

FORM C - SUBSTANCE USE PREVENTION NARRATIVE

With the intention of helping every community in Utah to establish sustainable [Community Centered Evidence Based Prevention](#) efforts, fill in the following table per the instructions below.

Not every community will be at optimal readiness nor hold highest priority. This chart is designed to help you articulate current prevention activities and successes as well as current barriers and challenges. Please work with your Regional Director if you have questions about how to best report on your communities. For instructions on how to complete this table, please see the Community Coalition Status Tool [here](#).

List every community in your area defined by one of the following:

1. serving one of the 99 Small Areas within Utah
2. serving the communities that feed into a common high school
3. any other definition of community with OSUMH approval.

*All “zero” or “no priority” communities may be listed in one row

CCEBP Community	CCEBP Community Coalition Status (see tool here)	Priority High Medium Low	Notes/ Justification of Priority	List of Programs Provided (if applicable)	Evidence Based Operating System (e.g. CTC, CADCA Coalition Academy, PROSPER)	Links to community strategic plan
American Fork	E 7	High	AF CTC is being coached, new coordinator has stepped in and is pulling members back together after a very long lag. Community is engaged and supportive of efforts. Haven't gone through entire phase, so still high priority	Strengthening Families, Guiding Good Choices, Project Toward No Drug Abuse, Drug Take back events, Media campaign promotion, Opioid education	CTC	
Eagle Mountain/ Saratoga Springs	F	Medium	EM/SS CTC is running smoothly. We support efforts and collaboration is good. Could use a bit of new energy. Need a new	Drug take Back events, Media campaign promotion, Family Dinners,	CTC	

			assessment.	Neighborhood connection, Opioid education		
Payson/ Goshen/ Santaquin/ Genola	F	Medium	CTC is stagnant and could use a boost of energy. Working on a new assessment.	Drug Take Back and opioid education, Campaign promotion Youth Court	CTC	
Pleasant Grove	E 8	High	PG CTC is being coached. Haven't completed the phases yet but are very active and in implementation phase.	Strengthening Families, Guiding Good Choices, Project Toward No Drug Abuse, Drug Take back events, Media campaign promotion, Smoking Cessation, Opioid Education	CTC	
Provo	F	Low	Provo reported that they are not willing to continue to oversee the coalition through the district. They report lack of community support, overburden of coordinator with other duties, and lack of results over the last few years as the reason for dismantling the coalition. They commit to working with new coalition if created.	Mentoring Program Second Steps Mindfulness Classes Mayor/youth Recognition Awards Youth Court	CTC	
Highland/ Alpine	A	Low	We were notified that Highland has people who are interested in bringing prevention		CTC	

			to community. Reached out to city council and they are not interested in paying for it.			
Lehi	E	High	Lehi has committed to creating a coalition in their city! They plan to open the hiring after July 1. We will assist wherever possible to ensure success..		CTC	
Lindon/ Orem	A	Low	No efforts currently underway in Lindon or Orem. Do not have capacity to support a coalition in each city at this time.			
Springville	C3	Medium	Springville has reached out to discuss partnership again. They currently have a coalition but it doesn't follow EB framework.	Youth Court		
Spanish Fork	C2	Low	Spanish Fork has a coalition and we have met with city managers three times to discuss CTC. No support from the city council. They won't match funds and believe their wellness coalition is enough. Coordinator says she loves CTC framework but won't commit and follow up with training or assistance.			
Salem	A 4,5	Low	We met with Salem in the past and they are not interested in			

			supporting a coalition. They believe their problems aren't major enough to warrant costs.			
Vineyard		High	We met with city leaders and they plan to present CTC to the city council in the next two weeks!			
Utah County	E, 9	High	Board is established and very strong. Attendance is consistent. Most prevention efforts flow through Utah Valley Drug Prevention Coalition (DPC)			

Area Narrative

Community: American Fork

In 2019, A.F. Police Department partnered with our prevention team and implemented a Communities That Care coalition, and we're working with the third coordinator in almost as many years. Our team provides support and coaching through University of Washington and Gery S. to meet fidelity requirements. The second coordinator left the position two months ago. The current coordinator has a definite passion and excitement for prevention work. She has taken it on and is breathing fresh life into the board and re-engaging members and key leaders. She also has a tobacco grant award and implements several activities through the coalition as well.

Community: Eagle Mountain/Saratoga Springs

Saratoga Springs and Eagle Mountain CTC has been identified as F6 because it has been through all phases of CTC several times but suffered due to Covid restrictions. This coalition has been effective since 2011! Overall, they need member re-engagement now that social distancing requirements have lifted. CTC coaching and assistance is available for the coalition.

Community: Payson

Payson CTC covers Payson, Santaquin, Goshen and Genola and has been functioning since July 2011. It is established and has moved through all phases several times. During the pandemic the coalition did not meet so connection to members has declined. Community events and programming are minimal but have reconvened. The coalition has support from key leaders, businesses and other agencies who serve on the boards. They provide resources like Youth Recognition Awards, Youth Court, Drug Take Back events, healthy family activities and other opportunities throughout the year. Our department provides technical assistance and CTC coaching as necessary.

Community: Pleasant Grove

Pleasant Grove CTC coordinator is coached by county staff who completed coaching certification requirements due to PG and AF efforts. The coordinator is very invested in her community and has

strong support. The board has continued to meet virtually through the pandemic and is implementing programs in partnership with Alpine School District through and with the Tobacco grant funding. Pleasant Grove CTC has set the bar for Utah County, and continues to do great things!

Community: Springville

Several years ago, Utah County and Springville worked together to provide CTC to the community. The coordinator began to implement strategies that were not evidence-based. This issue was discussed at that time, but Springville chose not to implement appropriate programs. Utah County opted to discontinue support for Springville. The coordinator has since reached out within the last few months to discuss potential opportunities to collaborate. Springville could benefit from the added structure of CTC fidelity measures if implemented appropriately.

Community: Alpine, Cedar Hills, Lindon, Mapleton/Elk Ridge/Salem, Orem

The pandemic and social distancing requirements have made data collection almost impossible over the last year, but when considering future partnership efforts for prevention, increased capacity will be necessary. Current funding resources aren't sufficient to support coalitions in every needed area.

Community: Spanish Fork

Spanish Fork has an established community coalition but it does not follow an evidence based framework. Spanish Fork has unique needs and has the potential to create a strong EB coalition. Our team will continue to offer support as much as possible, but the city planners and coalition coordinator don't see the benefit of using the CTC Framework in their area.

Community: Utah County

Utah Valley Drug Prevention Coalition (DPC) is a county-wide prevention coalition trained by CADCA to utilize the Strategic Prevention Framework. 13 years in, there is high ownership and accountability for the coalition and members take part in completing annual action items. DPC is recognized and supported by lawmakers and other key leaders at the state and national level.

Community: Lehi

Lehi agreed to partner with Utah County and have approved the process through the city. They plan to hire a coordinator after July 1, and we will work with them to hire and train.

Community: Vineyard

Vineyard has been interested in creating a partnership, and we met with city leaders to present CTC to them. They report they will be presenting the idea to the Mayor and feel confident that it will be approved!

Create a Logic Model for each program or strategy funded by Block Grant Dollars, PFS, SOR, SPF Rx or State General Funds.

Program Name:	Cost of Program	Identify OSUMH approved Evidence Based Clearinghouse
Utah Valley Drug Prevention Coalition	Block Grant Funds: State General Funds: Discretionary Funds: 125,000	SAMHSA
	Total: \$125,000	
Agency/Coalition	Tier Level:	

Utah County Health Department, Substance Use Prevention Division.				1		
	Goal	Factors	Focus Population : U/S/I	Strategies	Outcomes	
			Universal/ Selective/ Indicated		Short	Long
Logic	Reduce Underage alcohol and drug use	Parental Attitudes Favorable to Antisocial behavior	Universal	<p>Share information on substances, protective factors and proper medication use online, in person and printed media</p> <p>Build parental skills, teachers and youth to refuse drugs, practice resilience, bond, set boundaries, and monitor kids; use the Social Development Strategy</p> <p>Enhancing access to community drop boxes</p> <p>Improve policies around substance use</p>	Parental Attitudes Favorable to ASB will remain at 38% through 2023.	Underage alcohol and marijuana rates of increase will stay below 5% from 2020 through 2031 for all grades.
Measure	SHARP Data	SHARP Data		DFCMe Report, Coalition Meeting Minutes	SHARP 2023	SHARP 2031

Program Name:				Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse	
Prescription Medication Education and Disposal				Block Grant Funds: State General Funds: \$20,000 Discretionary Funds:		SAMHSA	
				Total: \$45,000			
Agency/Coalition				Tier Level:			
Utah County Health Department, Substance Use Prevention Division.				1, 2, 3			
	Goal	Factors	Focus Population: U/S/I		Strategies	Outcomes	
			Universal/Selective/Indicated			Short	Long

Logic	Reduce prescription misuse Increase prescription education and safety to ensure knowledge of safe use and disposal techniques	Low awareness of dangers of misuse and improper disposal Limited opportunities for education	Universal	Provide SIX opioid safety presentations Prescription Take Back Events 12 Social Media messages Permanent drop box promotion	Increase awareness of dangers of use and improper disposal promote safe use and disposal for those who cannot access live trainings	Decrease rate of past 30 day prescription medication misuse across all grades to 1.5% through 2030.
Measures and Sources	UDOH	UDOH and UOAD		Pre/post test surveys UCHD Evaluation Data Media Insights	Pre/post test Surveys UCHD Evaluation Data Media Insights	UCHD Evaluation Data UDOH

Program Name:		Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse		
Eliminating Alcohol Sales to Youth		Block Grant Funds: \$30,000 State General Funds: Discretionary Funds:				
		Total: \$30,000				
Agency/Coalition		Tier Level:				
Utah County Health Department, Substance Use Prevention Division.		1				
	Goal	Factors	Focus Population: U/S/I	Strategies	Outcomes	
			Universal/Selective/Indicated		Short	Long
Logic	Reduce Underage Drinking	Perceived availability of alcohol Retailers selling alcohol to youth	Universal	Coordinate and complete quarterly compliance checks with law enforcement and covert underage buyers (CUBS) for Utah County grocery and convenience stores	Maintain perceived availability of alcohol rate below 17% across all grades through 2023 Increase alcohol compliance check rate by 1% through 2025	Reduce the rate of increase of past 30-day drinking to 3% or below for all grades through 2030.

				Provide EASY trainings for clerks on location		
Measures and Sources	SHARD Data	SHARP Data		GEARS, DUGS, Rolls	SHARP Data Dept. of Alcohol and Beverage Services Annual Report	SHARP Data 2031

Communities That Care: American Fork Eagle Mountain/Saratoga Springs Payson Pleasant Grove Lehi				Block Grant Funds: \$70,000 State General Funds: Discretionary Funds: 65,000		Blueprints	
				Total: \$135,000			
Agency/Coalition				Tier Level:			
Utah County Health Department, Substance Use Prevention Division.				1			
	Goal	Factors	Focus Population: U/S/I	Strategies	Outcomes		
			Universal/Selective /Indicated		Short	Long	
Logic	Reduce alcohol, vaping and other drug use	Low Commitment to School Parental Attitudes Favorable to Antisocial Behavior	Universal	Provide funding, coaching and technical assistance to coordinators and coalitions.	Reduce low commitment to school below statewide rates. Maintain parental ASB at 38% through 2023.	Reduce the rate of increase for past 30-day alcohol use for all grades to 3% 2030. Reduce the rate of increase of 30-day marijuana use for all grades below 4% through 2030.	
Measures and Sources	SHARP Data	SHARP Data		DUGS entries, Meeting minutes. Contract compliance	SHARP Data 2023	SHARP Data 2031	

Program Name:				Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse	
Communities That Care- Capacity Building				Block Grant Funds: State General Funds: Discretionary Funds: 25,000		Blueprints	
				Total: \$25,000			
Agency/Coalition				Tier Level:			
Utah County Health Department, Substance Use Prevention Division.				1			
	Goal	Factors	Focus Population: U/S/I		Strategies	Outcomes	

			Universal/Selective/Indicated		Short	Long
Logic	Reduce Underage alcohol and drug use	Areas in Utah County need targeted prevention efforts and have none	Universal	Community Readiness Surveys Determine at least one city based on readiness and need Determine champion in each city New CTC coalition by 2023	Increase prevention presence in Utah County	Reduce the rate of increase for past 30-day alcohol use for all grades to 3% 2030. Reduce rate of increase of past 30-day use of marijuana for all grades at 4% through 2030.
Measures and Sources	SHARP Data	SHARP Data and Community Assessments		DUGS entries, meeting minutes,	Signed contract, meeting minutes	SHARP Data 2031

Program Name:			Cost of Program		Identify OSUMH approved Evidence Based Clearinghouse		
Gray Matters Marijuana Prevention Campaign			Block Grant Funds: State General Funds: Discretionary Funds: 25,000		SAMHSA		
			Total: \$25,000				
Agency/Coalition			Tier Level:				
Utah County Health Department, Substance Use Prevention Division.			1				
	Goal	Factors	Focus Population: U/S/I		Strategies	Outcomes	
			Universal/Selective/Indicated			Short	Long
Logic	Prevent marijuana misuse	People don't think marijuana is harmful Parents are aware of potential risks of MJ on developing brain Increase perception of harm of marijuana among youth	Universal		Increase awareness of harms of marijuana on a developing brain GrayMatters Utah.org pledge drive with at least 1,000 clicks through FY23.	Perception of risk of use will increase 2% by 2023 across all grades.	Decrease rate of increase for past 30-day use of marijuana for all grades to 4% through 2030.

Measures and Sources		SHARP Data			SHARP Data 2031 Media Insights	SHARP Data 2031
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