

## Utah Behavioral Health Planning and Advisory Council

### Approved Meeting Minutes

Thursday, February 4th, 2021, 12:00 p.m.

Virtual meeting via Zoom

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*“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”*

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**COUNCIL MEMBERS PRESENT:** James Park, Rob Wesemann, Terry Harrison, Jeanine Park, Richard Lovato, Nettie Byrne, Jane Lepisto, Sigrid Nolte, Javier Alegre, Athena Schwartz, Martha Mendes, Sherri Wittwer, Sarah Miles, Donald Cleveland, Karla Arroyo, Whitney Geertsen, Peggy Hostetter, Jennifer Marchant, Julia Martinez, Emily Bennett, Rafael Montero, Dan Braun, Teresa Molina, MaryJo McMillen, Monica Scott, Lisa Hancock, Kylee Porter

**DSAMH STAFF PRESENT:** Robert Snarr, Pam Bennett, Heather Rydalch, Shanel Long, Kim Myers, Ming Wang, Jessica Makin, Shanin Rapp, Heidi Peterson Dutton

**OTHERS PRESENT:** Joanna Onorato, Wren Barnes, Randee Barriga, Jeanette Villalta

**COUNCIL MEMBERS EXCUSED:** Rachel Bawden, Cathy Davis, Richard Nance

### Welcome & Introductions

Rob Wesemann welcomed the group to the meeting, reviewed ground rules, and introductions were made.

### General Announcements

Terry Harrison from Alliance House let the Council know that a virtual tour of their Clubhouse will be held Tuesday February 9th. Terry will send an invitation to Nettie to distribute to the Council. It can also be accessed via the link below.

<https://www.facebook.com/AllianceHouseSLC>

Karla Arroyo told the group about the virtual Youth Support Group that MultiCultural Counseling is holding via Zoom on Wednesdays as well as a domestic violence support group and groups for Spanish speaking individuals that can be attended virtually also. Nettie will send the fliers out to the Council after the meeting.

Kim Myers announced that the American Foundation for Suicide Prevention Utah State Capitol Day will be held at the Capitol on February 19th to meet with lawmakers to encourage them to prioritize suicide prevention initiatives for Utah residents. This will include a press conference at 1:00 P.M. in the Kletting room in the Senate building of the Capitol.

Kim also let the Council know about an Intermountain Community Care Foundation funding opportunity. The application cycle will open February 1st and will close March 1<sup>st</sup>. [General information is available here](#) and [you can access the ICCF application here](#). The majority of the grants are in the \$5,000 to \$50,000 range. Nettie will send more information out to the Council.

## **January Meeting Minutes Review**

Karla Arroyo motioned to approve the January 2021 minutes; Javier Alegre seconded. The minutes were approved.

## **Nettie Byrne Membership Application Review and Approval**

Nettie has been facilitating the UBHPAC meetings for two years. She is requesting to become a member because she is a Peer and will attend to represent Allies with Families since Lori Cerar is retiring. Nettie said she has appreciated what she has learned from this council and the great connections she has made. Javier Alegre gave a motion to approve membership for Nettie, Donald Cleveland made a second motion. All were in favor of Nettie's membership. Welcome to UBHPAC Nettie!

## **REIC Updates—Javier Alegre**

Javier reported to the Council that REIC has found a great stride and good focus on their goals that are not only important to their members but to their communities as well. They have also added more structure to REIC based on feedback from their members and members of UBHPAC. Javier and Martha Mendes share co-chair duties and they will be assigning two more members some other productive positions soon.

Javier reported on the top two current REIC initiatives.

1. Challenges communicating how to access information from the Division for ethnic or minority led groups. REIC is meeting today to come up with recommendations that they will be able to present to the Division.
2. The committee also has an initiative to make sure they are of service, not only to their communities but to the Division and UBHPAC as well. They are looking into proposing some training, education, and outreach on the topics of cultural humility, integration, appropriateness, and colonization.

## **DSAMH Updates—Kim Myers and Pam Bennett**

Pam reported that the Division calendar of events has been taken down due to hackers trying to use other government calendars to access information. She asked that if you need more details about a certain event to please reach out to her or Kim for more information.

Pam also let the Council know that this is a great time to ask any Block Grant related questions or if you want to know more about specific parts of the Block Grant please reach out to her.

Pam presented a slide about the Mental Health Block Grant funding requirements:

Serves those with mental health diagnosis and functional impairment to include-

- Adults with serious mental illness
- Children with serious emotional disturbances
- 10% used for first episode psychosis.

Can NOT be used for:

- Inpatient services
- Cash payments to intended recipients of health services.
- Purchase or improve land or buildings.
- Purchase of major medical equipment

- Provide financial assistance to any entity other than a public or nonprofit private entity.
- Supplant (replace) other funding.

These points need to be kept in mind when conducting breakout room discussions.

Kim Myers announced that the legislative session is in week three which is when the budget committee goes through all the bills and prioritizes funding requests and revisions. The social services appropriations committee is going to start the process tomorrow and Monday of finalizing the votes on priorities. Kim advised that this would be a good time to reach out to that committee if you have any feedback on funding. The link to review the current legislative bills is below.

<https://docs.google.com/spreadsheets/d/1o06G3qVvsUwFEu5ypjKGGAfmmh71KaKOmlxmbu6fc-XU/edit#gid=539536012>

### **Breakout Groups- Identify three top gaps/barriers in services.**

The Council was divided into 5 rooms and after discussions the groups spokesperson debriefed the full council on what they identified as the gaps/barriers in services in Utah.

**Adjourned at 2:00 P.M.**

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*Thank you for your support of the UBHPAC!*

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Accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.

The State has adopted a stipend policy that will pay for reasonable travel expenses related to consumers and advocates attendance at UBHPAC meetings. For more information, please visit [www.dsamh.utah.gov](http://www.dsamh.utah.gov) – Initiatives – Behavioral Health and Advisory Council – Information & Forms – UBHPAC Stipend Policy.

All meeting minutes and recordings are posted on the Public Notice website at: <https://www.utah.gov/pmn/sitemap/publicbody/51.html>