

Utah Student Health and Risk Prevention (SHARP) Prevention Needs Assessment Survey (PNA)

Form B, 6th

- 1. Thank you for taking this survey. We want to understand how you feel about your community, family, peers, school, health behaviors, and the types of challenges you face. Information from this survey has been used to help students for more than 20 years.
- 2. You don't have to take the survey if you don't want to. The survey is voluntary and anonymous. DO NOT put your name on the questionnaire.
- 3. Choose the answer that is closest to how you feel if there isn't an answer that fits exactly. Leave any questions blank that don't apply to you or if you don't know what they mean. You can skip any questions you don't want to answer.
- 4. This is not a test. There are no right or wrong answers. Try to work as quickly as you can, so you can finish.
- **5. Only use a #2 PENCIL.** Ask for a #2 pencil if you don't have one. Fill in the whole circle (or circles) on each question you answer.
- 6. Please fill in the following information with the help of your teacher/survey assistant.

1	How	hlα	are	vou?

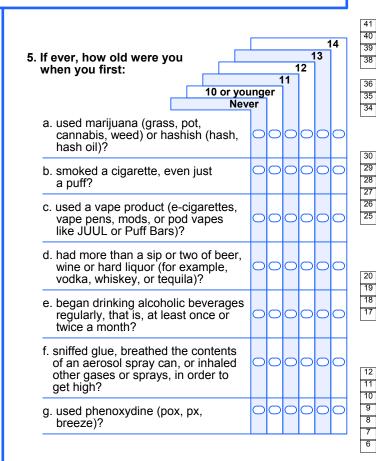
- 10 or younger
- <u>O</u> 11
- 12
- 1314
- 2. What grade are you in?
 - O 6th
 - O 7th

3. What is your race? (Mark ALL that apply.)

- American Indian or Alaska Native
- Asian
- Black or African American
- Hispanic or Latino
- Native Hawaiian or Other Pacific Islander
- White

4. Are you:

- Male
- Female



6. How many times (if any) have you: More th 3: 1-2 ti	5 times		9. During the past 30 days, on 20 to how many days did you: 10 to 19		day		/S
0 time	s		6 to 9 day	/S			
a. had beer, wine, or hard liquor to drink during the past 30 days?			3 to 5 days 1 or 2 days 0 days				
b. used marijuana (grass, pot, cannabis, weed) or hashish (hash, hash oil) during			a. smoke cigarettes?	0	0	0	0
the past 30 days? c. sniffed glue, breathed the contents of an aerosol spray can, or inhaled other gases or sprays, in order to get high	000		b. use vape products containing nicotine (such as e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars)?	0	0	0	0
during the past 30 days?			c. use vape products containing marijuana?	0	0	0	0
7. How much do you think people risk harming themselves (physically or in other ways) if they: Moder Slight No ris			d. use chewing tobacco, snuff, dip, or snus (moist smokeless tobacco usually sold in small pouches)?	0	0	0	0
a. smoke one or more packs of cigarettes per day?			10. During the past year, did you drink alcohol at any of the following places? (Mark the 3 to	5 ti	ime)S
b. try marijuana once or twice?	000		number of times for each.) 1 or 2 t		s		
c. smoke marijuana regularly?			a. At my home or someone else's home without any parent/caregiver permission	0	0	0	0
d. take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?			 b. At my home with my parents/caregivers' permission 	0	0	0	0
e. have five or more drinks of an alcoholic beverage once or twice each weekend?			c. At someone else's home with their parents/caregivers' permission	0	0	0	0
f. have five or more drinks of an alcoholic beverage once or twice a week?			d. In a car	0			
g. smoke marijuana once or twice a week?	000		e. At or near school	0	0	0	0
h. use prescription drugs that are not prescribed to them?	000		 f. Someplace outside of town (for example, on public lands, in the desert, in a campground, etc.) 	0	0	0	0
i. smoke 1-5 cigarettes per day?	000		g. In another place	0	0	0	0
j. use vape products such as e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars?			11. How wrong do you think it is for someone your age to: Not v A little bi W Very wron	it w ron	ron		ıll
3. Have you ever tried:	No	Yes	a. take a handgun to school?	0	0	0	0
a. cigarettes, even just one puff?	0	0	b. steal anything worth more than \$5?	0	0	0	0
b. vape products containing nicotine (such			c. pick a fight with someone?	0	9	0	0
as e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars)?	0	0	d. attack someone with the idea of seriously hurting them?	\bigcirc	0	0	0
c. vape products containing marijuana?	0	0	e. stay away from school all day when their parents/caregivers think they are at school?	0	0	0	0
d. chewing tobacco, snuff, dip, or snus (moist smokeless tobacco usually sold in small pouches)?	0	0	f. drink beer, wine, or hard liquor (for example, vodka, whiskey, or tequila) regularly?	0	0	0	0
			g. smoke cigarettes?	0	0	0	0
			h. smoke marijuana?	0	0	0	0
			i. use LSD, cocaine, amphetamines, or another illegal drug?	0	0	0	0



12. What are the chances you would be seen as cool if you: No or very little chances Ver Pretty g Some Little ch	ood ch and	ch and	anc		е
a. smoked cigarettes?	0	0	0	0	
b. worked hard at school?	0	0	0	0	
c. began drinking alcoholic beverages regularly, that is, at least once or twice a month?	0	0	0	0	C
d. defended someone who was being verbally abused at school?	0	0	0	0	С
e. smoked marijuana?	0	0	0	0	
f. carried a handgun?	0	0	0	0	
g. regularly volunteered to do community service?	0	0	0	0	C

13. If ever, how many times in the past year (12 months) have you:		o 1 9 t	to 2 9 t	29 t	39 t	ime	ime	es
Nev	er							
a. been suspended from school?	0	0	0	0	0	0	0	0
b. carried a handgun?	0	0	0	0	0	0	0	0
c. participated in clubs, organizations or activities at school?	0	0	0	0	0	0	0	0
d. done extra work on your own for school?	0	0	0	0	0	0	0	0
e. attacked someone with the idea of seriously hurting them?	0	0	0	0	0	0	0	0
f. been drunk or high at school?	0	0	0	0	0	0	0	0
g. volunteered to do community service?	0	0	0	0	0	0	0	0
h. taken a handgun to school?	0	0	0	0	0	0	0	0

14. Think back over the last two weeks. If any, how
many times have you had five or more alcoholic
drinks in a row?

\cup	None
0	Once

Twice
3-5 times
6-9 times
10 or more times

Definitely Yes Somewhat Yes	
Somewhat No	77
Definitely No	76
15. In my school, students have lots of chances to help decide things like class activities and rules.	75
16. Teachers ask me to work on special classroom projects.	72
17. My teachers notice when I am doing a good job and let me know about it.	69 68
18. There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	65
19. There are lots of chances for students in my school to talk with a teacher one-on-one.	59 58
20. I feel safe at my school.	55
21. The school lets my parents/caregivers know when I have done something well.	54
22. My teachers praise me when I work hard in school.	51 50 49
23. Are your school grades better than the grades of most students in your class?	48 47 46
24. I have lots of chances to be part of class discussions or activities.	44
25. Now thinking back over the past year in school, how often did you: Almost always Often Sometimes Seldom	36
a. enjoy being in school?	00
b. hate being in school?	32
c. try to do your best work in school?	31 30 29
26. Putting them all together, what were your grades like last year? Mostly F's Mostly D's	27 26 24
Mostly D's Mostly C's Mostly B's Mostly A's	20
27. How important do you think the things you are learning in school are going to be for your later life?	17
 Very important Quite important Fairly important Slightly important Not at all important 	15 14

	20. How interesting are most of your courses to ye	2	Dofi	nitely Yes
	28. How interesting are most of your courses to yoVery interesting and stimulating	ou r	Somewh	at Yes
77	 Quite interesting 		Somewhat Definitely No	
75	Fairly interestingSlightly interesting			
73	Not at all interesting		dinner at home with my family.	
70	00 Harraffers de constant that the cabacteristics		each other.	
67	29. How often do you feel that the school work you assigned is meaningful and important? Never	ı are	35. We argue about the same things in my family over and over.	
	SeldomSometimes		36. People in my family have serious arguments.	
64	OftenAlmost Always		37. My parents/caregivers have set clear rules and expectations with me about NOT drinking ANY alcohol.	
59	30. During the past 30 days, on how many days (if	any)		
	did you NOT go to school because you felt you would be unsafe at school or on your way to or	l r from		
57	school?		38. Has anyone in your family ever had severe drug problems?	alcohol or
53	◯ 1 dav		O No	
53	2 or 3 days4 or 5 days6 or more days		○Yes	
50	•			
			39. During a typical week, how many days do a of your family eat at least one meal togethe	
46	31. During the LAST FOUR WEEKS, how many (if a	any)	0 days	•
	whole days of school have you missed because skipped or "cut"?	e you	◯ 1 dav	
43	○ None		◯ 2 days ◯ 3 days	
41	☐ 1 day☐ 2 days		◯ 4 daýs ◯ 5 days	
ш	○ 3 days		○ 6 days	
38	4-5 days6-10 days		○ All 7 days	
	11 or more days			
34	22 How wrong do your		40. Have any of your brothers or sisters ever:	
32	32. How wrong do your parents/caregivers feel A little bit wrong		I don't have any brothers	or cictore
30	it would be for YOU to: Wrong	'		Yes
	Very wrong			No
27	a. drink beer, wine, or hard liquor (for example, vodka, whiskey, or tequila) regularly?		a. drunk beer, wine, or hard liquor (for example, vodka, whiskey, or tequila)?	000
25	b. smoke cigarettes?		b. smoked marijuana?	000
23	c. smoke marijuana?		c. smoked cigarettes?	000
21	d. steal something worth more than \$5?		d. taken a handgun to school?	000
	e, draw graffiti, write things, or draw		e. been suspended or expelled from school?	000
17	pictures on buildings or other property (without the owner's permission)?		f. used a vape product (e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars)?	
14 13	f. pick a fight with someone?			
12 11 10	g. have one or two drinks of an alcoholic beverage nearly every day?			
9	h. use prescription drugs not prescribed to you?			
5 4	i. use vape products such as e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars?			





41. About how many adults (if any, have you known	over 21),					
personally who in the	5				dul	ts
past year have:		_	_	dult	ts	
	1 :	2 a adu		เร		
	0 adul	ts				
a. used marijuana, crack, coc other drugs?	aine, or	0	0	0	0	0
b. sold or dealt drugs?		0	0	0	0	0
c. done other things that could in trouble with the police, lik selling stolen goods, mugg assaulting others, etc?	ke stealing,	0	0	0	0	0
d. gotten drunk or high?		0	0	0	0	0

12. Think of your four best friends (the friends you feel closest to). In the past year (12 months), how many (if any) of your best friends have:			Number of friends								
(if any) of your best friends have:	0	1	2	3	4						
a. participated in clubs, organizations, or activities at school?	0	0	0	0	0						
d. made a commitment to stay drug-free?	0	0	0	0	0						
f. tried to do well in school?	0	0	0	0	0						
h. been suspended from school?	0	0	0	0	0						
i. liked school?	0	0	0	0	0						
j. carried a handgun?	0	0	0	0	0						
k. sold illegal drugs?	0	0	0	0	0						
I. regularly attended religious services?	0	0	0	0	0						
m. stolen or tried to steal a motor vehicle such as a car or motorcycle?	0	0	0	0	0						
n. been arrested?	0	0	0	0	0						
o. dropped out of school?	0	0	0	0	0						

A little b	A little bit w			
Very wron	ıg			
	0	0	0	C
	0	0	0	0
	0	0	0	
prescribed	0	0	0	С
	A little b	A little bit w Wror Very wrong an alcoholic ?	A little bit wrong Wrong Very wrong an alcoholic ?	Very wrong an alcoholic ?

c. feel restless or fidgety? d. feel so depressed that nothing could cheer you up? e. feel that everything was an effort? f. feel worthless? 5. In the past seven days, Sometimes Rarely Never a. left out. b. that people barely know me. c. isolated from others. d. that people are around me but not with me. 6. In the past 12 months, have you ever done something to purposefully hurt yourself without wanting to die, such as cutting or burning yourself on purpose? If so, how many times did you do so? 0 times 1 time 2 or 3 times 4 or 5 times 6 or more times 1 time Somewhat No Definitely Yes Somewhat No Definitely No 47. Sometimes, I think that life is not worth it. 48. At times, I think I am no good at all. 49. All in all, I am inclined to think that I am a failure.	Ι4.	During the past 30 days how often did you:	·	little of ne of the			
a. feel nervous? b. feel hopeless? c. feel restless or fidgety? d. feel so depressed that nothing could cheer you up? e. feel that everything was an effort? f. feel worthless? 5. In the past seven days, Sometimes I have felt:			Most	of the tim			
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79 78 77 76 75 74	51. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? ○ No ○ Yes	57. On an average school night, how many hours of sleep do you get? 4 hours or less 5 hours 6 hours 7 hours
72 71 70 69 68	52. During the past 12 months, did you ever seriously	8 hours9 hours10 or more hoursI don't know
67 66 65 64 63 62	consider attempting suicide? ○ No ○ Yes	58. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?
57 56	53. During the past 12 months, how many times (if any) did you actually attempt suicide? 0 times 1 time 2 to 3 times	0 days1 or 2 days3 or 4 days5 or 6 days7 days
54 53 52	4 to 5 times 6 or more times	Definitely Yes Somewhat Yes Somewhat No Definitely No
49 47 46 45	 54. This past year, did you experience any of the following? (Mark ALL that apply.) One or more people living in my home lost their job 	59. Do you think you will smoke a cigarette at any time during the next year? 60. If one of your best friends offered you a cigarette, would you smoke it?
41 39	I moved or changed homes Skipped one or more meals because my family didn't have enough money to buy food I had difficulty keeping up with schoolwork because I didn't have access to a reliable computer or internet service	61. Do you think you will use a vape product such as e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars at any time during the next year?
36	☐ I did not have a quiet place at home to study ☐ None of these	62. During the past 30 days, how did you use marijuana?
32 31 29	For questions 55 and 56, write your height and weight in the blank boxes and fill in the matching circle below each number.	(Mark ALL that apply.) I did not use marijuana during the past 30 days I smoked it I ate it (in an edible, candy, tincture or other food) I used a vaporizer I dabbed it I used it in some other way
24 23 22 21 20	55. How tall are you without your shoes on? feet inches pounds	63. During the past 12 months, have you talked with at least one of your parents/caregivers about the
15 14 13	3 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	dangers of tobacco, alcohol, or drug use? (Mark ALL that apply.) No Yes, tobacco use Yes, alcohol use Yes, drug use
7		



64. During the past year (12 months), how often have you talked with at least one of your parents/caregivers about the rules and expectations	69. Has a doctor or nurse ever told you that you have asthma?	78 77 76 75
of NO alcohol use?	○ No ○Yes	76
At least once a month		75
Every 2 to 3 months		
Every 4 to 6 monthsA few times in the past year		72
Talked, but not in the past year	70. Do you still have asthma?	71
O Never	○ No	70
	○Yes	69 68
		67
65. During the past 7 days, on how many days were	71. During the past 12 months, did you have an episode	65
you physically active for a total of at least 60 minutes per day? (Add up all the time you spent	of asthma or an asthma attack?	63
in any kind of physical activity that increased	○ No ○Yes	63 62 61
your heart rate and made you breathe hard	Tes	
some of the time.)		59 58
○ 0 days ○ 1 day		56
2 days	72. An asthma action plan, or asthma management plan, is a form with instructions about when to change the	
3 days	amount or type of medicine, when to call the doctor	
	for advice, and when to go to the emergency room.	53
6 days	Has a doctor or other health professional EVER given you a written asthma action plan?	52
○ 7 days	I do not have asthma	51
	Yes	
	○ No	48
	O Not sure	47
66. In a typical week, how many days do you walk, ride		45
your bike or scooter (non-motorized), or skateboard to and from school?		44
O No days	73. During the past 12 months, about how many days	
☐ 1 day	of school did you miss because of your asthma?	40
○ 2 daý○ 3 day	☐ I do not have asthma☐ 0 days	39 38 37
O 4 day	1 to 3 days	38
◯ 5 day	O 4 to 9 days	37 36
	10 to 12 days13 or more days	35
	2 To di more daye	34
		33
67. How are guns and bullets stored in your home?	74 Danier barra dishata 2	31
We don't have any guns or bullets	74. Do you have diabetes?	_
 Unlocked and in plain sight Locked or hidden, but I know how to access them 	◯ No ◯Yes	
Locked or hidden, and I DON'T know how to access		27
them Don't know		25
O DOIT KNOW	75 U.S. a doctor or the books weeks and 5\/50	24
	75. Has a doctor or other health professional EVER given you a written diabetes care plan to help	23
	manage your diabetes in school?	
68. How often do you wear a seat belt when riding in a	I do not have diabetes	40
car driven by someone else?	○ Yes ○ No	18
○ Never	Not Sure	17
Rarely		16
SometimesMost of the time		15 14
Always	76. During the past 12 months, about how many days	
	of school did you miss because of your diabetes?	
	☐ I do not have diabetes	10
	0 days	Ω
	1 to 3 days4 to 9 days	7
	10 to 12 days	6
	☐ 13 or more days	5

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82. How honest were you in filling out this survey?

I was very honest.

I was honest most of the time.

I was honest some of the time.

I was honest once in a while.

I was not honest at all.

Thank you for completing the survey

Responses

Extra Questions Start with 201

	а	b	С	d	е	f	g	h	i
201.	0	0	0	0	0	0	0	0	0
202.	0	0	0	0	0	0	0	0	0
203.	0	0	0	0	0	0	0	0	0
204.	0	0	0	0	0	0	0	0	0
205.	0	0	0	0	0	0	0	0	0
206.	0	0	0	0	0	0	0	0	0
207.	0	0	0	0	0	0	0	0	0
208.	0	0	0	0	0	0	0	0	0
209.	0	0	0	0	0	0	0	0	0
210.	0	0	0	0	0	0	0	0	0
211.	0	0	0	0	0	0	0	0	0
212.	0	0	0	0	0	0	0	0	0
213.	0	0	0	0	0	0	0	0	0
214.	0	0	0	0	0	0	0	0	0
215.	0	0	0	0	0	0	0	0	0
216.	0	0	0	0	0	0	0	0	0
217.	0	0	0	0	0	0	0	0	0
218.	0	0	0	0	0	0	0	0	0
219.	0	0	0	0	0	0	0	0	0
220.	0	0	0	0	0	0	0	0	0

