4 in 2027	
Measures & Sources	SHARPS 2021	SHARPS 2021	Distributed at community events; health fairs, CFNO's, etc.	Local newspapers, radios, garbage trucks, take back events, community events, etc.	SHARPS2 2021 2023	SHARPS 2021 2023 2025 2027	

Program Name				Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse	
EASY Compliance C	Checks - Cent	ral Utah		5,000		Yes	
Agency				Tier Level:			
Central Utah Counse	Central Utah Counseling Center 3						
	Goal	Factors	Focus Population: U/S/I Universal/Selective/Indicate d		Strategies	Outco	omes
						Short	Long
Logic	Reduce 30 day alcohol use in grades 6 hrough 12	Reduce perceived availability of alcohol/drug	Collaboration of enforcement recompliance challenges of compliance challenges of compliance challenges of collaboration of co	eporting of lecks target chiers in off roduct retail oration of and follow-up dement or the Six entral Utah.	*Encourage through collaboration with local law enforcement agencies to have hem support education of the EASY program; help facilitate EASY training. *Reduce retail availability of alcohol products to youth.	Reduce perceived availability of alcohol in grades 6 to 12 from 19.0 in 2021 to 18.5 in 2023	Reduce 30 day alcohol use in 2013 grades 6 to 12 from 5.4 in 2021 to 5 in 2023 to 4.5 in 2025 to 4 in

						2027
Measures & Sources	SHARPS 2021	SHARPS 2021	Law Enforcement EASY training dates, participation and Annual Report	Law Enforcement EASY Training Reports	SHARPS 2021 2023 Parents Empowere d Annual Report 2021	SHARPS 2021 2023 2025 2027 Parents Empowere d Annual Report 2021 2023 2025 2027

Program Name				Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse		
Prime for Life (PRI) Adult DUI Psychoeducational				5,000		NREPP		
Agency				Tier Level:				
Central Utah Counseling Center				4				
	Goal	Factors	Focus Population: U/S/I		Strategies	Outcomes		
			Universal/S	Selective/Indicated		Short	Long	
Logic	Reduce Binge Drinking	Attitudes favorable to drug use	Program will focus on both male and females from all ethnic and socio-economic backgrounds. They will be referred through the court system, schools, or individual/self referrals.  Estimated number to be served is 50.		*PRI Adult curriculum will be used. PRI program is a 16 hours program taught at least 1x week or 4x month PRN. The program will be offered throughout the Six County area as needed.	Attitudes favorable to drug use will decrease with increased understandin g about high low risk drug choices. Post-test will show an increased understandin g at 20% higher than Pre-test.	Reduce Age-adju sted, Binge Drinking from 43.3 in 2015 to 41.0 in 2019 40.0 in 2021; to 39.5 in 2023; to 29 in 2025	
Measures & Sources	BRFSS/IBI S 2021 Central Utah	Pre/Post test	Participant re services/refe	equest for errals & attendance.	Pre/Post tests, PRI Workbooks, use of curriculum to fidelity	Pre/Post test	IBIS: 2021, 2023, 2025 Central Utah	

Program Name				Cost of Progra	m	Identify OSUMH approved Evidence Based Clearinghouse		
Prime for Life (PRI Youth) Under 18				1,000		NREPP		
Agency				Tier Level:				
Central Utah Counse	Central Utah Counseling Center				4			
	Goal	Factors	Focus Popu	ılation: U/S/I	Strategies	Outcomes		

	Goal	Factors	Focus Population: U/S/I	Strategies	Outcomes	
			Universal/Selective/Indicated		Short	Long
Logic	Past 30 day alcohol use	Attitudes favorable to ASB	Program will focus on both male and females from all ethnic and socio-economic backgrounds. They will be referred through the court system, schools, or individual/self referrals. Estimated number to be served is 20.	PRI Youth curriculum will be used. PRI program is a 16 hours program taught at least 1x week or 4x month PRN. The program will be offered throughout the Six County area as needed.	Attitudes favorable to ASB will decrease from 36.7% in 2021 to 36 in 2023 To 35.5 in 2025  Pre/post tests will show a 25% increase in understanding of high risk choices contained in PRI curriculum.	Reduce 30 day alcohol use in 2013 grades 6 to 12 from 5.4 in 2021 to 5 in 2023 to 4.5 in 2025 to 4 in 2027
Measures & Sources	SHARPS 2021	SHARPS 2021 PRI Pre/Post tests	Participant requests for services/referrals and attendance.	PRI certified instructors; Pre/post tests	SHARPS 2021 2023 2025 ; PRI Pre/Post tests	SHARPS 2021 2023 2025 2027