

# Utah CCBHC Planning Grant

DHHS has been awarded a Certified Community Behavioral Health Clinics (CCBHC) Planning Grant and is using this opportunity to explore how to best implement the CCBHC model in Utah.




## What is a CCBHC?

CCBHCs are nonprofit organizations or local government behavioral health authorities. They must provide nine types of services, either directly or by contracting with partner organizations, with an emphasis on:

- 24-hour crisis interventions
- Evidence-based behavioral health practices,
- Care coordination with local primary care and hospital partners, and
- Integration with physical health care through primary care screening and monitoring.

CCBHCs serve anyone who walks through the door, regardless of their diagnosis, insurance status, or ability to pay.

There are three CCBHCs in Utah, all in Salt Lake County. These CCBHCs are SAMHSA grantees with time limited funding.

-  CCBHCs support higher levels of integration between behavioral and physical healthcare
-  Improves provider hiring and retention
-  Increase Medicaid's qualitative data requirements ensuring quality of care

## CCBHCs Nationwide

There are over 500 CCBHCs operating across the United States in 46 states, plus Washington DC and Puerto Rico.

As of January 2024, 48 states had CCBHC programs in their state at some level. 21 states had CCBHCs supported by Medicaid, and 8 states have independent implementation efforts outside of Medicaid demonstration programming.



## DHHS Planning Grant Implementation

Awarded \$1 million

Expires 12/30/2025

Partnering with current CCBHC grantees at Volunteers of America, Project Reality, and Valley Behavioral Health

Identify and establish prospective payment system (PPS) rates that will support existing CCBHCs

Create a state specific CCBHC certification process

## Elevator pitch/talking points

Community Based Behavioral Health Clinics (CCBHCs) offer an efficient, outcome-driven approach to mental health and substance use treatment. CCBHCs serve anyone who walks through the door, regardless of their diagnosis, insurance status, or ability to pay. By focusing on prevention, early intervention, and cost-effective care, CCBHCs reduce the financial burden on emergency services, hospitals, and the criminal justice system, while improving community health outcomes. They also leverage Medicaid reimbursement to ensure sustainable funding, making this model both fiscally responsible and responsive to the needs of communities. These centers provide accessible, locally-driven care that prevents crises, reduces unnecessary spending, and leads to long-term improvements in both individual well-being and taxpayer savings.

In Utah, the CCBHC model will enhance the behavioral health system by supporting integrated care delivery models that align with Medicaid's strategic priorities. This includes increasing qualitative data requirements to ensure the quality of care, standardizing care through the development of a CCBHC certification, and improving employer retention and hiring, among other initiatives.