




Informed Consent for Trauma Services

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Consent 3 THINGS...

LEGAL

MORAL

BEST PRACTICES

Trauma Services



Informed Consent is:

- ✱ A COMMUNICATION
 - between a provider and a patient (a legal relationship exists)
 - outlines the risks and benefits of a service
 - discusses the affects of and alternatives to the service
 - gives the patient the option of whether or not to receive the service

LEGAL

Make sure to understand and consider the following -

one

Capacity to Consent

Minors - Kids and Teens
Vulnerable Humans with Guardians
Incompetent Persons defined by Court
Incapacitated Humans

two

Privileged Relationships

Doctors
Lawyers
Therapists, Counselors, Psychologists
Victim Advocate

LEGAL

CONSENT

ASSENT

REFUSAL

CAPACITY
ALL Information Communicated
Understanding
Paperwork and Signature
WITHDRAWN

LEGAL - UTAH

Mandatory Reporting
Confidentiality
Privilege
FAILURE to obtain informed consent

Informed consent for

- Abortion
- Sterilization
- Sex Ed/School Activities
- Nursing Home



Trauma Therapy And CONSENT

What does that ACTUALLY look like?



3 Things to Pay Attention To

Overall

The Sessions

The Work


Trauma Therapy and Consent

OVERALL

What do your sessions look like?

What tools or modalities do you use?

Discuss their ability to say YES or NO at any point
- Consent/Assent/Withdrawal



OVERALL



- What does TRAUMA WORK look like?
- What does it feel like in session and in between?
- What does Recovery from Trauma work look like?
- Legal Expectations? System? Program?

The Sessions

- Set-Up, Plan, Rituals, etc.
- Power Dynamic
- Increase TRUST
- Teach and Explore Capacity - Window of Tolerance

Continue to Remind Client they have choice in Consent/Assent/Withdrawal



Capacity

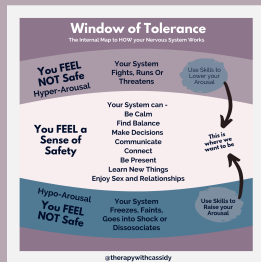
- What can the client tolerate in their life right now?
- What supports do they have in place?
- What other expectations and demands do they have?
- Limitations? (Time, Finances, Life, Local/Global Issues)

Capacity always changes.
It flexes and shifts.

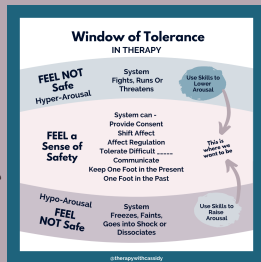


Window of Tolerance

For the Client



For your Office



The Work

How Much can they handle?

How Deep? How Big? How long?

Teach Clients HOW to withdraw consent

• NO, Not Today, It's too Much, Hand Signal

Explore Capacity and ask for Consent EVERY time

Recover and apologize if either of you recognize you have crossed capacity



QUESTIONS



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