



2022 Utah Virtual Trauma Academy May 9 – 13, 2022

utah department of
human services
SUBSTANCE ABUSE AND MENTAL HEALTH

Virtual Zoom Event

Day 4: May 12, 2022

Guest Presentation

1:00-2:00 ***Informed Consent for Trauma Focused Therapy***
Guest Speaker: Cassidy DuHadway, LCSW



Cassidy DuHadway is the owner and CEO of Purple Sky Counseling. Cassidy is highly skilled in helping humans work through their underlying trauma beliefs, and become their true, authentic self. Trauma and Attachment Specialist and Certified EMDR Trainer, Cassidy is highly sought after for her insight, mastery and ability to help others heal.

Cassidy is passionate about helping therapists specialize in trauma focused therapy, She has specialized in Trauma since 2015 and has been trained in EMDR, IFS, Ego State, Somatic Experiencing and is a Trauma Informed Yoga Teacher. She has been in the field of mental health since 2005 and has worked within community mental health agencies, residential treatment centers and private practice.

During this session Cassidy DuHadway, LCSW will explore the importance of informed consent for Trauma focused Therapy. Cassidy will discuss the different stages of consent and how consent can support or hurt trauma treatment. We will review ways to present consent for all ages and discuss tools to use as well. We will explore the dynamic of power and consent within the therapeutic space as well as understand what ongoing consent looks like. Attendees will walk away with understanding the importance of consent in every step of their trauma focused therapy and tools to implement immediately in their practice

Objectives:

1. Understand the importance of consent throughout trauma focused therapy
2. identify ways to present consent
3. Develop an understanding of the conflict between the therapeutic power dynamic and ongoing consent
4. Learn different tools for implementing consent for children, teens and adults