



**Utah Behavioral Health Commission**  
**DRAFT Meeting Minutes**  
**April 16, 2026, 1:00 - 3:00 p.m.**  
**Utah State Capitol Complex**  
**Senate Building Room 210**

**Commission Chair:** Ally Isom  
**Vice Chair:** Tammer Attallah  
**Second Vice Chair:** Kyle Snow

**Commission Members:**

Jim Ashworth	Adam Cohen
Mike Deal	Evan Done
Tracy Gruber	Elaine Navar
Jordan Sorenson	Josie White

	Time/Presenter	Discussion Topics
<b>1</b>	<b>1:00 - 1:05 pm:</b> Chair Ally Isom	<b>Welcome and staff introduction</b> <ul style="list-style-type: none"> <li>Chair Ally Isom called the meeting to order and provided new staff introductions.</li> </ul> <b>Approval of March 19, 2026 meeting minutes</b> <ul style="list-style-type: none"> <li>A motion was made by Evan Done to approve the minutes, and Mike Deal seconded the motion.</li> </ul> <b>Action:</b> Motion passed unanimously (no abstentions).
<b>Workstream 1: Strategic planning</b>		
<b>2</b>	<b>1:05 - 1:35 pm:</b> Kelly Colopy ( <i>Salt Lake County</i> )	<b>Salt Lake County Behavioral Health and Justice Action Plan</b> <ul style="list-style-type: none"> <li><b>Overview:</b> The plan, built on recommendations from the Leifman Group and local stakeholder engagement (500+ participants), aims to improve public safety, reduce involvement in the justice system, and enhance outcomes for individuals with behavioral health needs.</li> <li></li> <li><b>Sequential Intercept Model:</b> The presentation detailed 25 comprehensive recommendations, including:               <ul style="list-style-type: none"> <li>Expanding "upstream" trauma prevention.</li> </ul> </li> </ul>

		<ul style="list-style-type: none"> <li>○ Integrating "mental health emergency" into 911 scripts.</li> <li>○ Increasing MCOT, co-responder resources, and crisis receiving center usage.</li> <li>○ Implementing universal jail screening and improving discharge transitions.</li> <li>○ Creating a "data hub" for cross-organizational outcomes analysis.</li> <li>● <b>Discussion:</b> <ul style="list-style-type: none"> <li>○ <b>Mike Deal</b> asked if other counties are participating; Colopy noted Salt Lake County is currently leading but other systems are expressing interest.</li> <li>○ <b>Tammer Attallah</b> inquired about priority alignment; Colopy noted that while data gaps exist, jail screening tools will soon offer better insights into immediate needs versus long-term gaps.</li> </ul> </li> </ul>
3	<p><b>1:35 - 2:15 pm:</b>  Rebecca Dutson  <i>(The Children's Center)</i>  Neal Davis  <i>(Intermountain Health)</i>  Jennifer Floyd <i>(DHHS)</i>  Brooks Keeshin  <i>(University of Utah)</i></p>	<p><b>Recommended tactics from the Early Childhood Mental Health Working Group</b></p> <ul style="list-style-type: none"> <li>● <b>Presentation:</b> Emphasized that half of all mental health disorders present in childhood, often before age 6.</li> <li>● <b>Proposed Framework:</b> A five-year timeline (2026: Map; 2027: Plan; 2028: Do; 2029: Study; 2030: Sustain) to strengthen prenatal/postpartum screenings and integrate them with early childhood social-emotional screenings.</li> <li>● <b>Policy Challenges:</b> Discussion regarding the need for private insurers to cover services <i>before</i> a formal diagnosis is rendered (matching Medicaid's use of "Z codes").</li> </ul>
4	<p><b>2:15 - 2:25 pm:</b>  Megan West</p>	<p><b>Confirm School-Based Behavioral Health Subcommittee members</b></p> <p>Megan West presented the nominees for the School-Based Behavioral Health Subcommittee.</p> <ul style="list-style-type: none"> <li>● A motion was made by Adam Cohen to confirm the subcommittee members as presented, and Dr. Jim Ashworth seconded the motion.</li> </ul> <p><b>Action:</b> Motion passed unanimously (no abstentions).</p>

5	<p><b>2:25 - 2:35 pm:</b> Mia Nafziger</p>	<p><b>Approve administrative rules for committee membership</b></p> <ul style="list-style-type: none"> <li>• <b>Discussion:</b> Mia Nafziger presented amendments to draft administrative rules to enact committee membership, clarifying that the local health department seat is appointed by the Utah Association of Local Health Departments. Rules will be posted for public comment with a target enactment date of July 1, 2026.</li> <li>• A motion was made by Mike Deal to approve the proposed administrative rule updates, and Evan Done seconded the motion.</li> </ul> <p><b>Action:</b> Motion passed unanimously (no abstentions).</p>
<p><b>Workstream 2: Legislative recommendations</b></p>		
		<p>No items to discuss</p>
<p><b>Workstream 3: Data analysis</b></p>		
6	<p><b>2:35 - 2:45 pm:</b> Vice Chair Tammer Attallah</p>	<p><b>Data update</b></p> <ul style="list-style-type: none"> <li>• <b>Update:</b> Utah is one of 25 states mandating access to the All-Payers Claims Database (APCD). DHHS has the capacity to analyze diagnoses and service consumption without outside consultants.</li> <li>• <b>Collaborative Approach:</b> The Commission intends to use this data to engage the private sector and work with the One Utah Health Collaborative to address "ghost networks" and behavioral health parity. The strategy is to foster collaboration before moving toward legislative mandates.</li> </ul>
<p><b>Workstream 4: Communications</b></p>		
		<p>No items to discuss</p>
<p><b>Project management</b></p>		
7	<p><b>2:45 - 2:55 pm:</b> Mia Nafziger; Megan West</p>	<p><b>Update on the Commission's work plan and opportunities for community input</b></p> <ul style="list-style-type: none"> <li>• Opening on the Policy Review Committee: Citizen representative (closing May 15, 2026).</li> <li>• Stakeholders are encouraged to attend monthly committee meetings.</li> <li>• Mia reviewed agenda items for upcoming meetings for</li> </ul>

		the Commission.
<b>8</b>	<b>2:55 - 3:00 pm:</b> Chair Ally Isom	<p><b>Adjournment</b></p> <ul style="list-style-type: none"> <li>• A motion was made by Adam Cohen to adjourn the meeting, and Dr. Jim Ashworth seconded the motion.</li> </ul> <p><b>Action:</b> Motion passed unanimously (no abstentions).</p> <p><b>Meeting adjourned</b></p>
<p><b>Next Meeting: May 21, 2026</b> <b>1 PM - 3 PM</b></p>		