

Department of Health & Human Services
Office of Substance Use/Mental Health
Disaster Recovery Counselor Certification

May 4, 2026
Salt Lake Community College Miller Campus

AGENDA

8:30 – 9:00 am	Registration / Breakfast
9:00 – 9:10 am	Welcome Remarks / Introduction <i>State Crisis Administrator, Office of Substance Use and Mental Health</i>
9:10 – 10:45 am	Health Support Teams Presenters: Kira Mauseth, Ph.D. and Tona McGuire, Ph.D. <ul style="list-style-type: none"> Disaster Behavioral Health Foundations
10:30 – 10:45 am	Break
10:45 am – Noon	Module 1 <ul style="list-style-type: none"> Introduction to Health Support Team, Disaster Response & Recovery Module 2 <ul style="list-style-type: none"> Health Support Team Skills and Techniques: The Supportive Relationship, Communication Skills, Active Listening, De-escalation
Noon – 1:00 pm	Lunch (provided by SUMH)
1:00 – 2:00 pm	Module 3 <ul style="list-style-type: none"> Health Support Team Goals: Engaging with Key Issues. Moving from Listening to understanding the problems, to Referral for professional support when needed.
2:00 – 3:00 pm	Break
2:15 – 3:15 pm	Module 4 <ul style="list-style-type: none"> Health Support Team Tools: Relaxation, Stress Reduction, & Thinking Strategies
3:15 – 4:00 pm	Module 5 <ul style="list-style-type: none"> Health Support Team Member Self Care, Boundary Setting and Team Support
4:00 – 4:30 pm	Closing Remarks/Survey <i>State Crisis Administrator, Office of Substance Use and Mental Health</i>