Utah Department of Health & Human Services

The Office of Substance Use and Mental Health is pleased to announce that the 2025 Utah Virtual Trauma Academy will be held July 28 – August 1, 2025, through Zoom. Training participants will receive the Zoom link a week prior to this event and each morning of training through Eventbrite.

Registration Information

There are 200 slots for the 2025 Utah Virtual Trauma Academy. Registration is based on a first-come, first-serve basis and the cost for this event is $75.00. Eventbrite offers one ticket for this 5-day event, which will show a registration for July 28, 2025; however, this ticket is valid for all 5 days (July 28 – August 1, 2025).

Please register through the website link below:

Register Here for the 2025 Utah Virtual Trauma Academy

The deadline for registration is on July 24, 2025. The deadline for refunds ended on July 17, 2025 (7 business days prior to the event).

Utah Trauma Academy Information

The Utah Trauma Academy is based on the Victims Academy developed by the Office of Victims of Crime at the Department of Justice, which is a professional development certificate program. Gabriella Grant, M.A., Director for Trauma-Informed California, is the developer and facilitator for this event.

The theoretical and evidence basis for this initiative is:

- **Trauma-informed:** Acknowledging the impact of trauma broadly, training all staff on its effects, and focusing program design on the three phases of trauma recovery by Dr. J. Herman.
- **Neuro-sequential:** Based on the model developed by Dr. B. Perry, the phylogenetic development of the brain, the unique effects on specific parts of the brain and related behavioral and interpersonal issues will be understood and used to develop program design and policies and procedures, including rules.
- **Safety-focused:** deep organizational commitment to increasing physical and emotional safety, including autonomy of choice, will be the primary intervention, measure of success and modality of engagement.
- **Culturally aware:** Through empowerment and choice, services will be developed to allow for personal meanings and goals to guide treatment development and success.
- **Peer-based empowerment:** Lived experience and consumer voice will be prioritized. Engagement of peers to identify practices that are harmful, counterproductive and costly will be a strong focus.

Attendance Requirement

Participants of the 2025 Utah Virtual Trauma Academy will be required to commit to the following agreement to receive their CEU and Ethics Certificate:

1. Attend all five days of the 2025 Utah Virtual Trauma Academy – July 28 – August 1, 2025.

2. Complete all assigned homework each day.

3. Complete the Pre-and-Post Comprehension Test on key concepts for the Utah Trauma Academy. The Post Test will be sent to participants after the event has finished. Below is the link for the Pre-Test:

2025 Utah Virtual Trauma Academy Pre-Test

4. Complete the Final Evaluation after the event has finished (no later than August 8, 2025).

Continuing Education, Slides, Handouts and Logistics

There will be **27.50 hours of continuing education credits, 4 suicide and 2.45 ethics** provided for the Utah Trauma Academy. Slides and handouts will be available on the DHHS Office of Substance Use and Mental Health 2025 Utah Virtual Trauma Academy | Substance Use and Mental Health webpage a week prior to the event.

We are looking forward to seeing you at this event!

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