



**2022 Utah Virtual Trauma Academy**  
**May 9 – 13, 2022**

utah department of  
**human services**  
SUBSTANCE ABUSE AND MENTAL HEALTH

**Virtual Zoom Event**

***Presenter: Gabriella Grant, M.A.***  
***Guest Presenter: Cassidy DuHadway, LCSW***

**Day 4: May 12, 2022**

**9:00-4:00pm: Consent, Invitation, Permission, Autonomy**

Bring current agency informed consent form!

9:00-9:20      Refection: What does consent mean? How does it apply to trauma?

9:20-10:30    Radical informed consent: The basis for engagement  
Do no harm: committing to safety as an essential element for change  
Rights: A form of self-protection

10:30-10:45   BREAK

10:45-12:00   Rules: Making Them Safe and Effective

**12:00-1:00    Lunch on your Own**

1:00-2:00      ***Informed Consent for Trauma Services***  
**Speaker – Cassidy DuHadway, LCSW**

2:00-2:45      Creating a Step-by-Step Plan for Bringing Back Change to Your Agency

2:45-3:00      BREAK

3:00-3:45      What is dissent? How can learning to say “no” and hear “no” as trauma recovery

3:45-4:00      End of day ritual: Dissent/Consent: Essential for treatment for trauma: Discuss why.

5:00-6:00      Evening activity: Spirituality, faith and beliefs

- Homework: Rework your agency’s informed consent based on the day’s information and discussion. Think ideally (You have the power and means to make this change).
- Reading: What does not kill us...