

Utah Behavioral Health Commission: Draft Objectives for Strategic Plan

Strategy 1: Strengthen behavioral health prevention and early intervention

1. Ensure all Utah children grow up with a strong foundation of good behavioral health.
2. Expand coordination between education and behavioral health systems.
3. Explore opportunities for private sector reimbursement of prevention and early intervention services.
4. Support prevention and early intervention activities that reduce suicide deaths and attempts.

Strategy 2: Continue to develop a comprehensive and integrated crisis response system

1. Expand crisis services to address identified needs.
2. Evaluate the sustainability of crisis services through private and public partnerships.
3. Improve alignment and coordination between emergency departments, crisis services, treatment services, and law enforcement.

Strategy 3: Improve access to high-quality behavioral health treatment services

1. Reduce barriers to client navigation in behavioral health care.
2. Improve alignment and coordination within and across the public and private behavioral health systems to reduce gaps in service.
3. Expand integration of behavioral health and primary care.
4. Expand the behavioral health workforce to meet the community needs.

Strategy 4: Expand effective recovery services

1. Evaluate trends and changes in stigma towards mental health and substance use disorder in Utah.
2. Expand workplace and employment policies and practices that support people with mental health and substance use challenges.
3. Promote sustainable and appropriate funding for recovery support services.