Reducing Health Disparities for Transition-Age Youth and Young Adults (Ages 14–26)

Health Disparities: avoidable and unfair differences in mental health and substance use treatment results experienced by social groups with fewer resources.

Inclusive Workplace Atmosphere

- Manage lack of training by holding more useful classes that focus on what is important to youth, for teens, young adults, and youth-led groups in the community.
- Create policies to protect the privacy of youth as much as possible.
- Include transition-age youth in all policy decision making.
- Create materials to support therapist interactions with teens and young adults.
- Hire a youth coordinator to improve social connection for youth and young adults and provide youth voice to materials and policies.

Recommendations

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View the full needs assessment for additional information: https://bit.ly/3DO61Yy
Find the Health Disparities Overview at: https://bit.ly/3FRoLYi